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March 22, 2016

JOE SAUMER BIG BAND CELEBRATES 25 YEARS



Submitted by Tim Bowman, Director, Joe Saumer Big Band

In the fall of 1991, Joe Saumer decided to form a 15 piece big band in his farmhouse basement on Heatherdown Road.

Continued on Page 10

DART TOURNAMENT HELD IN MEMORY OF JOHN & BARB DONNELLY

Submitted by Marlene Janke

This event was held in the Gunn Community Hall on March 5th, 2016. The volunteers that take part in organizing, enjoy hosting this very important celebration of John & Barb's lives. They were the wonderful couple who introduced us to darts back in 1988. Their love for the game was passed on to

many of our dart club members today.

We had a good crowd of 12 teams of 4 being 48 players. Prizes were awarded for 1st, 2nd & 3rd places.

- 1st place went to Rick & Sylvia Poffer - Zoey Potter & Matthew Hoefels (Gunn/Onoway)
- 2nd place went to Dave & Margaret Lawrence and Angus & Ramona Plowman (Devon)
- 3rd place went to Bob Clark,

Lorinda McCool, Ged Brent & Heike Post. (Gunn/Onoway)

John & Barb are fondly remembered for being the fun loving people that they were, plus they played a big part in bringing community together. Top Gunn Dart Club has held this annual tournament ever since their passing. John & Barb may be gone but have not been forgotten.

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3 WOODEN CROSSES

Submitted by Rev. Rick Foster

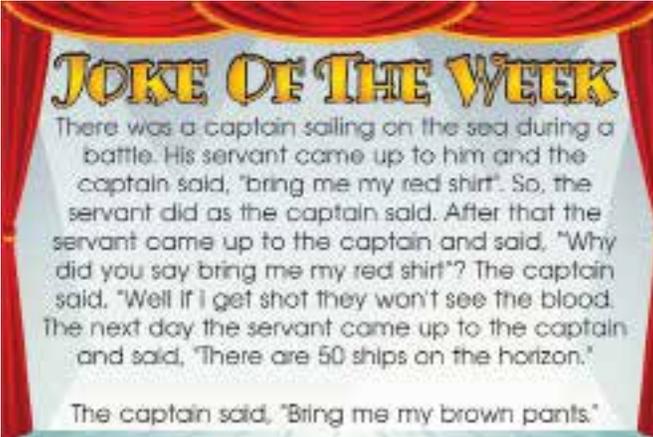
“It’s not what you take when you leave this world behind you, it’s what you leave behind you when you go.” That’s the message of the country song “Three Wooden Crosses”, written by Kim Williams and Doug Johnson, and turned into a 2003 hit by Randy Travis. Its message challenges us to think about the importance of how we live our

lives, for truthfully, we never know when they might end.

The idea of “3 wooden crosses” along the side of the road dates much farther back than this song, and as we approach Good Friday, we’re reminded of that original message. The instrument of death used by the Romans in the 1st century has since become for Christians a symbol of hope. George Bennard, author of the hymn “The Old Rugged Cross”, calls it “the emblem

of suffering and shame.” But that same instrument of death is a beautiful sign of the hope found in Jesus Christ for salvation and eternal life. And today it adorns more than the road-side ditch; it sits atop of church steeples, is etched into gravestones, and is worn around the neck as jewelry.

As a group of churches in Onoway and surrounding area, we invite you to join us on Good Friday morning for a service of remembrance of the One who died on that middle cross so long ago, alongside the road leaving Jerusalem. This service of reflection will be held at the Community Hall in Onoway at 10:30 a.m. on March 25th and anyone is welcome to join us. The service will be a combination of scripture readings and reflections from the Gospel of Luke along with singing and special music from various churches. Won’t you come and share this together as an expression of love for the One who died on that cross in the middle?



JOKE OF THE WEEK

There was a captain sailing on the sea during a battle. His servant came up to him and the captain said, “bring me my red shirt”. So, the servant did as the captain said. After that the servant came up to the captain and said, “Why did you say bring me my red shirt”? The captain said, “Well if I get shot they won’t see the blood. The next day the servant came up to the captain and said, “There are 50 ships on the horizon.”

The captain said, “Bring me my brown pants.”

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WHITECOURT TOWN COUNCIL UPDATE

Submitted by Tara Gallant

RCMP Staff Sergeant Ryan Comaniuk and Associated Ambulance Manager Paul Kennedy presented statistics and comments regarding emergency services for 2015 to Whitecourt Town Council at the March 14 Regular Meeting. Each year, the Whitecourt RCMP, Whitecourt Fire Department, Whitecourt by-law enforcement, and Associated Ambulance provide an update

to keep Council informed on activities in Whitecourt. At the last Regular Meeting of Council, Fire and Bylaw presented their reports. The Whitecourt RCMP Detachment reported that it is fully staffed, and that it generated 6,334 files in 2015, up 4% from 2014. Offenses related to mischief have increased, but the Whitecourt Staff Sergeant felt that local crime prevention programming, including a resurgence of the Citizens On Patrol

(COP) Program would help to decrease these numbers in 2016. Associated Ambulance reported that calls have been steady in the region, and that it was working with Alberta Health Services to find solutions to decrease the amount of non-emergency transfer calls.

The Community Services Department Annual Report is now available online at www.whitecourt.ca. The report is prepared annually to provide Council and the Community Services Advisory Board with an overview of programs and services offered, and records major projects and accomplishments achieved throughout the year.

National Volunteer Week is April 10 to 16, and this year's theme is "Volunteers are the roots of strong communities." Events will be held throughout the week to celebrate our local volunteers, including our annual You've "Bean" Great event in partnership with Tim Hortons. Watch for promotions at the beginning of April for more information.

The 2015 Project List has been updated, and is available to view on www.whitecourt.ca. The project list outlines projects and activities for the year, and is provided to Council quarterly. The 2016 Project List will be presented to Council in April.

The Whitecourt Wolverines recently made a presentation to the Economic Development Committee requesting that the Town provide an in-kind sponsorship in the amount of \$20,000 for ice fee rental costs to assist the Club. The request was recommended for approval by the Economic Development Committee, and will be discussed by Council at an upcoming 2016 Budget meeting.

Town Council has proclaimed May 1 to 7, 2016 as North American Occupational Safety and Health Week. Watch for future promotions and advertisements for community events in recognition of the week.

A Special Meeting of Council is scheduled for April 4 at 5:00 p.m. to discuss the final 2016 Budget.

CANADIAN FIREARMS SAFETY COURSE

This is the course you need to get your Firearms License.

Saturday, April 2, 2016 - 8AM

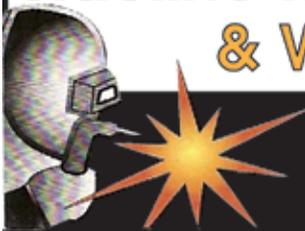
Onway Heritage Center - 4708 Lac Ste Anne Trail North
Lunch will be provided!

Non-Restricted Firearms Course & Exam	\$120
Restricted Firearms Course & Exam	\$100
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Pole Testers Wanted 

EQUS, Canada's largest member-owned utility, requires summer help for pole-tester positions. You will receive basic instruction on how to test our power poles for rot; then you will test these poles and report your findings. The work is entirely outdoors, and requires a high degree of physical fitness. A valid driver's license, with an acceptable driving record is also required.

Potentially successful applicants must pass a physical test, as well as a drug and alcohol screening test.

These are May - August positions that will be ideal for post-secondary students.

We have positions based in Onoway, Innisfail, and Claresholm. Please apply by email to bbassett@equs.ca by March 28th indicating which location you prefer.

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DARWELL PUBLIC LIBRARY NEWS

Submitted by Sandra Stepaniuk, Library Manager

Here is what's going on at the library for March 2016.

Preschool Story Time continues Monday mornings, except holidays, from 10:00 to 11:00 AM at the library until May 30, 2016. We will lead the children through stories, activities, crafts and a snack. This program, designed to promote early literacy, gives preschool children and

their parents/guardians an opportunity to explore a love of reading in a non-judgmental and supportive environment. Parent/guardian participation is mandatory. This is a free drop in program so pre-registration is not required.

The Colouring Club for all ages continues as an ongoing, free, drop in program during regular library hours. We supply the materials (or you can bring your own); coloring pages, crayons, and markers and

you supply the inspiration. Bring a friend, relative or just yourself, create, relax and see what the craze is all about. We have had a couple of requests to formalize the colouring club so that people can learn new techniques such as shading and adding dimension, etc. to your colouring. If you would like to participate, please contact the library for further information.

Wednesday evenings in March is Family Games Night at the library. We have a selection of games for all ages and encourage you to come and join us for some good old fashioned fun and refreshments. This is a drop in program so registration is not required.

The next Book Club meeting is Monday, April 4, 2016 at 7:00p.m.; we will be reviewing "An Astronauts Guide to Life on Earth" by Chris Hadfield. Do you love to read? Do you like to discuss what you have read with others? We have a few open spots and are always interested in a new perspective to add to our conversation. If you are

interested in participating, you can register and make arrangements for loan of the current title by calling the library @ 780-892-3746.

The next Family Movie Night, at the Lake Isle Community Hall, will be held on Friday, April 1, 2016. We will be showing the pre-release "PG" rated title "Star Wars Episode VII: The Force Awakens". The doors will open at 6:30pm and the movie starts at 7:00 pm. Admission is \$ 2.00 and a concession will be available. See you there! All of our programs are sponsored by The Darwell Public Library Society, Darwell Library Friend Society, FCSS and the CLSA Library Grant.

