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**November 29, 2016**

## EARLY MORNING CRASHES RESULT IN DAMAGE TO FIRE VEHICLE AND CHARGES

**Submitted by Whitecourt  
RCMP**

File Numbers 20161566742 and 20161566677

Whitecourt, AB – Shortly after 6 a.m. on Sunday, November 27th, 2016, a tractor-trailer unit crashed into the ditch on Highway 43 near Chickadee Creek west of Whitecourt, Alberta. The driver of that unit sustained minor injuries. The unit was transporting fuel but no fuel from the tanks leaked as a result of the crash. There was some diesel fuel leakage from the tractor's tanks.

While Whitecourt Fire and EMS were responding to this first crash, a second tractor-trailer unit left the travel portion of the roadway and crashed into a

nearby ditch.

RCMP from Whitecourt arrived shortly afterwards and a third tractor-trailer unit struck one of the parked Fire trucks at the base of the hill. The driver of that unit failed to stop after colliding with the Fire truck. Police have identified the driver of that unit and charged an adult male with careless driving and failing to remain at the scene of a collision.

Alberta Environment is completing an assessment of the scene. Roadway restrictions may continue through the early part of this week while this work continues.

Heavy fog and icy road conditions contributed to these crashes. Motorists are reminded to drive according to road condi-

tions, regardless of posted speed limits, and be especially mindful around emergency vehicles on roadways.

If you have any information about this or any other crime, please call the Whitecourt RCMP at (780)524-3345, or if you wish to remain anonymous, please call Crime Stoppers at 1-800-222-8477 (TIPS), or via the internet at [www.tipsubmit.com](http://www.tipsubmit.com) <<http://www.tipsubmit.com>>, or by texting TIP212 + your message to 'CRIMES' (274637). You do not need to reveal your identity to Crime Stoppers. If the information you provide leads to an arrest, recovery of stolen property and/or seizure of illicit drugs, you may be eligible for a cash reward.

## MODIFIED AND COUNTERFEIT CANADIAN CURRENCY \$100 BILLS

**Submitted by Whitecourt  
RCMP**

File 2016-1542350 refers.

RCMP in Whitecourt have noted a significant increase in the passing and attempted passing of counterfeit Canadian currency locally, especially in \$100 bills.

Since August 1st, 2016, RCMP in Whitecourt have received fifteen (15) reports of counterfeit

money being passed off as genuine or attempts to do this. Most of these calls are from local retailers and businesses.

Police are asking for increased vigilance in examining bills for authenticity. In some cases, scotch tape has been used and should serve as a warning these bills might not be genuine.

Anyone with information about these offences is encouraged to call police directly at

780-779-5900. If you wish to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS) or by internet at [www.tipsubmit.com](http://www.tipsubmit.com). You do not have to reveal your identity to Crime Stoppers and if your information leads to an arrest, the recovery of stolen property and/or the seizure of illicit drugs you may be eligible for a cash reward.

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# NOVEMBER IS DIABETES MONTH: HOW TO LOWER YOUR RISK

Submitted by **Alberta Health Services**

Diabetes is a large and growing health problem for Albertans. In 2015, the estimated number of Albertans living with diabetes (type 1 and type 2) is 288,000. November marks diabetes month and an opportunity to raise awareness of this disease and educate Albertans on what they can do to protect their health.

Did you know your lifestyle can raise or lower your risk for type 2 diabetes? Here are some healthy lifestyle habits to help lower your risk.

- **Manage your weight:** If you carry extra weight, reducing your weight by 5-10 per cent will lower your risk for type 2 diabetes by half. For example, a person who weighs 220 pounds (100 kg) should try to lose 11-22 pounds (5-10 kg). If you would like help with weight loss, ask your doctor to refer you to a dietitian.

- **Be active:** Aim to be active for at least 30 minutes, 5-7 days each week. Try activities that make your heart beat faster like brisk walking, swimming, cross country skiing, sports, or running. You should breathe faster but still be able to talk.

- **Follow Canada's Food Guide:** Enjoy the suggested servings from each of the four food groups for your age and gender. To see the guide, visit [www.health-canada.gc.ca/foodguide](http://www.health-canada.gc.ca/foodguide). Eat three meals every day. Spreading your food over the day helps control your blood sugar. At each meal, choose three or four food groups and fill half your plate with vegetables and fruit. Include snacks if they help you eat smaller portions at your next meal. Other healthy eating strategies to help reduce risk include:

- **Eat more fibre:** If your blood sugars are higher than normal, fibre helps manage them by slowing the movement of sugar from food into your blood. Read

the Nutrition Facts table on food packages to find foods higher in fibre. Whole grain foods, vegetables and fruit, and cooked peas, beans, and lentils have fibre.

**Eat small amounts of healthy fats:** Things like olive and canola oils, avocado, nuts and fish have healthy fats. Cut down on saturated and trans fats found in animal products like cheese, butter, red meats and poultry skin.

**Limit foods with added sugars:** If your blood sugar is already higher than normal, sweet foods and added sugar in foods quickly raise blood sugar. Drink water instead of juice or sweet drinks with added sugar. Limit sugar, jam, honey, desserts, candy, syrups, and sweet sauces.

**Take action to help prevent diabetes,** talk to your doctor about your risk, and make healthy lifestyle changes one at a time

**Know your risk for developing diabetes @** <http://www.diabetes.ca/about-diabetes/take-the-test>

**Darwell Farmers' "CHRISTMAS" Markets**

**December 4<sup>th</sup>, 2016**  
from 11:00 am – 3:00 pm

Baking, Jewellery, Knitting/sewing, Crafts, Stocking Stuffers, Much more, Commercial.

For Vendor info – (587) 785-1175 – Weather permitting.

**JOKE OF THE WEEK**

Once an old man and woman went to a restaurant and ordered two sandwiches. The waiter brought the sandwiches and the old man started to eat but the woman was only staring at the food. The waiter noticed this and went to see what the problem was. The old woman said nothing and just stared at him but the old man interrupted and said, "The sandwich is delicious, but she can't eat because I am using her teeth."

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## NOTICE TO CREDITORS AND CLAIMANTS

Estate of  
Russell  
Van Den  
Bussche  
of Alberta Beach  
who died on  
Nov 21, 2016.

