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August 29, 2017

LSARA MEETING ANOTHER GREAT TURNOUT!!



Submitted by Lac Ste. Anne Ratepayers Association (LSARA)

Approximately 93 LSAC Ratepayers attended LSARA's 6th

meeting. We were very pleased to have 8 of the current 15 Candidates vying for your vote present at the meeting.

While we are extremely pleased to see that there are 15

community minded Ratepayers seeking election, it is important that no Division go unchallenged. Currently there is only one for Division 1.

Continued on Page 3

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AHS WARNS ABOUT CALLER ADVISING BREAST SELF-EXAM

Submitted by Alberta Health Services -- Public Service Announcement

Alberta Health Services (AHS) is warning women in the Ed-

monton area and northern Alberta to be aware of misleading telephone calls regarding breast cancer screening results.

AHS has received reports eight women in the Edmonton, Barr-

head and Athabasca areas have received a phone call from a man claiming to be from a medical imaging facility.

Continued on Page 2

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RCMP INVESTIGATE BREAK AND ENTER TO MAILBOXES

Submitted by Whitecourt RCMP

The Whitecourt RCMP are investigating a rash of break and enter to community mailboxes. The mailboxes are being pried open using a small pry bar or the locks have been drilled out. The occurrences are happening during the overnight hours

and in all areas of the Town of Whitecourt. Numerous mailboxes have been entered and mail has been opened and envelopes discarded nearby or taken away.

Police are asking the public to check their mailboxes. If you have been a victim to this crime please contact the Whitecourt RCMP.

If you have information about

this incident, please call the Whitecourt RCMP at 780-779-5900 or call your local police. If you want to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS), by internet at www.tip-submit.com, or by SMS (check your local Crime Stoppers www.crimestoppers.ab.ca for instructions).

Check it out for all your home Renovation Needs!
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AHS Warns About Caller Advising Breast Self-Exam

PUBLISHED WEEKLY (Zone 1 & 2)
AND BIWEEKLY (Zone 3)

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Continued From Page 1

The caller relays breast screening exam followup information and advises an immediate breast self-exam must be conducted while on the phone.

Although AHS representatives may call to discuss a mammography appointment, they will never ask a patient to conduct a breast self-exam over the phone.

If you receive a phone call from anyone requesting you complete a breast self-exam while on the phone, please hang up, note the time and any other call details, and immediately contact local police on their non-emergency line.

If you are uncomfortable with calling police directly or are uncertain whether the call is legitimate, you can call AHS' Screen-

ing Program Client Support Line at 1-866-727-3926.

AHS has informed law enforcement and encourages anyone who has experienced this issue to please work with their local police or RCMP.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

Open House for
Auggie & Audrey Wiese's
50th Wedding Anniversary
at Onoway Community Hall
on Saturday, September 16, 2017
from 1:00 to 4:00 pm

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**Mayerthorpe
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Annual General Meeting
Wednesday, September 13, 2017 - 7:00 PM
Public encouraged to attend to help
promote and improve our Course!

Thank-you to all volunteers, sponsors, golfers
and participants in our 2017 Season.

REMINDER: September Long Week-end 3 Day Tournaments
Please contact the clubhouse for more information - 780-786-4737

JOKE OF THE WEEK

Sherlock Holmes and Dr. Watson decide to go on a camping trip. After dinner and a bottle of wine, they lay down for the night, and go to sleep. Some hours later, Holmes awoke and nudged his faithful friend. "Watson, look up at the sky and tell me what you see." Watson replied, "I see millions of stars." "What does that tell you?" Watson pondered for a minute. "Astronomically, it tells me that there are millions of galaxies and potentially billions of planets." "Astrologically, I observe that Saturn is in Leo." "Horologically, I deduce that the time is approximately a quarter past three." "Theologically, I can see that God is all powerful and that we are small and insignificant." "Meteorologically, I suspect that we will have a beautiful day tomorrow." "What does it tell you, Holmes?" Holmes was silent for a minute, then spoke: "Watson, you idiot. Someone has stolen our tent!"

ANNUAL GENERAL MEETING
of the Gunn Area Recreation Society
#110 - 55022 Ste. Anne Trail
Thursday, September 14, 2017
7:00 P.M. to 8:00 P.M.
Welcoming nominee's for all positions.
For more information, call:
Liane Wenckowski 780-909-4558

GREETINGS FROM THE ONOWAY LEGION

Submitted by Lorinda McCool | Onoway Royal Canadian Legion

Monday August 28, 2017

Bob's roast beef meal on August 18th was incredible with over seventy happy customers served. He was helped by Ron W., Jay K. and Marcelle J. Thanks to Doug J. and Glo J. for looking after much of the clean-up and all of the dishes. Without these wonderful volunteers the Legion would cease to function. Congratulations to Armand Cyca for winning the free meal voucher, Bob McConnell the meat draw and Cheryl Sadler the 50/50 winnings.