The Library is open 11:00 am to 4:00pm on Monday, Tuesday and Thursday and from 5:00 pm to 8:00 pm Wednesday and Friday, closed Saturdays, Sundays and Holidays. You can also find out what is happening at the library by checking our Website www.darwellpubliclibrary.ab.ca or like us on Facebook at www.facebook.com/DarwellPublicLibrary

GROCERY AUCTION
Saturday, April 2nd, 2016
11:00 AM | Rich Valley Arena
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SEARCH FOR MISSING FEMALES

Submitted by RCMP Stony Plain/Spruce Grove/Enoch

2016-304887

Stony Plain Alberta, - On March 15, 2016 at approximately 12:15 AM, Stony Plain/Spruce Grove/Enoch RCMP responded to a complaint of two missing teenage girls. The females, 13 year old Victoria Alook and 15 year old Brooke Badger had left their residence at approximately 9:30 PM on March 14, 2016 and did not return home. It is believed that they may be in the Edmonton area. Anyone with information on their whereabouts is asked to contact police immediately.

Vitoria Alook is described as:

- Aboriginal
- Brown eyes
- Long black hair
- Heavy set Build
- 5'6"
- 180 lbs

She was last seen wearing black leggings, a black hoodie.

Brooke Badger is described as:

- Aboriginal
- Brown eyes
- Long Brown hair
- Average build
- 5'4"
- 130 lbs

She was last seen wearing a black hoodie and black sweat pants (with pixar movie minions on the pants)

If you have any information about this matter, please contact the Stony Plain RCMP at 780-968-7267. If you want to remain anonymous, you can contact crime stoppers by phone at 1-800-222-8477 (TIPS), by internet at www.tipsubmit.com, or by SMS (www.crimestoppers.ab.ca for instructions). You do not have to reveal your identity to Crime Stoppers, and if you provide information to Crime Stoppers that leads to an arrest, the recovery of stolen property, and/or the seizure of illicit drugs, you may be eligible for a cash reward. Crime Stoppers does not subscribe to call display and the identity of the caller will remain anonymous.



2016 DUST SUPPRESSION



The purpose of the Calcium Dust Suppression Program is to assist in the reduction of the impact of dust on residential rural properties adjacent to County roadways.

If you wish to participate in the 50/50 cost shared program, the Application **DEADLINE IS APRIL 15TH, 2016.**

Residents must have their MUNICIPAL ADDRESS sign posted prior to submitting an application.

*****All applications received after April 15th to April 30th, 2016 will be required to pay a "Late Application Fee" of an additional 10% of the cost of the dust control.***

**Cost for first 100 meters of calcium application will be \$400.00 + GST = \$420.00 Each additional 10 meters: \$40.00 + GST = \$42.00
Late Fee: 10% per application, effective April 16th – April 30th.**

NO APPLICATIONS WILL BE ACCEPTED AFTER APRIL 30th, 2016.

Application forms are available at the Lac Ste. Anne County office or online at www.lfac.ca.

Frequently Asked Questions:

Q. Why does the grader operator sometimes grade through the dust suppression?

A. Occasionally, the grader operator must re-grade the applied road section to maintain a safe road surface for the public. Under normal circumstances, the calcium dust treatment will remain activated and no action by the County is required.

Q. What does the calcium do?

A. Calcium suppresses the dust; but does not eliminate dust.

ONOWAY ROYAL CANADIAN LEGION NEWS

Submitted by Lorinda McCool

Greetings from the Onoway Legion. Our Tuesday dart night was made even more enjoyable by the spring color of green beer in honor of St. Patrick's Day. The Legion was nicely decorated for the occasion and the pool players on Wednesday were also offered the traditional beverage during their games. Attendance was good for each night and we are enjoying steadily increasing numbers of participants in both sports. Please

consider joining us on a Tuesday or Wednesday evening for lots of fun and laughter. You do not need to be a Legion member and anyone from beginner to expert is welcome. The raffle prizes for the draws on June 10th are on display during our sporting events and our Friday night suppers. We would like to urge you to purchase tickets on the items of your choice in support of the pool league and the Legion.

Many customers were puzzled about the March 11th Friday Night Supper selection of Chicken Fried Steak but joined us to try

the meal anyway. Once again we sold our limit and customers were very complimentary of the unusual choice for supper. Thank you to Bob, Jay, Heike and Cheryl for their hard work preparing the meal, to Shauna and Ken for their dishwashing and kitchen cleanup and to our one scout Jack for his lonely task of clearing tables by himself. Thank you also to Scott, Cheryl and Louise for their continuous volunteer contributions to the Friday Night Suppers. The free meal draw was won by Larry Villneff, the meat draw by Wade Neilson

and Lynn Shabada picked the Jack of Spades instead of the Queen ensuring the pot will build for another week. It was very nice to see some of the patrons stay around after the supper to play pool, cards and darts or just to socialize.

As a reminder the Legion will be holding a spring garage sale on April 9th. If you would like to rent a table for your personal items please contact Cheryl Sadler @ 780-967-4146. The cost per table is \$10.00 and MUST be prepaid by April 6th. Space is limited so it is recommended that you reserve your table(s) as soon as possible. Hamburgers and hotdogs will be available for lunch but no food or commercial vendors please. All members of the public are welcome and we hope to see you checking out the merchandise, enjoying the social atmosphere and having lunch on April 9th at our spring garage sale.

The Area "A" Spring Rally is being held on April 3rd at the Jasper Place Legion in Edmonton. If you are an Onoway Legion member and would like to attend the rally to learn how the business aspect of the Legion works please contact us by March 26th to sign the list. Your fees, including lunch, are paid by the Legion and the only cost to you is your time. Please consider joining us to show your support for the Onoway Legion.

UPCOMING EVENTS:
March 22 - Tuesday Night Darts
March 25 - Good Friday - NO SUPPER
March 29 - Tuesday Night Darts
March 30 - Wednesday Night Pool and Games
April 1 - Friday Night Supper - Navy Rum Ribs with entertainment by cowboy poet Ken Blacklock

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals, Bob Clark @ 780-967-3640 to volunteer in the kitchen and for meal inquiries/suggestions, Cheryl Sadler @ 780-967-4146 for membership and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!

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ACCOUNT NUMBER: _____

CONTACT INFO: _____

Joe Saumer Big Band Celebrates 25 Years

Continued from Page 1

Joe was a machinist and farmer by trade, but he loved the music of the big band era. He recruited his son, Tom, to direct the band, and two more sons, Howard and Robin, to play trumpet and bass. The remaining band members drove in from across the countryside (from Westlock to Drayton Valley), and hence, the band adopted the Rural Route Swing Band name to reflect this.

The Rural Route Swing Band rehearsed every second Tuesday night and played dance halls several Saturday's a year. With Joe's enthusiasm, and big band standards from the likes of Glenn Miller and Duke Ellington, the dance floor would quickly fill and stay that way long into the night. Memorable dances were held in Blueberry, Muir Lake, Stony Plain, Spruce Grove, Devon, Edmonton, Alberta Beach, Clyde, Westlock, Mayerthorpe, Elk Island, Lake Eden, Whitecourt, and of course, Onaway. In 1996, the band was asked to join the Sweet Adelines Chorus for shows at the Edmonton and Calgary Jubilee Auditoriums.

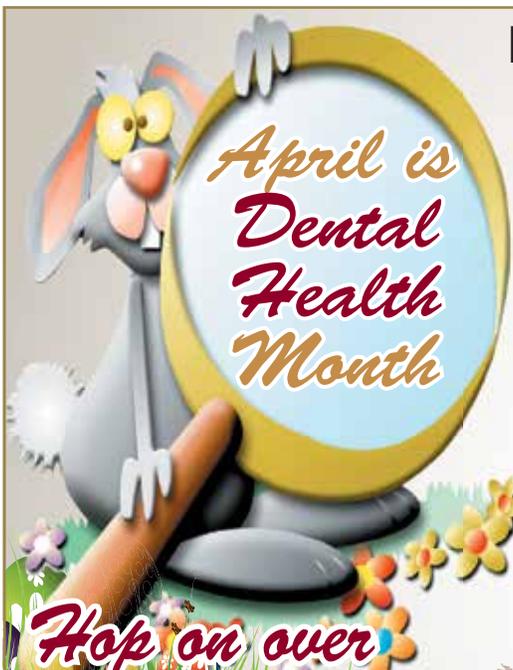
The band membership has changed from year to year (by our best count, over 60 people have played with the band), but the biggest change occurred in 2009

when Joe Saumer passed away. In recognition of Joe's significant contribution to the band and his community, the band renamed itself the Joe Saumer Big Band.

With over 250 performances, the success of the Joe Saumer Big Band is due in large part to the leadership of longtime director, Tom Saumer. Tom not only held the band to high musical standards, but his pipeline of graduating students from the Onaway High School band program ensured a steady stream of new recruits and a steadily improving musicianship in the membership. When Tom passed away in 2013, former student and longtime member of the big band, Tim Bowman, took over as director. The band has since expanded to become an 18 piece group and continues to play great big band music from all eras.

To celebrate 25 years of music-making, the Joe Saumer Big Band, along with special guests, the Grove City Chorus, are joining forces for an anniversary 'Sing & Swing into Spring' concert, Friday, April 8, 2016, at Horizon Stage in Spruce Grove. Tickets are \$20 and available from band members or online at singandswing2016.eventbrite.ca

Share your stories of the band and follow our anniversary year celebrations on the band's facebook page: www.facebook.com/JoeSaumerBigBand

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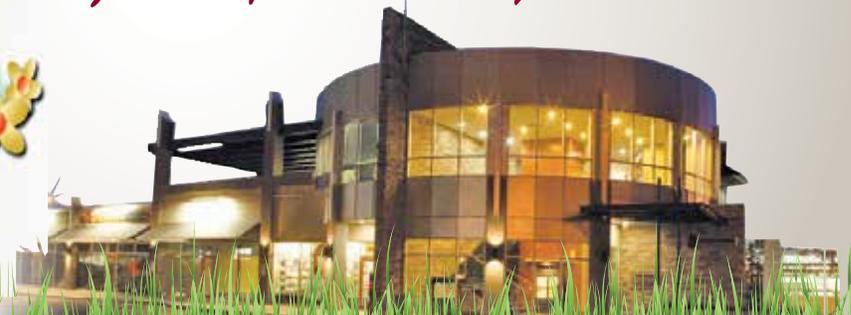
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MISCHIEF TO COMMUNITY PEACE OFFICER VEHICLE

Submitted by RCMP Stony Plain/Spruce Grove/ Enoch

speed enforcement, operating an Automated Enforcement Vehicle on Highway 16A near Nelson Drive, when a small object was propelled through a window in his vehicle. The object smashed

through a window at a high speed and narrowly missed the officer.