You have 30 days  
from Nov 29, 2016  
to provide details  
of any claim.

**924-3387**

### Submitted by Stony Plain/ Spruce Grove RCMP

Occurrences for the week of  
14 November to 20 November,  
2016.

Total Calls for Service Spruce  
Grove/Stony Plain/Enoch De-  
tachment: 456

Total Calls for Service for the  
Victim Service Unit: 28

Individuals Charged (all of-  
fences not including Impaired):  
31

Person Crimes: 56

Property Crimes: 57

Impaired Driving Complaints  
reported: 10

Impaired Driving Charges  
Laid: 1

Roadside Suspensions: 1

Motor Vehicle Collisions At-



## RCMP BEATS

tended: 53

Property Crimes:

Spruce Grove

1. November 18 – Area of  
Collingwood Avenue – Theft  
from Vehicle, tools stolen

2. November 19 – Area of  
Spruce Ridge Road – Theft of  
Vehicle, 2000 white Ford Econo  
Van

Stony Plain

3. November 20 – Area of  
Brookview Place – Theft from  
Vehicle, 42 inch light bar stolen  
Rural

4. November 15 – Area of 47  
Avenue and 50 Street, Onoway  
– Theft from Vehicle, CD's and  
cigarettes stolen

5. November 16 – Area of  
Township Road 544 and Range  
Road 13 – Theft of Vehicle, 1988  
white Ford Cutaway motorhome

6. November 18 – Area of  
Township Road 533 and Hwy  
44 – Break and Enter to Garage,  
electric bike stolen

7. November 20 – Area of  
Range Road 31 and Hwy 16 –  
Theft from Vehicle, cash and

cigarettes stolen

8. November 20 – Area of  
Lapotac Boulevard, Enoch –  
Theft from Vehicle, camera,  
binoculars, laser range finder,  
flashlight stolen

Stony Plain/Spruce Grove  
RCMP remind you not to make  
it easy for thieves. Never send  
your password, etc in response  
to a "bank/credit card" e-mail.  
These institutions will never ask  
for this type of information via  
an e-mail.

The Spruce Grove / Stony  
Plain Drug Section Informa-  
tion Tip Line is 780-968-7212.  
Anyone with drug information  
is asked to call and leave a mes-  
sage.

If you have information re-  
garding any of these crimes,  
or any other crime, please call  
the RCMP At 780-962-2222 or  
780-968-7267. You can also  
call Crime Stoppers at 1-800-  
222-8477 or text the keyword  
TIP205 (TIP250 for Edmonton  
Metro) & your Tip to CRIMES  
(274637)

### LAND FOR SALE BY TENDER BID

NE21-56-1W5 (160 Acres) and

NW21-56-1W5 (160 Acres)

(COUNTY OF BARRHEAD NO. 11)

Deadline for Tenders: December 16, 2016

Proposed Closing Date for Sale: January 20, 2017

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Gregory J. Properzi Email: greg@properzitim.com

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**Lac Ste. Anne Community Choir  
Presents the Sounds of Christmas**

**December 7<sup>th</sup>, 2016 at 7:00 P.M.**  
Zion United Church (15 Paradise Estates)  
Admission is through a free will offering.

**December 10<sup>th</sup>, 2016 at 7:00 P.M.**  
Lac Ste. Anne Catholic Mission  
Admission is through a free will offering.

**December 16<sup>th</sup>, 2016 at 7:00 P.M.**  
Immanuel Lutheran Church of Rosenthal  
(52401 - Range Road 13) A joint concert with  
the Joe Saumer Big Band Tickets: \$15 each  
(under 18: free), available from members of the  
Lac Ste. Anne Community Choir and the  
Joe Saumer Big Band, and at the door.

# CONSTRUCTION ON THE RIVER EROSION CONTROL PROJECT WRAPS UP FOR THE SEASON

Submitted by Tara Gallant

Construction on the River Erosion Control Project has come to a close for this year, and work will resume in the spring of 2017.

The project, which has been in the works since 2013, involves the construction of ten erosion control spurs (rock structures) to control and reduce erosion on the south bank of the Athabasca River from Riverboat Park to the Whitecourt Golf & Country Club. The Athabasca River bank has eroded over 30 metres south in places during the last five years, putting parts of Town and privately owned land at risk. The project will protect further erosion of the south banks in the areas of Riverboat Park, Millar Western Forest Products, Rotary Park and the Whitecourt Golf & Country Club. Kana Oilfield Services started construction in July 2016 and completed the water work up to the end of 47th Street in mid-September.

- All spurs up to the golf course are functional.

- The snowmobile trail north of the Millar Western mill site has been restored.

- All walking trails in the Rotary Park/47th Street area have been re-opened to the public.

The project is valued at \$6 million, and is a partnership project between the Town of Whitecourt, Millar Western Forest Products, the provincial and federal governments.

"This project has been in the works for several years, and over the last few months we have seen tremendous progress," noted Whitecourt Mayor Maryann Chichak. "Thank you to our partners for their commitment to helping safeguard our community."

Applications for next year's work have already been submitted to the Department of Fisheries and Oceans Canada, and

work will resume in the spring of 2017 once approvals have been granted by the federal government.

- Work next year, which has been awarded to Kana Oilfield Services, will include completion of the tenth spur located by the golf course.

- The Town will incorporate the spurs into the existing trail system in the area through the

development of observation decks on three of the spurs, and the installation of lighting and other landscape work along portions of Riverside Trail.

- The parking lot at the north end of 47th Street will also be completed.

"The changes will provide new areas of interest to residents," added Peter Yackulic, Project Manager. "This project has giv-

en the municipality the opportunity to improve public access to the river while addressing some of the hazards of developing in the river valley."

The Town of Whitecourt will continue to monitor the environmental impacts over the next several years, and habitat enhancements, with logs, woody debris and willow planting, will be completed in 2017.