Police are currently investigating this matter and are seeking the public's assistance. If you have any information about this please

call the Stony Plain RCMP Detachment at 780-968-7267 or if you want to remain anonymous, you can contact Crime Stoppers by phoning 1-800-222-8477.

On March 11th, 2016 at approximately 11:00 AM a Community Peace Officer was conducting

LOCKED UP TIGHT AND OUT OF SIGHT: SAFER HOMES, SAFER KIDS

Submitted by Alberta Health Services

Every year in Alberta, more than 1600 children under the age

of 10, visit emergency departments as a result of accidental

poisoning. Most of these events involve the unintended ingestion of medications. Alberta's Poison and Drug Information Service (PADIS) receives over 13,000 calls per year concerning accidental exposure to poisons by children in this age group. Many, if not most, accidental medication poisonings could be prevented by following a few simple steps to make your home safer for your children and small visitors.

• Always keep prescription and over-the-counter medications locked up tight, out of sight, and in their original containers.

• Be aware that child-resistant caps on medication bottles can make it more difficult for a child to open a bottle but they ARE NOT childproof.

• When taking medications, do it away from children. Children often copy the actions of their parents.

• Guests, family or friends may bring their medications into your home. Always ensure purses, backpacks and coats are in a safe place, out of children's reach.

• Put the PADIS emergency number in your cellular phones and/or display the number near your land-line telephone.

• If you have a poisoning emergency call PADIS 1-800-332-1414.

March 20 -26, 2016 is National Poison Prevention Week. The Poison and Drug Information Service, the Injury Prevention Centre and provincial partners are focusing their efforts on preventing medication poisoning of young children in Alberta and across the country. For more information or to access resources, visit: www.injurypreventioncentre.ca/programs/poison_prevention

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TRAVELLING OUTSIDE CANADA?

Submitted by Jim Eglinski, MP – Yellowhead

For those planning a vacation abroad, I highly recommend that you take a moment and go to www.travel.gc.ca. This

Government of Canada website provides you with all the information you need to make your vacation worry-free. This is a free service that keeps you connected to Canada in case of an emergency abroad, such as an

earthquake or civil unrest, or an emergency at home.

I also encourage travellers to sign up by completing the on-line registration form at: www.travel.gc.ca/travelling/registration. The information you

provide to the 'Registration of Canadians Abroad' may be used, when necessary, to contact, protect and assist you and your co-travellers in case of an emergency.

Happy travels!

GUNN HALL'S 1ST CRIB TOURNAMENT STARTS WITH A BANG

Submitted by Marlene Janke

The organizers of the March 12th crib tournament were pleasantly surprised and a bit overwhelmed by the 54 teams entering our facility on that sunny Saturday morning. We thought we would ease our way into this experience, however, that was not the way it turned out. It was go, go, go all day for our helpers & we hope that all in attendance had a great day.

1st place \$350.00 was won by Darlene Brown & Gert Strocher, 2nd place \$250.00 went to Ed & Marion MacDougall & 3rd place \$150.00 to Irma MacDougall & Millie Dunlop. A last place prize was also awarded & this team received back half of the entry fee.

We were happy for Millie Dunlop when she also had a 28 point hand and won the \$50.00 jackpot. An additional \$130.00 was paid out to 13 players that had 24 point hands. Two 50/50 draws were held with Josina Kennedy winning \$265.00 & Ed MacDougall winning \$285.00.

We are planning on joining the very popular crib circuit & our next tournament will tentatively be October or November. We will be advertising when the date is chosen. Our organization welcomes any new members that would like to join our hall & if you enjoy being part of a community group feel free to become involved.



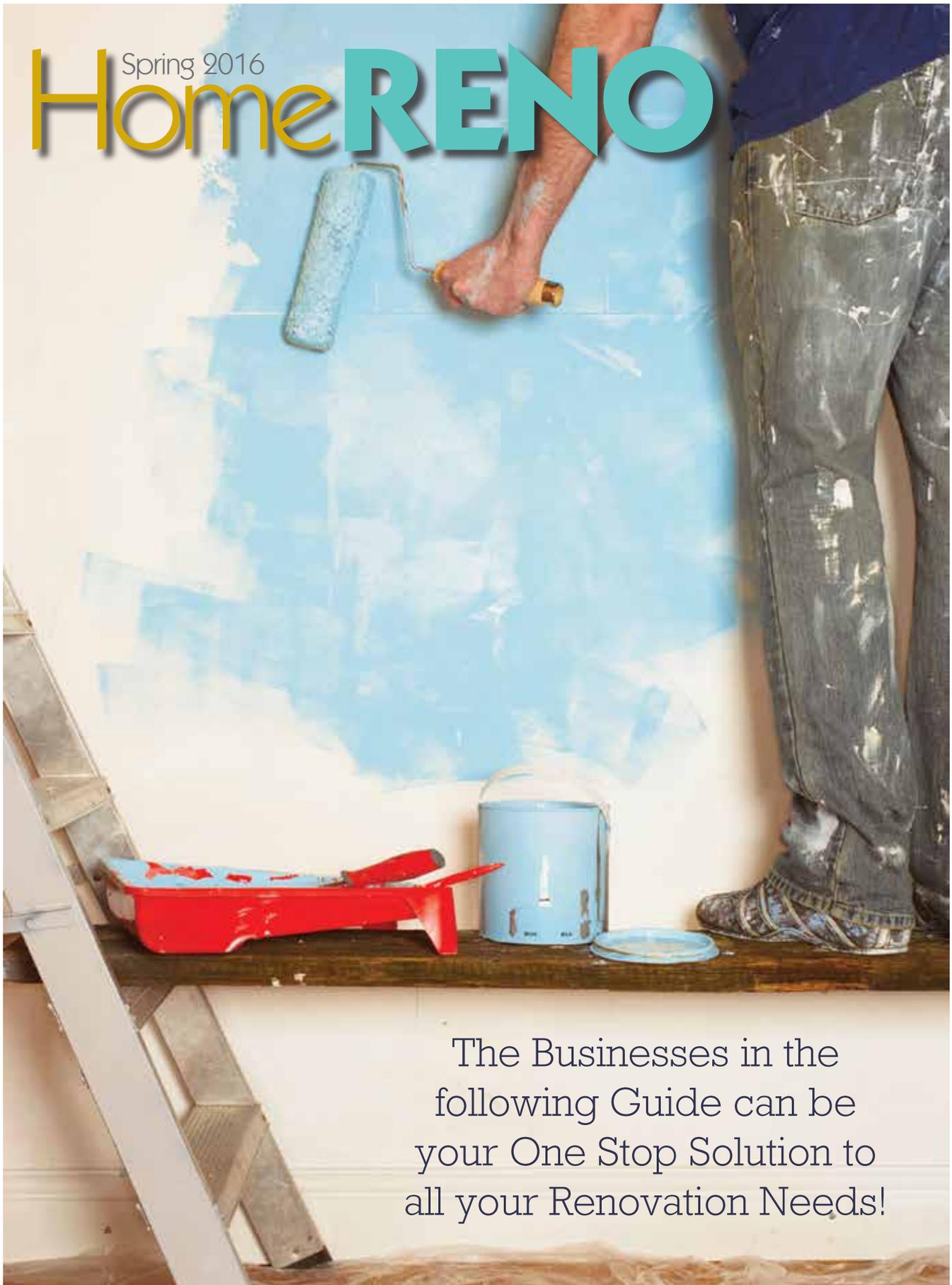
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HOW TO MAKE SPRING PROJECTS MORE ECO-FRIENDLY

The arrival of warmer weather means different things to different people. Some anticipate opportunities for outdoor fun, while others may be considering redecorating or remodeling their homes. For the latter group, home improvement season provides a great opportunity to make homes more eco-friendly.

When planning home improvement projects, it's best to first choose a project and then look for ways to make the project more environmentally friendly. Such an approach may not only benefit the environment, but it also may benefit homeowners' bottom lines.

Interior decorating
Longer days and warmer temperatures often translate into

wanting to freshen up the interior of a home. Heavy draperies and comforters are put away, and lighter fabrics are taken out of storage. Whenever possible, reuse or repurpose items you already have rather than purchasing new items. Longer drapes can be cut and hemmed to be used as window treatments in other rooms. Making a patchwork blanket out of old T-shirts is a crafty project that makes use of items that would otherwise be destined for landfills.

When laundering linens, skip the energy-using dryer and let items line dry in the sun and fresh air.

If you decide to purchase some new items, look for products made from sustainable or organ-

ic fabrics. Hemp and bamboo textiles have grown in popularity. Hemp and bamboo plants grow quickly, and their durability makes these materials smart choices.

When replacing items around the house, donate older items to a charitable organization.

Flowers and plants
Spring and summer call to mind beautiful blooming plants. Relying on native, sustainable plants is practical, environmentally friendly and cost-effective.

According to the National Wildlife Federation, sustainable plants are native plants.

Continued on Page 19

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SPRING CLEANING PROJECTS YOU DON'T WANT TO FORGET

Spring cleaning is an annual tradition in many households. After a winter spent cooped up indoors, spring cleaning can rejuvenate a household and provide a great chance to rid a home of a season's worth of clutter.

Donating old clothes and cleaning out the garage are popular spring cleaning projects, but there are a host of additional tasks homeowners can tackle to freshen up their homes this spring.

Floors

Simply vacuuming or sweeping the floors might not be enough to banish some of winter's most uninvited guests. Dust has a way of settling into a home over the course of a typical winter, and it's easy for a home's inhabitants to track dirt and debris inside as well. After vacuuming or sweep-

ing floors, go over them with a mop. Doing so can remove any lingering dust, dirt, debris, and allergens the vacuum or broom failed to pick up. Apply wood cleaner and polish to wood floors to make them look even cleaner.