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# Mayerthorpe Christmas Lite Up

FRIDAY, DECEMBER 2<sup>ND</sup>, 2016

## Parade Judging (6:15)

*Organized by The Kinette Club*

Theme: Old Fashioned Christmas

Big Truck Parking Lot (West of UFA Petroleum)

**PARADE STARTS 6:30PM**

## Free Photo's With Santa

*Organized by Grad Class 2017*

*sponsored by Four Seasons Open Market*

Diamond Centre

**4:00 - 6:00PM | 7:00 - 8:30PM**

Photo Pick up to be announced  
on December 12, 2016

## Bon Fire & Christmas Music

*Organized by Hendrickson Black*

*sponsored by K & K Wood Products*

Main Street **7:00 - 9:00PM**

## Lil Orbits Mini Donuts

Main Street **5:00 - 9:00PM**

## CLOWN: (Joey Maddison)

**Onerednoseandtenhappytoes**

*sponsored by The Lite Up Committee*

Main Street **6:30 - 8:30PM**

## Four Seasons Open Market

Diamond Centre **4:00 - 9:00PM**

## Mission Impossible Obstacle Course - All Ages 4:00 - 6:00PM

Mayerthorpe High School

"Foodbank Donation Appreciated"

## Lite-Up Cash Draw

*Organized by Alberta Treasury Branch (Staff)*

**8:30PM @ Bon Fire**

## 4 Christmas Dinner Turkeys Draw

*Donated by the Mayerthorpe Co-op*

Draw Box at - Petal Plus

Enter as often as you wish

**Enter: 10:00AM - 8:15PM**

**Draw: 8:30PM @ Bon Fire**

## Free Face Painting by Jacquie Paul & Friends

*sponsored by Co-operators, Burger Baron, White's Tire Service, Lariat Restaurant & Pizzanapoli*

Diamond Centre **4:30 - 8:30PM**

## FREE Flashing Batons for Kids

*Organized by Classic Cuts*

*sponsored by Your Dollar Store with  
More, Emil & Dawn Paquette Barrhead*

Main Street **6:30PM**

## FREE Hot Chocolate

TD Canada Trust

**6:00PM - 8:30PM**

## FREE Hayrides

*Supplied by Wally Andrusiak*

*sponsored by Park Memorial Funeral Home*

Pick up on Main Street

by the Christmas Tree

**6:30 - 8:30PM**

## FREE Skating

Arena - Exhibition Centre

**8:00 - 10:00PM**

**\$2.00 Shoot the Puck** for a chance to win a BIG  
prize! **All Month** at Grigg Insurance Brokers



# Mayerthorpe Christmas Lite Up

FRIDAY, DECEMBER 2<sup>ND</sup>, 2016

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# STONY PLAIN/SPRUCE GROVE/ENOCH RCMP REPORTS

## Submitted by Stony Plain/ Spruce Grove/Enoch RCMP

Fatal Motor Vehicle Collision With A Pedestrian: 2016-1510380 - Stony Plain, Alberta - On Sunday, November 14, 2015 at approximately 4:00 PM the Stony Plain/Spruce Grove/Enoch RCMP responded to a complaint of a motor vehicle collision with a pedestrian. It appears that a motorist, in a grey 2010 Nissan Altima was driving in the parking lot of the Stony Plain Co-op grocery store parking lot at 4917 - 50th Avenue

when he failed to noticed the pedestrian and he was struck. The victim, a 75 year old male suffered serious injuries. He was taken to the U of A Hospital, in serious condition by Star Air Ambulance and later succumbed to his injuries. The 22 year driver did not suffered any injuries. The collision is still under investigation.

Seeking Public's Assistance In Break And Enter To Gas Station & Theft Of ATM: 2016-1415659 - Stony Plain, Alberta - On October 25, 2016 the Stony Plain / Spruce Grove/ Enoch RCMP were dis-

patched to a break and Enter and theft of a cash register and ATM machine at the Fast Gas located on the corner of 48 street and 50 street in Stony Plain, Alberta. It is believed that the suspects gained access to the building between midnight and four AM.

Police are asking that anyone with knowledge of any of these incidents contact the Stony Plain RCMP at 780-968-7200. If you want to remain anonymous, you can contact crime stoppers by phone at 1-800-222-8477 (TIPS), by internet at [www.tipsubmit.com](http://www.tipsubmit.com).

com, or by SMS ([www.crimestoppers.ab.ca](http://www.crimestoppers.ab.ca) for instructions). You do not have to reveal your identity to Crime Stoppers, and if you provide information to Crime Stoppers that leads to an arrest, the recovery of stolen property, and/or the seizure of illicit drugs, you may be eligible for a cash reward. Crime Stoppers does not subscribe to call display and the identity of the caller will remain anonymous.

# RAIL SAFETY IMPROVEMENT PROGRAM

## Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Parliament for Yellowhead, is pleased to inform residents of the Rail Safety Improvement Program (RSIP) through Transport Canada. This program provides grant and contribution funding to improve rail safety and reduce injuries and

fatalities related to rail transportation.

Provinces, municipalities and other local authorities will be able to request funding for projects, with construction to begin in 2017. Projects eligible for funding include the installation of flashing lights and bells at railway crossings, the construction of full pedestrian overpasses, and pub-

lic-education campaigns.

There are two components:

- The Infrastructure, Technology and Research (ITR) Component funds projects that address the immediate rail safety needs of communities. The deadline for the ITR component is December 23, 2016.

- The Public Education and Awareness (E&A) Component funds public education projects

aimed at reducing railway-grade crossing collisions and trespassing incidents on railway property, particularly in high-risk areas. The deadline for the E&A component is January 31, 2017.

Information on the application process can be found at [www.tc.gc.ca/eng/rail-safety-improvement-program.html](http://www.tc.gc.ca/eng/rail-safety-improvement-program.html)



*Learn about the many ways the Ag. Society contributes to YOUR community, and how you can get involved.*

Please join the Alberta Beach & District Agricultural Society on **Thursday, December 8, 2016 at 7 p.m.** for the **Annual General Meeting.** Regular meeting to follow.

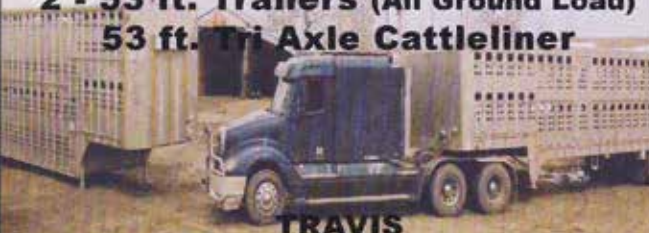
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# COUNTERFEIT MONEY CIRCULATING IN ST. ALBERT

**Submitted by St. Albert  
RCMP**

St. Albert, Alberta - St. Albert RCMP are warning the community of counterfeit bank notes (money) being circulated to various businesses in St. Albert. RCMP advise since November 9th, 2016 they have received six reports of counterfeit bills, of those five were \$100.00 bills and the sixth was a \$20.00 bill.

According to the Prevention of Theft and Frauds for Business People Bank note security

features are a quick and reliable method to look for to indicate if a bill is either real, or a fake. Features such as the holographic stripe, watermark portrait, iridescent maple leaves to name just a few.

Should a business receive a counterfeit note, stop the transaction and request another note and if possible keep the suspected counterfeit. Do not however,

compromise your safety for the sake of keeping the bank note. Contact the police. Record the details of how you received the note such as time, number of notes, denominations, context and descriptors of who gave you the note.

For further information, go to [www.prevention-commerce.com](http://www.prevention-commerce.com)

If you have information about

these incidents, please call the St. Albert R.C.M.P. at 780-458-7700 or call your local police. If you want to remain anonymous you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS), by Internet at [www.tip-submit.com](http://www.tip-submit.com) or by SMS (check your local Crime Stoppers [www.crimestoppers.ab.ca](http://www.crimestoppers.ab.ca) for instructions).

## ZION UNITED CHURCH NEWS

**Submitted by Betty Milne**

A big "Thank You" to all who shared our Fall Supper, Silent Auction and evening of visiting. It is always great to see our loyal supporters and to welcome new faces to our tables. We look forward to seeing you again.

Wed. Dec 7th the Lac Ste Anne community choir will be presenting their new Christmas music at Zion. This is a wonderful group of near 60 singers who have a love of music and the talent and leadership to bring an unforgettable evening of music, be sure to include this evening in your pre-Christmas calendar, you will be pleased you did! Concert at 7:00 p.m. followed by refreshments and friendship. A Freewill offering is the admission.

Our Christmas Eve Service is at 7:00 p.m. on Dec. 24th, we'd love to share this time with you. May you all enjoy the Blessings of the Season with family and friends and Happy New Year to everyone.

Thank you, the papers, for this service and may you have a wonderful holiday season and prosperous New Year.

# Influenza is serious. Immunization works. Get Immunized.

Alberta's influenza immunization program is ongoing.  
Influenza immunization is offered, free of charge, to all Albertans  
six months of age and older.

### Upcoming Immunization Clinics in Your Area

DATE:	TIME:	LOCATION:
Friday, December 2	9 a.m. - 12 p.m.	Onoway Community Health Services 4919 Lac Ste An Trail, Onoway
Monday, December 5	1 p.m. - 4 p.m.	
Monday, December 12	9 a.m. - 12 p.m.	
Wednesday, November 30	9 a.m. - 4:30 p.m.	Barrhead Community Health Services, 6203 49 Street, Barrhead
Tuesday, November 29	1 p.m. - 7 p.m.	Mayerthorpe Diamond Centre 4814 54 Street, Mayerthorpe

Please bring Alberta Health Care Card. Short sleeves recommended.

Influenza Immunization: Cut Albertans' risk for influenza in half last season.

[ahs.ca/influenza](http://ahs.ca/influenza) | Call 811

Alberta Government

Alberta Health  
Services

# CARFENTANIL DETECTED IN TWO DEATHS IN ALBERTA

**Submitted by Government of Alberta**

Alberta's Chief Medical Officer of Health is alerting the public, as well as health and law-enforcement officials, that the illicit opioid carfentanil has been confirmed by the Chief Medical Examiner in two recent deaths.

"Albertans need to know that the drug carfentanil has made its way into our province and that it is an extremely dangerous and deadly opioid. The smallest trace of carfentanil can be lethal and Albertans should be aware of the life-threatening dan-

gers in using this drug." - Dr. Karen Grimsrud, Chief Medical Officer of Health

Earlier this week, the Chief Medical Examiner notified the Chief Medical Officer of Health that carfentanil was detected in the deaths of two men in their 30s. One of the deaths occurred in the Edmonton area, the other in Calgary. Until very recently, toxicology tests could not confirm the existence of carfentanil in human blood due to the very low level of the drug being deadly.

"To my knowledge, there are very few laboratories in North America

that are able to measure carfentanil in human blood. Alberta's Office of the Chief Medical Examiner is believed to be the first toxicology laboratory in Canada to positively identify carfentanil in human blood. The discovery of this dangerous drug is concerning to us, and we will continue to work closely with our health partners, as part of sharing information and raising awareness of opioids." - Dr. Elizabeth Brooks-Lim, Acting Chief Medical Examiner

"We are already in the eye of a deadly storm in fighting the horrific impacts of fentanyl in our communities. We are now even more chal-

lenged by the arrival of carfentanil on our streets. The primary role of the Alberta RCMP is to stop the flow of these substances and the criminal activities that support them. We will work together with our partners to weather this storm." - Deputy Commissioner Marianne Ryan, Commanding Officer, RCMP in Alberta

Carfentanil is an opioid drug licensed for use with large animals, but not for humans. Carfentanil is 100 times more toxic than fentanyl. An amount as small as a grain of sand could be lethal.

## CANADA 150 COMMEMORATIVE MEDAL

**Submitted by Jim Egliniski, MP – Yellowhead**

Jim Egliniski, Member of Parliament for Yellowhead, is disappointed to hear of the Liberal government's decision not to issue a commemorative medal to mark the

150th anniversary of Confederation.

"Canada has had a long history of issuing medals to commemorate the Confederation of Canada and recognize deserving Canadians across the country. Commemorative medals are awarded to deserving Canadians who have demonstrated significant

contributions to Canada, their community, or to their fellow Canadians," stated MP Egliniski.

An e-petition and paper petition has been launched calling on the Government to reverse their decision and issue a commemorative medal for the 150th anniversary of

Confederation.

"I encourage you to sign the petition to show your support for this established Canadian tradition and the importance of recognizing the achievements and contributions of Canadians," concluded MP Egliniski.