Baseboards

Though baseboards might not seem all that dirty, upon closer inspection homeowners might notice substantial accumulations of dirt and dust. Such dirt and dust may not be removed so easily, so homeowners might need to use hot water and a sponge to remove any debris that is clinging.

Curtains

Curtains also may have absorbed substantial amounts of dust, dirt and debris over the winter. This might be more visible near the end of winter when more

sunlight begins to shine through. Clean the curtains in adherence to the manufacturer instructions before you open windows for the season so any wind that blows in does not spread debris onto nearby furniture. Once the curtains have been washed, opening windows may help them dry more quickly.

Bathrooms

Bathrooms also tend to bear the brunt of winter weather, as mold and grime can accumulate throughout a season in which it's too cold to open bathroom windows to let fresh air in after bathing. Inspect ceilings, tubs, shower stalls, and floors for any signs of mold growth or grime. Mold growth in a home can lead to respiratory problems and exacerbate existing conditions such

as asthma, so it's best to inspect bathrooms for any signs of mold growth throughout winter. If you have let that slip, prioritize such inspections come spring cleaning time.

Furniture

It's easy to overlook furniture when tackling spring cleaning, but dust and dirt can quickly accumulate on couches and chairs over the course of winter. When possible, vacuum furniture to remove any debris that might have accumulated while windows and doors were kept shut, and shampoo any cushions or seat covers that don't pass the smell test.

Spring cleaning encompasses a host of tasks, and homeowners who want a truly clean house should not overlook smaller tasks that can produce big results.

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TOP 5 HOME PROJECTS TO HELP YOU SAVE MONEY

(MS) - It's remodeling season, and with so many projects on the to-do list, which should you tackle first? While some projects provide great long-term return on investment, a few simple ones

can provide instant savings. Here are the top home spring projects to help you save money:

Caulk around windows and doors - Stop air leaks around your home by sealing existing

gaps and cracks. Use caulking or weather stripping around doors and windows. Installing a door sweep is also a good idea.

Insulate your home - Use insulation with a high R-value, such as Roxul Comfortbatt, which can be used to top up insulation in your attic. Aim for an R-value of 50 or a depth of 16 inches. For whole home efficiency, ensure other areas of your home, such as crawl spaces, basement headers, walls and ceilings, are well insulated. It will keep your house cool in the warm weather and take the stress off your air conditioning unit.

Clean your AC unit - Come spring, it's not uncommon to find an air conditioner's condenser and compressor blocked up with dirt and debris. This can result in greater stress on the unit, caus-

ing it to work harder. Giving it a thorough cleaning is easy and can help maximize your AC unit's service life while minimizing your energy bill.

Plant trees - Direct sunlight can heat up surfaces and building materials, as well as the interior temperature of your home. Consider planting trees in strategic locations to provide shade and reduce cooling costs.

Install a rain barrel - Water is an important, but costly resource. Installing a rain barrel is an easy and affordable measure to reduce your water consumption, while keeping your lawn and garden looking great.

These simple home maintenance tasks can be well worth the effort, potentially providing hundreds of dollars in annual savings.

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How To Make Spring Projects More Eco-Friendly

Continued From Page 16

Native plants sustain local wildlife more effectively than non-native alternatives, so include native plants in your sustainable garden. Native plants also are less reliant on pesticides and herbicides to keep them healthy and viable.

Don't forget to bring plants indoors as well. Even though you may be opening the windows more, indoor plants can filter and purify indoor air. The NASA Clean Air Study, led in association with the Associated Landscape Contractors of America, found that certain common indoor plants naturally remove toxic agents such as benzene, formaldehyde and trichloroeth-

ylene from the air. Efficient air cleaning is accomplished with at least one plant per 100 square feet of home or office space.

Proper disposal

Spring cleaning is another tradition for many families come the end of winter and dawn of spring. Many people use spring as a time to go through closets and garages to remove items they no longer use or need. In an effort to clean up fast, some people may dispose of chemical products, paints, treated lumber, and many other items in ways that can be damaging to the environment. Always learn local municipal guidelines for proper disposal of potentially harmful products. Area recycling centers may have drop-off areas for

stains and paints, used motor oil and other potentially harmful products.

Before discarding something, see if it can be donated or sold. This will result in fewer items ending up in landfills.

Exercise caution outdoors as well. Runoff from cleaning products used on home siding or driveways can leach into the surrounding soil or find its way into sewage drains that ultimately direct fluids to public waterways. Choose environmentally responsible products whenever possible.

Springtime renovation and cleaning projects provide the perfect opportunity to adopt eco-friendly practices that pay dividends for years to come.

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FRESHEN UP YOUR HOME FOR THE SPRING SEASON

After a few months of chilly temperatures, come spring, many homeowners are eager to throw open their windows and doors and breathe the new life into their homes. Simple changes made now - even before the weather begins to warm up - can improve interior spaces and brighten the atmosphere of a home.

· Go plant shopping. Research from NASA suggests adding at least one plant in your home per 100 square feet is efficient enough to clean air. Fresh foliage also makes a home feel warm and inviting. Watering and misting plants introduces moisture into indoor air, which can make rooms overcome with dry air from heating systems feel comfortable. Just be sure to avoid overwatering plants, which can lead to mold

growth.

· Swap out throw pillows. Accent pillows on beds and sofas are quick and inexpensive ways to add new bursts of color to rooms. You may be able to make over a room's entire color scheme with new pillows. Invest in pillows that you can switch with each season so your decor will never look tired or dull.

· Clean existing light fixtures. Another way to brighten the mood in a home is to periodically clean light fixtures to make sure they are working effectively. Spend time dusting them and cleaning off any accumulated debris. If need be, switch out old lamp shades for newer ones that let more light shine through. If inadequate lighting is a problem no matter how many lamps you

have, consult with an electrician about installing more overhead and accent lighting.

· Give rugs and floors a deep cleaning. Recirculated air may be full of dust and other microscopic particles that end up blowing throughout your home. Also, it's easy to track in dirt and other materials on your shoes that become imbedded in carpeting. At least once a year, rent or enlist the surfaces of carpet and upholstery cleaners to give floors a thorough cleaning. You may be surprised at how clean and fresh a home looks and smells once rugs and carpets are deep-cleaned. You also can make a dry carpet cleaner using baking soda, corn starch and desired fresh herbs for fragrance. Sprinkle and then vacuum up after a few hours.

· Color-coordinate bookshelves. Group all books with similarly colored covers together for an instant and eye-appealing look.

· Simmer some homemade home deodorizer. In a large pot, boil water and some scented herbs, such as rosemary, citrus rinds, vanilla, or lavender. The aroma will waft through the home, creating a pleasing scent.

· Invest in new window treatments. Lightweight draperies or new blinds or shades can transform the look of a room. Be sure to keep curtains and blinds open during the day to maximize the hours of sunlight.

Homeowners can make some simple changes while they're stuck indoors and reap the benefits when the weather warms up again.

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HOW TO ENSURE A SUCCESSFUL BASEMENT REMODEL

(MS) - By: Scott McGillivray
 Americans continue to fuel remodeling spending across the country, driven by upward growth in real estate prices and the rising cost to trade up to a larger home. Basement renovations are expected to be a hot trend in 2016, as buyers look to maximize available living space rather than move, and as young buyers look to offset the cost of homeownership with potential income suites.

While finishing a basement can be a great alternative to moving -- especially if you love your neighborhood - there are some challenges homeowners must be aware of when tackling below-grade living spaces. Choosing the right products is vital to the comfort, safety and function of your new living area. Look for products that help to maximize energy efficiency and protect against

moisture, fire and noise. Here are the top points to consider to ensure a successful basement renovation.

Waterproof it. Check the interior foundation and floors to make sure there are no existing moisture issues, water damage or mold problems. Address any primary moisture issues before finishing the space. Examine grading to ensure water runs away from your foundation.

Insulation is key. Insulation plays a critical role in making your basement feel comfortable, while keeping it safe and dry. For the best results, install a rigid board insulation, like Roxul ComfortBoard IS, against the concrete foundation before you stud the wall. The board is mechanically fastened or adhered to the concrete foundation wall, which prevents thermal bridging through the studs, providing better thermal

performance. Finish with a moisture-resistant and dimensionally stable insulation between the studs, like R14 Comfortbatt, to protect against common basement issues such as mold, mildew and rot.

Choose a functional design. Draw out plans, carefully taking into consideration any low ceilings or small windows. Try to incorporate structural features, such as attractive wood beams, into your design. Keep the space as open as possible. Select lighting that provides a bright, airy feel.

Don't forget to soundproof it. Soundproofing is the ultimate solution to maximize your basement's quiet and privacy. Whether your newfound space will function as a home theatre, music room, home office or playroom, it will benefit from quality acoustic insulation, like Roxul Safe 'n' Sound. Not only is

it highly effective, but it's also easy to install.

Consider fire safety. Since many basements are now being renovated as income suites, fire protection is also a vital consideration. Whenever possible, select building materials with a high fire-resistance rating and look for products that will not off-gas or contribute to toxic smoke in the event of a fire. Include additional exits in your renovation plan and educate yourself on your local fire code.

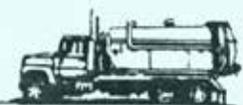
Before you start your renovation, be sure to check with your municipality to secure the right permits and to ensure that you're complying with local bylaws and building codes. Finishing a basement can be a smart renovation, if done properly, adding to a home's value, increasing its function and providing greater enjoyment or income potential.

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ADD CURB APPEAL TO YOUR PROPERTY

Many people are familiar with the idea that a strong first impression can go a long way. While that idea is most often referenced in regard to personal interactions, it's also applicable to real estate.

When selling a home, homeowners who emphasize curb appeal may find it far easier to sell their homes. Curb appeal refers to the impression a home's exterior makes on people seeing the home for the first time. In 2014, the online real estate database Zillow® surveyed real estate agents and found that curb appeal was one of the five most important factors when selling a home.