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# GREETINGS FROM THE ONOWAY LEGION

**Submitted by Lorinda McCool**

Thanks to our sponsors Ron and Diana May the hungry Friday night supper customers enjoyed the very delicious Cedar Planked Pork. While Lorne Olsvik barbequed the roasts Bob C., Jay K., Marcelle J., Pat T., Mary R. and new volunteer Lynn Ferland prepared and served the rest of the meal. Guide leader Christine Peck along with Maygan Peck, Reanne Hannah and Jamie Hannah performed clean up chores allowing the tired regular volun-

teers a bit of a rest. We greatly appreciate the time and efforts of the Guides and Scouts when they are able to help out at our Friday night meals and our customers enjoy the interaction with these young and eager volunteers. New volunteer Terry Sauve worked with Louise B. at the bar and George J. sold the draw tickets until Scott S. was able to take over. Betty Forfylaw won the free meal voucher, Wade Neilson the meat draw and Lisa Johnson took home her portion of the 50/50 draw. Congratulations to the winners and thank you again

to our sponsors and all of our volunteers for the continuing success of the Friday night suppers.

Clint Waddell is the guest cook on December 2nd and will be preparing selections from his "Clint's Country Cooking" cookbook. His book is for sale at the Legion and a portion of the proceeds are being donated toward the building renovations. Bidding will open on the Onoway Heritage Trail silent auction @ 2:00 pm and begin closing @ 7:00 pm after the meal and regular draws have been held. Please contact Pat St. Hilaré @ 780-967-

5050 if you are able to donate any items for the auction.

Good luck to Peter Menzel who will be representing the Onoway Legion at the Alberta/NWT Command 8-Ball Pool Singles at Coalhurst on January 13th - 14th, 2017 after placing second at the District 8 tournament held in Drayton Valley on November 12th.

Three Onoway teams competed in the District 8 Legion Darts hosted by Jasper Place and although no team placed well enough to go forward, the Onoway Legion was very well represented. Play downs for the Area "A" Senior's Mixed Darts were held on November 22nd with three teams competing for ranking in the mini round robin. Rick Potter's team, Bob Clark's team and Scott Sadler's team will be competing in the Area "A" Senior's Mixed Dart tournament hosted by Devon on December 3rd.

Raffle tickets for the signed history book of the Edmonton Eskimo are now available at the Legion and will be sold until the draw on December 16th.

## UPCOMING EVENTS:

December 2 - Friday Night Supper and Onoway Heritage Trail Silent Auction - Featuring selections from "Clint's Country Cooking" and guest cook Clint Waddell

December 5 - General Meeting - Begins @ 7:00 pm

December 6 - Tuesday Night Drop-In Darts - Registration from 6:45 to 7:15 pm. Play @ 7:30 pm

December 7 - Wednesday Night Drop-In Pool - Registration @ 7:00. Play @ 7:30

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals, Bob Clark @ 780-967-3640 to reserve your plate for the Friday Night Supper, for meal inquiries/suggestions or to volunteer in the kitchen, Cheryl Sadler @ 780-967-4146 for membership, Neil Gorman @ 780-960-4160 for sports and Lorinda McCool @ 780-967-3640 to place information in the Legion newsletter. See you at the Onoway Legion and have a great week!

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## Hall Rentals

Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Heritage Centre, We now have air conditioning! Space Available! Call Shirley at: (780) 924-3272 or Shawna at: (587) 879-5450

Bright Bank Hall, 780-963-6835

Cherhill Legion, Mary 780-284-1703.

Cherhill Community, Taryn 305-9022

Darwell Hall, 780-721-2690

Darwell Seniors, 892-2457

Glenevis Hall, 785-4144 or 721-6188

Gunn Hall (G.A.R.S.) 780-967-2215

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Hall, 892-2998.

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Legion, 967-4980

Onoway Museum Gym classroom, 967-5263 or 967-1015

Park Court Community Hall, 727-4476

Parkland Village, 960-5556

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-3221 or 785-3118

Stettin Nakumun Comm. Hall, 967-9198

## In Memoriam

James M Gordon Mar 12, 1934 - Nov 19, 2013 There is your photo on the wall, I know your not there at all, but memories are there which we did share. I love you so, where does the time go? I often look at your photo on the wall, your smile is there. I say your name no answer at all, but I know our love is always there and that you always cared. Now you have no pain I know, I feel you around and love you so! Always in my thoughts and lovingly remembered by your wife Phyllis



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**Entries must be recieved by December 16, 2016.**

**Mail to: Santa Clause c/o Community Voice  
Box 3595 Spruce Grove, AB T7X 3A8**



# Classified Ads - Call 962-9228

## Obituaries

### Reuben Milton Holman (WWII Veteran)



HOLMAN, Reuben Milton  
Oct 12, 1923 – Nov 24, 2016  
We announce the passing of Reuben Milton Holman on Nov 24, 2016, with family at his side. Memories of Reuben will be celebrated and cherished by his wife, Rose; daughters, Melanie (Rick) Higgins of Barrhead, Jamie Holman of Edmonton, Shelly Holman of Edmonton, Liz (Randy) Stamp of Calgary; son, Craig (Cathy) Holman of Barrhead; daughter-in-law, Jane Holman of Onoway; grandchildren, Kelly, Clint, Kim, Greg, Brad, Aimee,

Brendon, Sheldon, McKenzie, Arthur, Chenelle, Brian, Morgan, Benton, Leah, Liam, Mariah, and Calum; 26 great grandchildren; numerous extended family and friends. Reuben was predeceased by his daughters, Bonnie and Beverly; sons, Gregory and Morley (Jane); and grandson Jarret. A Funeral Service will be held on Saturday, December 03, 2016 at 12:00 p.m. at the Church of Jesus Christ of Latter-Day Saints, 17416 115 St NW, Edmonton, Alberta with interment to follow in Leduc.

Van Den Bussche Russell  
March 7th 1951 - November 21st 2016. With great sadness, Russell at age 65 passed away in the comfort of his home surrounded by his wife, daughter, and some family members. Russell is survived by his wife Sheila (Heron) of 44 years; two children Jason (Teresa) Van Den Bussche and Cheryl Van Den Bussche (Mike) of Leduc; grandson Kaleb, 2 step grandsons, and 3 step great grandchildren, all of Edmonton; His older brother Robert (Margaret), Neil (Heather) Gordon (Deb) Edith (Leo); Numerous nieces, nephews, and cousins, and some very good friends..