Projects that improve curb appeal can be vast undertakings or simpler projects, and the following are a handful of projects to improve a home's curb appeal that run the gamut from simple to complex.

- Clean up the yard. Cleaning

up the yard is among the simpler yet most effective projects to improve a home's curb appeal. When selling their homes, homeowners should clear the yard of any clutter, including kids' toys, grass clippings or items that might be scattered throughout the yard. A cluttered yard suggests homeowners do not care much about their home's appearance, and that may lead buyers to think that indifference extended to maintaining the home's interior as well. Many buyers will ignore properties without any external aesthetic appeal, but cleaning up the yard does not require much effort or expense on the part of sellers.

- Make the main entryway more inviting. Creating a more inviting entryway won't be as simple as cleaning up the yard, but it can help create a strong first impression without breaking the bank.

To begin, remove plants and furniture from the front porch or area surrounding the doorway, as such items can create a cluttered feel. If the front door is old, replace it. Custom doors may be expensive, but they might add the wow factor buyers are looking for. If a new door is beyond your means or just unnecessary, repaint the door, ideally in a color that complements the color of your home and the surrounding landscape.

- Address pavement problems. Paving problems are not necessarily an expensive fix, but the cost of repairing driveways and walkways can add up if it's been awhile since these areas were refurbished. Still, one of the first things buyers will notice when getting out of their cars is the ground they're walking on, so patch and repair or even replace driveways and walkways that have fallen into disrepair.

- Add or upgrade outdoor living spaces. Outdoor living spaces also can set a property apart from others on the market. A recent study from the National Association of Realtors found that buyers would not hesitate to pay asking price for homes with outdoor living spaces. When adding or upgrading outdoor living spaces, try to depersonalize the spaces as much as possible, as buyers want to picture themselves, and not the sellers, enjoying these areas. Include some comfortable furniture, adequate lighting and a dining area in your outdoor living space as well.

Curb appeal can add a lot to a home, while lack of such appeal can make a home difficult to sell. Homeowners who want to sell their properties for asking price or more should address curb appeal before putting their homes on the market.



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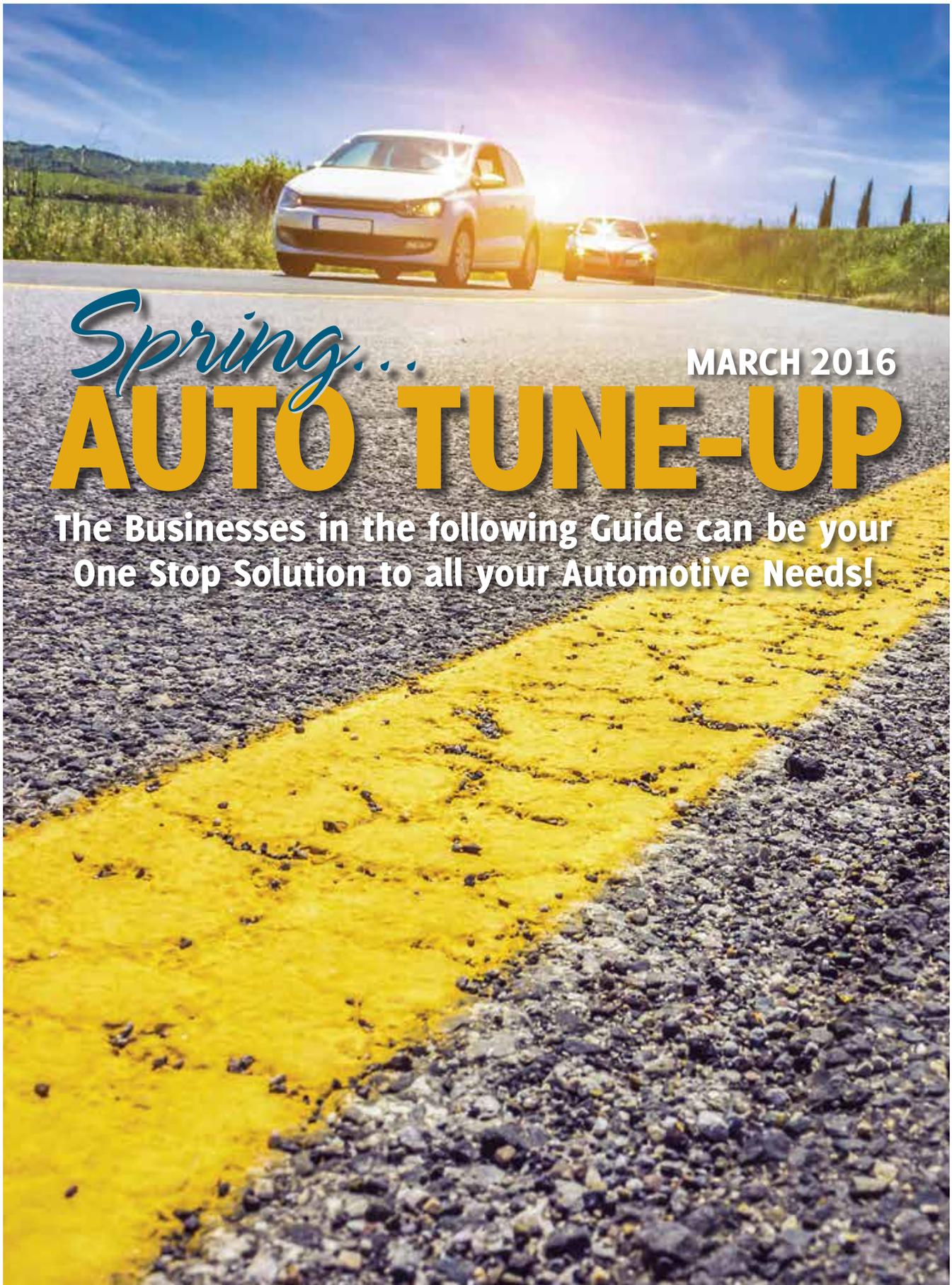
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HOW DRIVERS CAN ENHANCE NIGHTTIME VISIBILITY

(MS) - Many drivers are considerably less comfortable driving at night than during the day. Even though roads tend to be less congested when the sun goes down, reduced visibility at night can compromise the safety of drivers and their passengers.

Statistics indicate that drivers' fears of driving at night are not unwarranted.

According to the National Safety Council®, traffic death rates are three times greater at night than during the day, and the anxiety many drivers feel when behind the wheel at night no doubt contributes to nighttime driving fatalities. But drivers who take steps to enhance their nighttime visibility may feel more comfortable driving at night, making the roads safer for themselves, their passengers and their fellow motorists.

Turn your headlights on earlier. Daytime running lights can make it easier for drivers to be seen during the day, but they are not designed

for nighttime driving. If you find yourself struggling to see as evening transitions into nighttime, turn your headlights on earlier or use your car's automatic switch setting if it has one.

Prioritize headlight maintenance. Headlight maintenance is often overlooked, but properly maintained headlights can go a long way toward improving driver visibility at night. Check your headlight bulbs. If they are more than three years old or dimming, it would be a good idea to replace them to ensure the best performance. Headlamp clouding is also an issue. Plastic headlamp lenses, which are common on most vehicles, grow hazed and yellowed over time from the effects of sunlight, ozone, road pollution, and wash chemicals. While many motorists accept this as inevitable wear and tear, clouding reduces headlight output and compromises nighttime visibility. Designed to restore plastic lenses

in less than 30 minutes, the Philips Headlight Restoration Kit quickly and effectively combats clouding on headlights as well as taillights, turn signals and reflective lens covers, improving driver visibility while also making cars more visible to other drivers. In addition, the Philips Headlight Restoration Kit employs a protective UV coating that produces longer lens clarity while preventing future clouding for up to two years.

Take steps to fight fatigue. The National Highway Traffic Safety Administration estimates that driver fatigue contributes to 100,000 reported traffic accidents each year. Drowsiness is a concern for any motorist driving at night for long periods of time, as heavy eyes can make drivers less alert and less likely to see fellow motorists, pedestrians or animals. When driving at night for long periods of time, take periodic breaks so you can get out of the car and revive yourself with a quick walk and some

fresh air. In addition, avoid smoking while driving, as the NSC notes that the nicotine and carbon monoxide from tobacco smoke can further compromise nighttime vision.

Upgrade your headlights. According to a recent study from the automotive club AAA, the halogen headlights found in more than 80 percent of vehicles on the road today fail to safely illuminate unlit roadways, even when vehicles are moving at speeds as low as 40 miles per hour. The solution for this problem is simple: Put more light on the road. There is new bulb technology available to help you do just that. Philips Upgrade Headlight Bulbs can deliver up to 100 percent more light on the road than standard halogen bulbs. They also create a better beam pattern for the drive, greatly improving nighttime visibility.

More information is available at www.philips.com/automotive.

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4 REASONS FOR A CHECK ENGINE LIGHT

Vehicles rely on many components working harmoniously to function at optimal capacity. Any number of systems can go wrong, and oftentimes the first indication that something has gone awry is an illuminated dashboard signal.

One such signal is the "check engine" light. Many drivers have little idea what to do when this indicator lights up, and this light can cause some anxiety. According to Consumer Reports, a check engine light turning on does not usually require immediate action. However, it does mean that you should make an appointment to have the vehicle inspected for potential problems.

Check engine lights are part of a car's onboard diagnostics. The light turning on may indicate something minor, such as a loose fuel cap, or something more serious like a misfiring engine. When the light turns on, drivers wondering why may want to see if the answer is related to one of the following issues.

1. Loose gas cap: Fuel vapors can leak out and air can get in when the fuel cap isn't secured correctly. This can compromise the fuel system and make the check engine light come on. Take off the cap and then reseal it to see if that alleviates the problem. Cracked caps will need to be replaced.