## Lost & Found

Ring found at Hillcrest Transfer Station on Nov/20. Describe it to claim it. Call John at (780) 616-3139

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Firewood For Sale: Birch, Spruce & Poplar. Dry & Split, No Delivery. Call 780-967-5179

Firewood For Sale: Birch, Spruce, Pine, Poplar. 1 year old, well seasoned, cords and 1/2 cords, 1.0, 1.5 cft bundles. Pick up or Delivery. Woodchuck Firewood, 780-288-7247 email: woodchuckwood@hotmail.ca

## Vehicles

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## Miscellaneous

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 <b>158+ Acres With a Lake View and Next to Crown Land Has a Great Family Home With an Open Floor Plan, a Large Country Kitchen, a Spacious Living Room, a Huge Rec Room, 3 Bedrooms &amp; 2 Baths. Extras Are a Large Shop, 4 Outbuildings, Corrals, Fencing, &amp; an Abundance of Wildlife! \$479,900</b>	 <b>Fantastic 4 Bedroom Family Home With a Finished Basement on a Double Lot! Features Include a Large Country Kitchen, a Bright Living Room, 2 Baths, a Huge Rec Room, a Covered Patio &amp; a Double Garage With Power! \$199,900</b>	 <b>Incredibly Priced Updated Home on a Fenced Lot Features a Large Country Kitchen, an Attractive Living Room, 3 Bedrooms, a 4 Piece Bath, 2 Decks, a Storage Shed &amp; Close to Schools! \$89,900</b>
 <b>This Attractive 1217 sq ft Home Features a Huge Country Kitchen, a Bright Living Room, 3 Bedrooms, &amp; 2 Baths. Extras Include a Newer Deck, Great Landscaping, a Garden Spot, 2 Sheds &amp; Fenced Yard \$169,900</b>	 <b>Great 5 Bedroom Family Home With a Finished Basement Features an Open Kitchen, a Bright Living Room, Two 4 Piece Baths, a Family Room, a Front and Back Deck, Fenced, a Garage, and Close to Schools! \$235,500</b>	 <b>Newly Updated 3 Bedroom Home With a Full Basement Nestled in the Trees on 11 Acres Shows a "10". Extras Include an Attached Garage, Huge deck, Firepit Area, Small Barn, and Some Game Fencing! \$358,900</b>
 <b>Great Find! This Updated 3 Bedroom Home With a Sunroom and a Full Basement! \$109,900</b>	 <b>Large Lot Located in The New Subdivision in Evansburg! \$28,500</b>	 <b>1 of 2 Treed Lake Lots! \$24,500</b>
 <b>This Great 3 Bedroom Family Home on 13 Acres Has a Large Country Kitchen, a Bright &amp; Open Living Room With a Fireplace, 3 Bedrooms, 2-4 pce Baths &amp; a Huge Deck. Also There is a Gorgeous Yard and a Storage Shed! \$229,900</b>	 <b>Beautiful Home on 1.44 Acres Right in Town Has 5 Spacious Bedrooms, 4 Bathrooms, a Huge Oak Kitchen, a Separate Dining Area, a Den/Office, a Living Room Complete With a Fireplace, a Rec Room, an Attached Garage, 2 Covered Decks, and a Paved Driveway. Also Included is an Older 2 Storey Home and a Garage! \$375,000</b>	 <b>Country Charm at its Best! This Attractive 1517 sq ft Home Has 4 Bedrooms, an Updated Bright Kitchen &amp; Dining Area, Spacious Living Room, Huge Rec Room, 2 Baths, Cold Room &amp; a Workshop. Extras are Double Car Garage &amp; Rv Parking. \$339,900</b>
 <b>Commercial Building in Entwistle With Residence on a Double Lot is Perfect For Your Own Antique Store or Other Retail Business! \$279,900</b>		



# Church Directory

## Rich Valley Community Church

Sunday School  
10:00 a.m.  
Worship Service  
11:00 a.m.

## Catholic Parish of Lac Ste. Anne

Sunday  
10:00 a.m.

## St. John's Anglican Church

Onoway  
Sunday Service  
10:00 a.m.  
*Everyone Welcome*

## Mayerthorpe Baptist Church

Worship Service  
Sunday 10:30 a.m.  
Children's Church  
10:30 a.m.  
4606-54 St. Mayerthorpe  
(780) 786-2677

## St. John's Lutheran Church

Alberta Beach  
Sunday Service  
11:00 a.m.  
Sunday School

## Zion United Church

Sunday Service  
10:00 a.m.  
Sunday School  
Serving Alberta Beach,  
Wabamun, Darwell &  
Lake Isle, Onoway & Area  
(780) 924-3351

## St. Joseph's Catholic Church

Sunday Mass  
11:30 a.m.  
Wabamun, AB

## Sangudo St Mary the Virgin Anglican Church

Sunday Services:  
2nd & 4th Sunday  
Holy Communion  
11:00 a.m.

## Sangudo United Church

Sunday Services  
1st and 3rd Sun.  
of each month  
Worship Service  
11:00 a.m.

## Trinity Lutheran Church (LC-C)

*"The Church of the Lutheran Hour" - Rockfort Bridge*  
Pastor Dan Hansard  
Church (780) 778-2055  
Sunday Worship  
9:00 a.m.  
Senior's Service & Cottage Bible Study - Phone for locations

## Mayerthorpe Pentecostal Assembly

P.A.O.C. Rev.  
Arnold Lothoiz  
Sunday 10:30 a.m.  
Morning Service  
Tuesday 7:30 p.m.  
Ministry Training  
(780) 786-2424

## St. Michael Lutheran Church

Sunday Services  
1<sup>st</sup> & 3<sup>rd</sup> Sunday  
at 2:30 p.m.  
Rev. Horst Gutsche  
(780) 674-3944  
Mystery Lake

## Onoway Baptist Church

Sunday Service  
10:00 a.m.  
Youth Group  
Friday 7:00 p.m.  
(780) 967-2266

## Mayerthorpe United Church

Mayerthorpe: Rev.  
Alwin Maben  
Sunday Worship 9:30 a.m.  
to be held at the Peter  
Trynchy Community Center  
at Pleasant View Lodge  
Until Further Notice  
PH: (780) 786-2134

## Alberta Beach Alliance Church

Sunday Worship  
Service & Kid's  
Church 11:00 a.m.