2. Dirty oxygen sensor: A faulty or clogged sensor may not provide the right information about unburned oxygen from the vehicle's exhaust. This sensor monitors how much fuel is burned. Compromised data can cause a decrease in fuel efficiency. Some do-it-yourselfers can replace an oxygen sensor on their own, but those who can't should have the issue addressed immediately by a professional.

3. Too much speed or load: Towing a trailer or another heavy item may put strain on the vehicle and

cause the light to come on because of loss of power. Lightening the load and reducing speed can help fix the problem. Always consult with the owner's manual to determine the towing capacity of your vehicle.

4. Short or faulty code: Comput-

ers aren't always fool-proof, and sometimes an electrical short or another similar problem can cause a light to come on. Bring the vehicle to an automotive supply store. Such stores typically have diagnostics tools that can be hooked into the car's computer and pro-

vide a more detailed understanding of what is triggering the check engine indicator.

In many cases, a steady check engine light is not a serious concern. However, when such a light comes on, drivers should try to find out why as soon as possible.



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STAY SAFE WHEN DRIVING IN WET WEATHER

Drivers must modify their driving habits when weather compromises their visibility and makes road conditions unsafe. Rain can fall any time of year, but tends to be most problematic in spring.

According to the Federal Highway Administration, wet roadways, and rain in particular, are the main cause of weather-related vehicle crashes. The National Highway Traffic Safety Administration notes that, between 2004 and 2013, rain caused 573,784 crashes.

To drive safely in the rain and avoid accidents, drivers should follow certain precautions.

· Maintain windshield wipers. Inspect and, if necessary change windshield wipers regularly to ensure they are working optimally. Always test wipers before driving in rainy weather.

· Turn on lights with wipers. Reduced visibility is a major contributor to wet-weather accidents. Drivers'

views may be hampered by falling precipitation and glare from wet roadways. Cloudy conditions and fog also compromise visibility. When using windshield wipers, turn on your headlights as well. This makes your vehicle more visible to other motorists and improves your own ability to see the road and pedestrians.

· Recognize changing road conditions. Roadways accumulate oil and engine fluids that can float in rainwater, creating slippery road surfaces. This is usually a problem during the first few hours of a rainstorm or in areas that receive little precipitation and then are subjected to downpours. These fluids make rain-soaked roads even more slippery. Slow down, leave more room between vehicles and try driving in the tracks left by vehicles ahead.

· Reduce speed. The automotive group AAA says hydroplaning, when the tires rise up on a film of water, can occur with as little as 1/12 inch of wa-

ter on the road. The group goes on to say that tires have to displace a gallon of water per second to keep the rubber meeting the road. Drivers should reduce their speeds to correspond to the amount of water on the roadway. New tires can still lose some contact with the roadway, even at a speed as low as 35 mph. Therefore, reducing speed and avoiding hard braking and turning sharply can help keep the rubber of the tire meeting the road.

· Rely on the defogger. Use the car's windshield defroster/defogger to improve visibility. Turn it on early and keep it on until the rain has stopped and visibility has improved.

· Recover from a skid. Skids can be frightening, but when skidding, resist any temptation to slam on the breaks. Instead, continue to look and drive in the direction you want to go and slowly ease up on the accelerator.

· Skip the cruise control. It's important to maintain control over the vehicle in rainy conditions, so avoid

using cruise control.

· Maintain tires. Proper inflation and tire tread levels can improve traction. AAA recommends checking tread depth by inserting a quarter upside down into the tire groove. If you can see above Washington's head, start shopping for new tires. Check tire pressure on all tires at least once a month. Get an accurate reading when tires are cold and adjust air pressure accordingly.

· Avoid other distractions. Distracted driving can be hazardous during good road conditions and even more dangerous when visibility and other factors are compromised. Switch phones and other devices off so you can fully focus on the road and other drivers.

Rainy weather can contribute to poor driving conditions. Drivers should make changes to speed and other factors to make wet weather driving as safe as possible.

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HOW TO PROTECT YOUR CAR'S RESALE VALUE

Few drivers start thinking about resale value when driving a new car off of the dealership lot for the first time. Still enamored with that new car smell, drivers can be excused for not thinking of resale value as they put the pedal to the metal and speed off in their brand new ride.

But it's never too early to start protecting a vehicle's resale value, especially if you hope to recoup as much of your vehicle investment as possible when the time comes to sell your car or trade it in for a newer model. The following are some ways motorists can protect the resale value of their vehicles from the moment the dealer tosses them the keys.

- Keep all maintenance records. New cars typically do not require much maintenance. But drivers should keep records of all work and maintenance done on their vehicles, even if that work does not extend beyond routine tuneups or oil changes. Keeping maintenance records shows prospective buyers you prioritized taking care of the vehicle over the years, and that makes the car or truck more attractive to preowned vehicle buyers who want to avoid buying a lemon or a car that has not been taken care of.

- Don't overlook looks. Looks can be deceiving, but new car buyers who eventually plan to sell their vehicles should do all they can to keep the car looking as new as it did the day it was first driven off the dealership lot. Much like homeowners benefit when selling a home with curb appeal, a car that looks good gives buyers the impression that it was well taken care of. But a dirty car or one with lots of dings and dents is a red flag to preowned car buyers.

- Keep a clean interior. New car owners typically maintain some strict rules with regard to food and beverages in their vehicles. After all, no one wants their brand new car to succumb to stains or spills. But the longer drivers have a car the more lax they tend to become with regard to allowing food and drinks into their cars, and that can ultimately hurt the resale value of the vehicle. Maintain a clean interior whether you just bought the car or have driven it for a few years. Much like an impressive exterior leaves a lasting impression, a clean interior that has not succumb to coffee stains or muddy boots is more likely to impress buyers than a car with an interior that has seen better, cleaner days.

- Drive defensively. It's not just

what you do to a car but how you drive the car that can affect its resale value. Driving defensively reduces your risk of accident, and an accident-free preowned vehicle is a top priority for potential buyers. But driving defensively also reduces wear and tear on your vehicle, as over time constant stop-and-go, aggressive driving takes its toll on vehicle engines and other components.

- Periodically examine the vehicle history report. Today's preowned car buyers know to ask for a vehicle history report before buying a car. If your vehicle history report contains any suspicious or inaccurate information, you may be

forced to sell the car for less than it's worth or delay selling until you can have any issues corrected. That won't necessarily happen overnight, but you can avoid dealing with a host of issues all at once by periodically examining the vehicle history report. Any discrepancies on the report can be brought to the attention of your insurance company, who can then work with you to correct the issues and restore your vehicle's reputation.

Resale value may not be foremost on the minds of new car owners, but the earlier buyers begin to factor resale value into their car-care routines, the more they will benefit down the road.



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PAUL FIRST NATIONS CHIEF CHARGED WITH ASSAULT

Submitted by RCMP Stony Plain/Spruce Grove/ Enoch RCMP

At 11:00 AM Stony Plain/ Spruce Grove/ Enoch RCMP responded to a complaint of an assault at The Paul Band Administration Office. As a result of the RCMP investigation,

Casey BIRD, Chief of the Paul First Nations is now facing one charge of Assault. He is scheduled to make his first appearance in Stony Plain Provincial Court on Wednesday, April

6, 2016.

The victim in this altercation suffered minor injuries.

On March 4, 2016 at approximate-

CHURCH PASTOR CHARGED WITH CHILD LURING

Submitted by Alberta Law Enforcement Response Teams (ALERT)

Following an investigation between ALERT and Drayton Valley RCMP, a Church Pastor with the Meewasin Free Methodist Church

in Duffield, Alta. has been charged with child luring.

ALERT's Internet Child Exploitation (ICE) team arrested Glenn

Harvey Boyde on March 14 and charged the 59-year-old pastor with child luring.

VIDEO: S/Sgt. Paul Czerwonka on child luring charges – https://youtu.be/i37s7_imitM

ICE is an integrated team consisting of Edmonton Police Service and RCMP members, and investigates offences involving child pornography, any computer-related child sexual abuse, child luring over the Internet, voyeurism involving victims under the age of 18, and child sex trade/tourism.

Back in May 2015, the parents of a 15-year-old girl discovered inappropriate texts messages on her phone. The texts were believed to be from an adult male that was known to the family through the church and youth social gatherings that the girl had participated in. The offense was reported to Drayton Valley RCMP and ICE was notified.

ICE reviewed the text messages and was able to identify Boyde as a suspect. He was employed as a pastor when the alleged offenses took place, however was removed from his official position shortly after the complaint came forward.

Boyde was released from custody on a number of conditions. His next court appearance is scheduled for March 30 in Stony Plain.

Anyone with information about this investigation, or any child exploitation offence is encouraged to contact police or cybertip.ca.

ALERT was established and is funded by the Alberta Government and is a compilation of the province's most sophisticated law enforcement resources committed to tackling serious and organized crime. Members of Alberta Sheriffs, Calgary Police Service, Edmonton Police Service, Lethbridge Police Service, Medicine Hat Police Service, and RCMP work in ALERT.