Sunday School  
10:00 a.m.  
(780) 924-3282

## Cherhill Community Church

Sunday School  
10:00 a.m. - 11:00 a.m.

Worship Service  
Sunday 11:00 a.m.

## Roman Catholic Church

St. Agnes' Parish, Mayerthorpe  
Sunday 9:00 a.m.  
St. Elizabeth Parish, Evansburg  
Saturday 7:00 p.m.

(780) 786-2032

## Calahoo Alliance Church

Family Worship  
Service Sunday  
10:00 a.m.

For Info Call Jerry  
(780) 974-7734

## Rock Victory Church Worship Celebration

Sunday Worship w/  
Children's Ministry  
10:00 a.m.

Wednesday Prayer &  
Bible Study 6:00 p.m.



# COMMUNITY EVENTS 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

If you are a **LICENSED, NON-PROFIT ORGANIZATION**, you are welcome to submit your announcement **FREE** of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

**DEC 3 - SANGUDO COMMUNITY HALL JAMBOREE** starts at 7pm. Late lunch served. Everybody welcome. Info call 785-4105.

**DEC 4 - DARWELL FARMERS' "CHRISTMAS" MARKETS**, 11am-3pm. Baking, Jewellery, Knitting/sewing, Crafts, Stocking Stuffers, Much more, Commercial. For Vendor info - (587) 785-1175.

**DEC 10 - CHRISTMAS PARTY** at Gunn Hall. Santa is bringing gifts for the children! Contact 780-951-9452 for tickets & more info.

**ENDS DEC 31 - PARKLAND POTTERS GUILD/CROOKED POT GALLERY: WINTER WONDERLAND EVENT** 4012-51 Avenue in Stony Plain, Alberta and is open Tuesday-Saturday 10 a.m. to 5 p.m.

## FARMERS MARKETS

**ALBERTA BEACH:** Open Every Sunday, May - Oct, 12-3pm. Contact Joanne 780-690-6392  
**BARRHEAD:** Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802

**ONOWAY FARMERS' MARKET** presented by the Onoway & District Ag Society, Fridays 4pm-8pm at the Community Hall. Starts May 1<sup>st</sup>. Janice (780) 667-6327. onowayfarmersmarket@gmail.com. New vendors welcome!

**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30, tables (780)240-5821

**STONY PLAIN:** Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.

**WESTLOCK:** 11-3pm, Bargain Shop Mall, Dave 780-954-2437

**WHITECOURT:** Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

## BINGO

**BARRHEAD ROYAL CANADIAN LEGION:** Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

**CHERRILL BINGO:** Tuesdays at Cherrill Community Association. Doors Open at 6:30pm, Games at 7pm.

**CHERRILL LEGION:** First Sunday of Month. Doors Open 12:00 Noon

**MAYERTHORPE ROYAL CANADIAN LEGION:** Tues, doors 6:30pm, bingo 7:30pm

**RICH VALLEY COMMUNITY HALL BINGO:** 7:30pm. Loonie Pots. Next bingos November 2, 16 & 30, December 14 & 28.

**STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

## JAMBOREES

**CALMAR:** Wilton Park Community Hall, Every 4<sup>th</sup> Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.

**CHIP LAKE:** Ravine Comm Hall, 1<sup>st</sup> Sat 325-2119 or 325-2391

**SANGUDO:** Sangudo Community Hall, 1<sup>st</sup> Sat of month 7pm, Oct-May. Everyone welcome. 785-4105.

**SPRUCE GROVE:** at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5pm, Sept - June. Info Florence 780-962-3104 Margaret 780-962-3051

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of the month @ 7pm, Cost \$2. Everybody Welcome. Contact 587-989-7214 or 963-7920.

**THE ABBOTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3<sup>rd</sup> Friday of each month @ 7pm. PH: 780-918-8545, Admission is Donations Only.

## MEAT DRAWS

**Alberta Beach Museum:** Every Sat 4pm, Alberta Beach Hotel

**Alberta Beach:** 4pm, Every Sun. Jungles Bar & Grill

**Barrhead Royal Canadian Legion:** every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.

**Darwell:** Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant

**Onoway Royal Canadian Legion:** every Fri Ph. 780-967-5361

**Stony Plain Royal Canadian Legion Br# 256:** Every Saturday @ 3pm. Meat Draw & 50/50.

**Whitecourt Legion:** Every Sat, 4pm. Located downtown behind the CIBC.

## SOCIAL EVENTS

**50+ YOUNG AT HEART LUNCHEON** for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3<sup>rd</sup> Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.

**ALBERTA BEACH & DISTRICT ACTIVE 50+ Club** activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).

**BADMINTON:** Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

**BARRHEAD PHOTO CLUB:** 1<sup>st</sup> & 3<sup>rd</sup> Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663

**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2<sup>nd</sup> Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.

**JR. SCRAPBOOKING** Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

**LAC STE ANNE COMMUNITY CHOIR,** Accepting new members for all voice ranges. Men & women 18 yrs & over. Weekly practice Wednesdays at Alberta Beach Heritage Center from 7-9pm. For info call Eunice @ 780-618-7865.

**ONOWAY GOLDEN CLUB:** Cards Tuesdays, 1:00PM. Exercise Fridays, 10:00AM. 1<sup>st</sup> Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.

**ONOWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel. Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.

**ONOWAY MUSEUM:** Gym & classroom 780-967-1015 or 780 - 967- 5263

**ONOWAY ROYAL CANADIAN LEGION** open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)

**PANCAKE/BREAKFAST SOCIAL:** Parkland Village Community Centre - 3<sup>rd</sup> Sunday (except June, July, August) 9-11:30am

**RIVER TALKERS TOAST MASTERS CLUB,** every thursday from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Lorraine 286-5040.