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In Memoriam

Lee, May - May 26, 1935 - March 18, 2015. I wish for nothing more than just one more day, For I would give it all, just to hear her say. It's funny how in life it seems you take for granted, the most important things. To feel close to her and be safe again, safe from m own self, back with my best friend. Yes, she was the best and at other times the only, my friend, you left me here, and now my heart is lonely. If you could just come back, if only for one day, I'd make sure that I'd listen to all you had to say. And now that it's too late, you cannot speak anymore, I finally realized, I should have heard you before. And if I could do it over, I'd only change one thing. I'd tell you that I love you and how much joy to me you bring. No one will ever know, quite how I feel inside, and on that day you left, you weren't the only one who died. You have always been there, Mom, and you loved me till the end. So with all my heart and soul, I love you too, My friend. From the Family: our daughters Virginia (Gary), Romona, Brenda (Tom), Toberta and son, Robert, 2 nieces, Rebecca & Amber

Auctions

Auction - Saturday March 26 @ 10am, Fallis, AB - Hwy 16 RGRD 51 or 52. Selling antiques, collectibles, furniture, coins, saddles, tack, tools, vehicles and many other items of interest. For more listings and pictures, Google Ed Jones Auction Service or globalauctionguide.com, PH: 780-668-3946 (2) 15-03



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This 9.93 Acres Has the Perfect Building Site or Weekend Retreat. Offering Both Treed & Open Areas & Your Own Private Pond **\$74,500**



14.8 Acres With Power, Mature Spruce and Poplar, an Open Meadow is Perfect for Your New Home or a Great Weekend Getaway **\$59,900**



This 5 Bedroom Home With Full Basement Has a Large Kitchen, a Spacious Living Room, a 4 pce Bath, and a Partially Finished Basement. Situated on .49 Acres and Approx. 35 Mins From Edson. **\$85,000**



Prime Commercial Lot! Located on Main Street in Wildwood is Amazingly Priced at **Only \$28,000.**



Beautiful Cedar Home on 79 Acres! Features Include an Attractive Oak Kitchen, a Dining Area With Bright Windows on All Sides, a Beautiful Living Room, 3 Spacious Bedrooms, 2 Baths, a Full Walk Out Basement, Air Conditioning, 3 Decks, & a Double Car Garage. The Property is Beautifully Treed With an Open Meadow, Walking trails, & Has an Abundance of Wildlife! **\$355,000**



Totally Redone 1037 sq ft Home Features a Beautiful Kitchen With New Cabinets, Countertops, Custom Tile Work and a Large Island, Bright Living Room, New Flooring, New Fixtures, a Newer Roof and is Located on a Corner Lot! **\$109,900**



Beautiful Cape Cod Home on 1.44 Acres Right in Town Has 5 Spacious Bedrooms, 4 Baths, a Huge Dream Kitchen, a Separate Dining Area, a Den / Office, a Living Room Complete With a Gas Fireplace, a Massive Rec Room, an Attached Garage, 2 Covered Decks, a Paved Driveway & a Treed Park Like Setting. Also Included is an Older 2 Storey Home & a Garage! **\$429,900**



Located in The New Subdivision in Evansburg Complete With Walking/Bike Trails is This Perfect Residential Lot To Build Your New Home On. **\$32,500**



Great 3 Bedroom Family Home With an Open Floor Plan Features a Bright Kitchen, Large Living Room, Updated Bathroom & a Huge Covered Deck. Other Features Include a Double Car Garage, Poured Sidewalks and a Corner Lot! **\$149,700**



This 3.53 Acres is Close to The Lake In Singing Hills Estates. This is a Great Weekend Getaway or Perfect Building Spot! **\$89,900**



This Perfect Year Round Home or Weekend Retreat Right Off Pavement Has an Attractive Updated Home on 1 Acre & is Nestled in the Mature Spruce in a Private Setting. Features are a Large Kitchen, a Spacious Living Room, 2 Bedrooms, a 4 Pc Bath, Office & 2 Decks **\$129,900**



80+ Acres of Lakefront! This 1246 sq ft Home Has a Bright Kitchen, Inviting Livingroom, 2 Bdrms & 2 Baths. Included is a 1800 sq ft Quonset on the Property, Mature Trees & is Located on Round Lake **\$359,900**



Located on a Double Lot on Main Street in Entwistle is this Great Commercial Building With a Well Established Business on the Main Floor & an Attractive Suite Upstairs **\$279,900**



This Attractive 1217 sq ft Home Features a Huge Country Kitchen, a Bright Living Room, 3 Bedrooms, & 2 Baths. Extras Include a Newer Deck, Great Landscaping, a Garden Spot, 2 Sheds & Fenced Yard **\$169,900**

If you are wanting to buy or sell in the Niton, Wildwood, Evansburg, Entwistle, Drayton Valley or Seba Beach areas, call Noreen, "Your Local Realtor"

Classified Ads - Call 962-9228

Business Opportunities

JOIN THE GOLD CANYON TEAM! Have the extra money you need or own the business you've always wanted! - Your Gold Canyon Business puts you on the path to success on your own terms! Call Independent Demonstrator Jodi Cazac at 780-995-6951 for more info, or go to www.mygc.com/jcazac (S) OG

Personal Care

Care Givers Needed in Alberta Beach, for adult males, looking for someone who is flexible but can pick up shifts 2-3 times a week. Some lifting and personal care required. Please call 780-499-2981 after 5:00pm. (4) 15-03

Services

Experienced & Reliable House Cleaning Lady with references available. Call Margie at 780-924-2229 (15) 23-02

Nasty's Tree Removal. Stump Grinding, Pruning & Firewood for sale. Licensed & insured. Roger @ 780-720-2207 (12) 09-02 OG

Computers

FREE COMPUTER CHECKUP, Repairs not over \$50. Good Complete Computer Only \$100 with games, music, photos, just push button. 780-892-4993. (19) 15-03

Feed & Seed

Seed & Feed - Oats & Barley,

Fursarium tested, no wild oats, 92% germ, can deliver. jamesbeniuk@gmail.com, Woodland Lumber Evansburg, 780-621-2229 (4) 08-03

Seed Grain For Sale: Wheat, Barley and Oats. Call 780-967-3075. For Hay/Pasture seed, Phone 780-967-5375 (13) 23-02

Livestock

Marc Steinbusch, Farrier, has room for some dedicated, regular new clients. Offering, knowledgeable, professional and reliable service. Schooled and trained in Holland, servicing the area since 2006. Dry and clean workplace appreciated. Wildwood, 1.780.898.1269 (3) 22-03

Firewood

HIS HELPING HANDS FIREWOOD. Birch, tamarack, pine, poplar. Pick up or delivery, All profits go to charity. Call 780-218-4177 (4) 22-03 OG

Firewood, seasoned, split, birch, spruce/pine, poplar. Pick up and delivery. Woodchuck Firewood, Call 780-288-7247 (12) 26-01

For Rent

Room for rent in Alberta Beach, \$650/month, all included, N/S, N/P. Call 780-893-7679 (4) 29-03 OG

Enclosed Storage For Rent. Call (780) 910-5472 (50) 22-09-15

SUDOKU OF THE WEEK

	8						3	
		2		6	8	5		
3		6		2	5			1
9		1		7	3			
	6				4	7		2
	4							
5				4			2	3
			5		6	1		9
			1			8		

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	5	6	7	1	9	2	3	8
1	9	2	3	6	8	5	7	4
3	7	6	4	2	5	8	1	9
9	5	1	3	7	2	4	6	8
8	6	3	9	5	4	7	1	2
2	4	7	8	1	3	9	5	6
5	1	9	8	4	7	6	2	3
7	2	8	5	3	6	1	4	9
6	3	4	1	9	2	8	5	7

Church Directory

Rich Valley Community Church
 Sunday School
 10:00a.m.
 Worship Service
 11:00a.m.

Catholic Parish of Lac Ste. Anne
 Sunday
 10:00a.m.

St. John's Anglican Church
Onoway
 Sunday Service
 10:00a.m.
Everyone Welcome

Mayerthorpe Baptist Church
 Worship Service
 Sunday 10:30a.m.
 Children's Church
 10:30a.m.
 4606-54 St. Mayerthorpe
 (780) 786-2677

St. John's Lutheran Church
Alberta Beach
 Sunday Service
 11:00a.m.
 Sunday School

Zion United Church
 Sunday Service
 10:00a.m.
 Sunday School
Serving Alberta Beach, Wabunan, Darwell & Lake Isle, Onoway & Area
 (780) 924-3351

Blank Church Card

Sangudo St Mary the Virgin Anglican Church
 Sunday Services:
 2nd & 4th Sunday
 Holy Communion
 11:00a.m.

Blank Church Card

Sangudo United Church
 Sunday Services
 1st and 3rd Sun.
 of each month
 Worship Service
 11:00a.m.

Trinity Lutheran Church (LC-C)
"The Church of the Lutheran Hour" - Rockyfort Bridge
Pastor Dan Hansard
 Church (780) 778-2055
 Sunday Worship
 9:00a.m.
Senior's Service & Cottage Bible Study - Phone for locations

Mayerthorpe Pentecostal Assembly
 P.A.O.C. Rev. Arnold Lothoiz
 Sunday 10:30a.m.
 Morning Service
 Tuesday 7:30p.m.
 Ministry Training
 (780) 786-2424

St. Michael Lutheran Church
 Sunday Services
 1st & 3rd Sunday
 at 2:30p.m.
 Rev. Horst Gutsche
 (780) 674-3944
 Mystery Lake

Onoway Baptist Church
 Sunday Service
 10:00a.m.
 Youth Group
 Friday 7:00p.m.
 (780) 967-2266

Mayerthorpe United Church
Mayerthorpe: Rev. Alwin Maben
 Sunday Worship 9:30a.m.
 to be held at the Peter Trynchy Community Center at Pleasant View Lodge Until Further Notice.
 PH: (780) 786-2134

Alberta Beach Alliance Church
 Sunday Worship Service & Kid's Church 11:00a.m.
 Sunday School
 10:00a.m.
 (780) 924-3282

Cherhill Community Church
 Sunday School
 10:00a.m. - 11:00a.m.
 Worship Service
 Sunday 11:00a.m.

Roman Catholic Church
 St. Agnes' Parish, Mayerthorpe
 Sunday 9:00a.m.
 St. Elizabeth Parish, Evansburg
 Saturday 7:00p.m.
 (780) 786-2032

Calahoo Alliance Church
 Family Worship Service Sunday
 10:00a.m.
 For Info Call Jerry
 (780) 974-7734

Rock Victory Church Worship Celebration
 Sunday Worship w/ Children's Ministry
 10:00a.m.
 Wednesday Prayer & Bible Study 6:00p.m.

COMMUNITY EVENTS 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 <small>Groundhog Day</small>	3	4	5	6
7	8	9	10	11	12	13
14	15 <small>Valentine's Day</small>	16 <small>President's Day</small>	17	18	19	20
21	22	23	24	25	26	27
28	29					

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

MAR 28 - PRESENTERS ON TOPICS ABOUT GARDEN PONDS at Sangudo Horticultural Club, 7pm. 4927-50ave Sangudo. public welcome. \$5 drop in fee.

MAR 31 - STETTIN NAKAMUN HALL ANNUAL MEETING, 7:00 PM at the Hall, if you need information please contact Shelley at 780-967-9198.

APR 2 - SANGUDO COMMUNITY HALL JAMBOREE, starts at 7:00 p.m. Everyone welcome. Info call 785-4105 or 305-3688

APR 13 - SANGUDO GOLDEN CLUB MEETING, 1:30 p.m. New members always welcome. Info call 785-4105 or 785-3736

MAY 7 - MOTHERS DAY MADHATTER TEA PARTY is inviting vendors to take part in our Womens' Event celebrating Mothers' Day! If interested call Crystal @780-294-8316 for more info.

MAY 14 - STAND UP FOR ALBERTA: BILL 10, at Alberta Legislature, 2:00pm. Sign Petitions Here! Have your voice heard!

FARMERS MARKETS

ALBERTA BEACH - May - Sept., Contact Joanne 780-690-6392

BARRHEAD - Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802

MAYERTHORPE & DISTRICT FARMER'S MARKET - Thurs 11-2pm, except late market last Thurs of every month, 4-8pm. Mayerthorpe Diamond Center

ONOWAY FARMERS' MARKET presented by the Onoway & District Ag Society, Fridays from 4 pm to 9 pm at the Community Hall. Starts May 1st

SPRUCE GROVE - at the Elevator, Sat 9:30-2:30, tables avail. 780-240-5821

STONY PLAIN - Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.

WESTLOCK - 11-3pm, Bargain Shop Mall, Dave 780-954-2437

WHITECOURT - Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

BINGO

BARRHEAD ROYAL CANADIAN LEGION - Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERHILL BINGO Tuesdays at Cherhill Community Association. Doors Open at 6:30pm, Games at 7pm.

CHERHILL LEGION - First Sunday of Month. Doors Open 12:00 Noon

FALLS COMMUNITY HALL BINGO - Tues, Doors 6:30pm, 7:30 pm. Falls Comm Assoc.

MAYERTHORPE ROYAL CANADIAN LEGION - Tues, doors 6:30pm, bingo 7:30pm

RICH VALLEY COMMUNITY HALL BINGO - 7:30pm. Loonie Pots. Next bingos March 9 & 23, April 6 & 20.

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.

ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).

BADMINTON - Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

BARRHEAD PHOTO CLUB -1st & 3rd Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663

CARDS, POOL & OTHER GAMES Tues. & Fri. 1:30 p.m. Sangudo Golden Club. Newcomers welcome. Join us for coffee & socializing. 785-2368 or 785-3736

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday"; 2nd Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be

supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.

COWBOY CHURCH Moon Lake Hall last Thurs, 7:30pm. 924-2230.

JAMBOREE AT SANDHILLS COMMUNITY HALL, 3rd Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051

JAMBOREE at STONY PLAIN SENIORS DROP IN CENTER, 5018 - 51 Ave. Open every Thursday Evening @ 6:30 p.m., Cost \$2. (Winter's -20 of over, NO Jamboree), NO JAMBOREE FEB 11 & 18. Everybody Welcome. Contact 823-0035 or 963-7920.

JR. SCRAPBOOKING Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

LAC STE ANNE COMMUNITY CHOIR, accepting all voice ranges. Meets every Wed. 7pm, Sept-June, at the Alberta Beach Heritage Centre. Lois 780-924-3126

ONOWAY GOLDEN CLUB - Bethal United Church. Coffee & Muffin Mondays, 10-12. Cards Tuesdays, 1:00. Crafts Thursdays 10-12. Much Socializing.

ONOWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info. 780-967-2056.

ONOWAY MUSEUM - Gym & classroom 780-967-1015 or 780 - 967- 5263

ONOWAY ROYAL CANADIAN LEGION open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)

PANCAKE BREAKFAST - Parkland Village Community Centre, last Sun, 9am- 12.

RAVINE COMM. HALL JAMBOREE, 1st Sat of Every Mth, 780-325-2240

RIVER TALKERS TOAST MASTERS CLUB, every thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Loraine 286-5040.

SANGUDO COMMUNITY HALL JAMBOREES - 1st Sat of month 7pm, Oct.-May. Everyone welcome. 785-4105 or 305-3688.

SANGUDO ART GROUP - Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St. Stony Plain). 2nd Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVIN STONY PLAIN GATHERING at PERC Building (5413-51 St. Stony Plain). Every 2nd & 4th Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032

WRITERS PROGRAM - Mayerthorpe Library, 1st & 3rd Wednesday at 1pm.

WILTON PARK COMMUNITY JAMBOREE - Every 4th Saturday of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.

VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP) - Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@lsac.ca

MEETINGS

1ST ONOWAY SCOUTS-Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

3053 ROYAL CANADIAN ARMY CADETS, Onoway Historical Centre, Thurs, 6:45pm-9:30 for youths 12+. 967-0443

755 PARKLAND AIR CADETS Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

526 Barrhead Air Cadets, Wednesdays 6:30 - 9:30pm. High School Ages 12-18 are welcome. 780-674-4058 or 780-674-9003

AA - Mayerthorpe, Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927

AA - Sangudo Golden Club, Tues 8pm call 786-4402/785-9214/785-3599

AL-ANON - Tuesday 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

AL-ANON Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205

ALBERTA 55 PLUS - Villeneuve Hall at 10a.m. New Members Welcome. Meetings on second Tuesday of the month. Info from Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7pm, Alberta Beach Agplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs. of month, 7pm, Agplex

ALBERTA BEACH MUSEUM meets the 2nd Wed, 7pm at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS IF Drinking is a Problem, call 780-236-1043

BARRHEAD ROYAL CANADIAN LEGION, general meeting every 2nd Thurs, 7pm at the Legion Hall.

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12pm, Alberta Beach Agplex. Sept-June. Info call Andrea 780-924-8323 or Melissa 780-297-1892.

Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

CITIZENS ON PATROL -The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

COUNTRY ELEVATOR SOCIETY Meets last Mon. 786-2713

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8pm, 1st Mon, Darwell

DDRA MEETING, 7pm, 2nd Mon (except Jul/Aug/Dec), Darwell 892-3099.

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-967-1004.

GLENEVIS COMMUNITY meets first Wed. Info 785-4144 or 721-6188.

GREENCOURT COMMUNITY ASSOCIATION meet second Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30pm at Kingsmen Hall, every 2nd Tues. Want to volunteer? Marilyn (780) 786-9168 or mayerthorpekinettes@gmail.com

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30 at Onoway Museum (780) 967-0443

LAC STE ANNE WRITERS GROUP, ages 14 & up, Alberta Beach Library, 1st Tues of month, 6:30-8pm starting May 13. Info Shereee 967-6450

LAKE ISLE HALL BOARD - 3rd Tues, 7:30pm, Lake Isle Hall.

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5pm in Hospital Basement Education Room.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept.-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

NA MEETING Tues, 7pm Poplar Valley Church (780)514-6011

ONOWAY & DIST HERITAGE SOCIETY - 2nd Wed of each month, 7:30pm, Chateau Lac Ste Anne

ONOWAY & DISTRICT HISTORICAL QUILD - 3rd Wed 7pm, Onoway Museum. 967-5263 or 967-2452.

ONOWAY QUILTERS, 2nd & 4th Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.

ONOWAY ROYAL CANADIAN LEGION General Meetings, first Mon, 7pm (Sept-June).

ONOWAY MASONIC LODGE #138, 4th Wed, 7:30 Onoway Legion

ONOWAY OSPREY JUNIOR FOREST WARDENS Ages 6-18 Develop environmental awareness & outdoor skills. Every Mon 6:30-8pm Onoway Heritage Centre & monthly outings. Martin 780-963-1646

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

RICH VALLEY AG SOCIETY BOARD MEETINGS - at the Agplex on the second Wednesday of the month. 7:00pm.

RIVER TALKERS TOASTMASTERS CLUB Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.

SANGUDO PAINTING GROUP - Every 1st and 3rd Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops, For more information call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB - Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258

WEIGHT WATCHERS Alberta Beach Agplex - Mondays, weigh in 6:30pm. Meeting at 7pm.

MEAT DRAWS

Alberta Beach Museum. Every Sat 4pm, Alberta Beach Hotel

Alberta Beach - 4pm, Every Sun. Jungles Bar & Grill

Barrhead Royal Canadian Legion, every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided during the event.

Darwell - Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant

Onoway Royal Canadian Legion - every Fri Ph. 780-967-5361

Whitecourt Legion Every Sat, 4pm. Located downtown behind the CIBC.

MEALS ON WHEELS

ALBERTA BEACH area call (780) 910-0034.

DARWELL area. For info on volunteering or eligibility, call Loraine, 892-2967.

ONOWAY & DIST. Frozen & hot meals available. Call 967-2338 or 967-5244.

TOPS Meetings (Take Off Pounds Sensibly)

ALBERTA BEACH - Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.

ENTWISTLE - Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982

EVANSBURG - Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155

SANGUDO - Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.

YOUR COMMUNITY

ALBERTA BEACH BADMINTON - Tues, 7-9pm Grasmere School. Tim 924-3337

SEA CADETS - 299 Mackenzie, Stony Plain Comm Centre, Wed 6:30 for youths 12-18, 963-0843

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9-3pm. Info 960-4600.

UNITED CHURCH THRIFT SHOP - North end Curling Rink, Onoway. Open Fri & Sat, 10am-4pm.

WATER SAMPLE DROP OFF - Tues Onoway Aspen Health Services. Drop off 1-2:30 pm.

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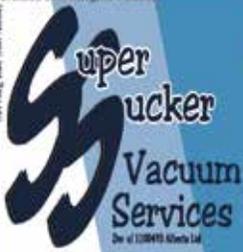
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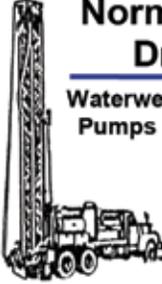
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