**SANGUDO ART GROUP:** Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.

**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St. Stony Plain). 2<sup>nd</sup>

Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032  
**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St. Stony Plain). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032

**SQUARE DANCE LESSONS:** Thursdays 7-9pm. Starts Sept 29<sup>th</sup> to Dec 15<sup>th</sup>, 2016. Broxton Park School, Spruce Grove. 10 Weeks - \$80/adult. 780-999-9482 or i.squardance2016@gmail.com

**WRITERS PROGRAM:** Mayerthorpe Library, 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1pm.

**VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP):** Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@lsac.ca

## MEETINGS

**1ST ONOWAY SCOUTS:** Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

**3053 ROYAL CANADIAN ARMY CADETS,** Onoway Historical Centre, Wed, 6:45pm-9:30 for youths 12+. 967-0443

**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

**526 Barrhead Air Cadets,** Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-305-7233

**AA - Mayerthorpe,** Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927

**AA -Sangudo Golden Club,** Tues 8pm call 786-4402/785-9214/785-3599

**AL-ANON:** Tues 7pm, Onoway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

**AL-ANON** Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205

**ALBERTA 55 PLUS:** Villeneuve Hall at 10a.m. New Members Welcome. Meetings on 2<sup>nd</sup> Tues of the month. Info from Donna 780-962-5933

**ALBERTA BEACH & DIST LIONS CLUB** meets every 4<sup>th</sup> Tues 7pm, Alberta Beach Agliplex.

**ALBERTA BEACH AG SOCIETY** meets on the 4<sup>th</sup> Thurs. of month, 7pm, Agliplex

**ALBERTA BEACH MUSEUM** meets the 2<sup>nd</sup> Wed, 7pm at Heritage House 924-3167.

**ALCOHOLICS ANONYMOUS** IF Drinking is a Problem, call 780-236-1043

**BARRHEAD ROYAL CANADIAN LEGION,** general meeting every 2<sup>nd</sup> Thurs, 7pm at the Legion Hall.

**CHERRILL COMMUNITY ASSOC.** Monthly Meeting 1<sup>st</sup> Monday, 8pm at the Hall. 785-2825 "Except July, Aug, Sept."

**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12pm, Alberta Beach Agliplex. Sept-June. Info call Melissa 780-297-1892.

**Citizens Helping In Life's Defence (C.H.I.L.D)** Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

**CITIZENS ON PATROL:** The Pembina Community Watch Patrol Meets 2<sup>nd</sup> Thurs of each month at 7:30 pm, at the West Central Forage Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 8pm, 1<sup>st</sup> Mon, Darwell

**DDRA MEETING,** 7pm, 2<sup>nd</sup> Mon (except Jul/Aug/Dec), Darwell 892-3099.

**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30pm, Onoway Heritage Centre. Info Laura, 780-967-1004.

**GLENEVIS COMMUNITY** meets 1<sup>st</sup> Wed. Info 785-4144 or 721-6188.

**GREENCOURT COMMUNITY ASSOCIATION** meet 2<sup>nd</sup> Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.

**KINETTE CLUB OF MAYERTHORPE,** 7:30pm at Kinsmen Hall, 1<sup>st</sup> Tues of each month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30

at Onoway Museum (780) 967-0443

**LAKE ISLE HALL BOARD:** 3<sup>rd</sup> Tues, 7:30pm, Lake Isle Hall.

**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4<sup>th</sup> Mon, 5pm in Hospital Basement Education Room.

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

**NA MEETING** Tues, 7pm Poplar Valley Church (780)514-6011

**ONOWAY & DIST HERITAGE SOCIETY:** 2<sup>nd</sup> Wed of each month, 7:30pm, Chateau Lac Ste Anne

**ONOWAY & DISTRICT HISTORICAL GUILD:** 3<sup>rd</sup> Wed 7pm, Onoway Museum. 967-5263 or 967-2452.

**ONOWAY QUILTERS,** 2<sup>nd</sup> & 4<sup>th</sup> Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.

**ONOWAY ROYAL CANADIAN LEGION** General Meetings, 1<sup>st</sup> Mon, 7pm (Sept-June).

**ONOWAY MASONIC LODGE #138,** 4<sup>th</sup> Wed, 7:30 Onoway Legion

**ONOWAY OSPREY JUNIOR FOREST WARDENS** Ages 6-18 Develop environmental awareness & outdoor skills. Every Mon 6:30-8pm Onoway Heritage Centre & monthly outings. Martin 780-963-1646

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agriplex on the 2<sup>nd</sup> Wed of the month. 7:00pm.

**RIVER TALKERS TOASTMASTERS CLUB** Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave. (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.

**SANGUDO PAINTING GROUP:** Every 1<sup>st</sup> and 3<sup>rd</sup> Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. For more information call 780-785-2112.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. Judy 960-5258

**WEIGHT WATCHERS** Alberta Beach Agriplex - Mondays, weigh in 6:30pm. Meeting at 7pm.

**TOPS Meetings (Take Off Pounds Sensibly)**

**ALBERTA BEACH:** Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.

**ENTWISTLE:** Thurs 6:45pm, upstairs in Lions Hall. Darlene 727-3982

**EVANSBURG:** Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155

**SANGUDO:** Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.

**MEALS ON WHEELS**

**ALBERTA BEACH & AREA:** call (780) 910-0034.

**DARWELL & AREA:** For info on volunteering or eligibility, call Lorraine, 892-2967.

**ONOWAY & DIST:** Frozen & hot meals available. Call 967-2338 or 967-5244.

**YOUR COMMUNITY**

**SEA CADETS:** 299 Mackenzie, Stony Plain Comm Center, Wed 6:30 for youths 12-18, 963-0843

**SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9-3pm. Info 960-4600.

**UNITED CHURCH THRIFT SHOP:** North end Curling Rink, Onoway. Open Fri & Sat, 10am-4pm.

**WATER SAMPLE DROP OFF:** Tues Onoway Aspen Health Services. Drop off 1-2:30 pm.

# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

### ANSWER:

2	4	6	1	5	7	3	9	8
8	9	1	6	3	4	5	7	2
3	7	5	2	8	9	4	1	6
1	6	9	4	2	5	7	8	3
4	3	2	8	7	6	9	5	1
7	5	8	3	9	1	2	6	4
6	1	7	5	4	3	8	2	9
9	2	3	7	6	8	1	4	5
5	8	4	9	1	2	6	3	7

**Like puzzles?** Then you'll love sudoku.

This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

2		6			7	3	9	8
				3		5		2
					9	4		6
		9						
4		2			6	9		
	5		3	9	1			
	1	7					2	
9		3	7		8	1		
5				1	2			



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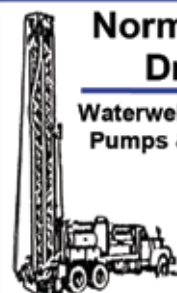
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