The handi-camp ramp is scheduled to be installed just after the long weekend in September. We have waited a long time for this and, thanks to our corporate meal

sponsors, are looking forward to seeing the final renovation completed for the front entrance.

Nine members of the Onoway Legion competed in Stony Plain at their annual outdoor dart tournament. It was great fun (even with the wind) and hamburgers cooked by President Gord Morrison and Pat Hale, along with all of the extras, were delicious. The St. Albert team consisting of Trent Snider, Stacy Ledrow and Tom Weatherly took first place followed closely by the Onoway team Ged Brent, Bob Clark and Lorinda McCool in second.

UPCOMING EVENTS:
August 26 – Fun 8-Ball singles

Round Robin Pool Tournament – Registration from 8:30 and play @ 9:30 AM.

August 29 – Tuesday Night Pub and Games Night

September 1 – NO FRIDAY NIGHT SUPPER

September 5 – General Meeting @ 7:00 pm. All members welcome

September 6 – First Pool Night - Drop in pool. Registration from 6:45 to 7:15 pm. You do not need to be a member to play.

September 8 – Friday Night Supper – Traditional Jigg's Dinner by Louise Bambrick and Crew

September 12 – First Dart

Night – Drop in darts. Registration from 6:45 to 7:15 pm. You do not need to be a member to play.

The Legion phone number is 780-967-5361. Please contact Ted Latimer @ 780-967-4980 for hall rentals; Lorinda McCool @ 780-967-3640 to reserve your plate for the Friday Night Supper or to place information in the Legion newsletter; Cheryl Sadler @ 780-967-4146 for membership; Joanne Gorman @ 780-960-4160 to volunteer in the kitchen; Neil Gorman @ 780-960-4160 for sports. See you at the Onoway Legion and have a great week!

LSARA Meeting Another Great Turnout!!

Continued From Page 1

Please consider becoming a Councillor if you reside in Division 1 and have a sincere desire to work with the Ratepayers of LSAC.

LSARA has reached out to ALL current candidates (incumbents and new challengers) listed on the County Website. As biographies are provided, LSARA will publish an update.

One of the focus topics of discussion was how LSARA was able to provide comparisons directly from previous Activity Reports. These comparisons clearly display the lack of Transparency from LSAC County Council and Administration to the Ratepayers.

These comparisons between the Reports of 2011-2012 and the LSAC 2016 Activity Report clearly show that Transparency by LSAC has seriously eroded. We discussed what the changes were.

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OVERDOSE PREVENTION AWARENESS

Submitted by Alberta Health Services

August 31 is International Overdose Awareness Day, a global event to raise awareness of overdose and reduce stigma of drug-related death.

In Alberta, opioid related overdoses are occurring at an alarming rate. Fortunately, many overdose deaths are preventable if medical help is given when you first begin to notice any

symptoms. Here are the signs of an opioid overdose:

- Their breathing is slow or they may not be breathing at all
- Body is very limp
- You can't wake them up
- Blue lips and nails
- Skin is cold and/or clammy
- Gurgling or snoring sounds
- Choking or throwing up
- Pupils are tiny
- Seizures

If you come across someone or are with someone who may be overdosing, call 911 and, stay with them until we arrive. They may need your help while the ambulance is on its way. Due to the Good Samaritan Drug Overdose Act people who experience or witness an overdose and who call 911 for help will receive some protection under the law.

While you wait for help, keep checking on them. Are they breathing? If not, begin rescue

breathing. Are they responding or breathing on their own? If they are still unresponsive and you have naloxone – follow the step by step instructions and administer naloxone. Naloxone can temporarily reverse the symptoms of an opioid overdose.

For more information on opioid overdose, or how to get help for yourself or a loved one, including where to get naloxone, visit www.stopods.ca.

APPRENTICES AND TRADESPEOPLE – CALL FOR PROPOSALS NOW OPEN

Submitted by Jim Eglinski, MP – Yellowhead

Jim Eglinski, Member of Parliament for Yellowhead, is pleased to advise that the call for proposals for new Union Training and Innovation Program launched today.

Successful applicants will receive financial support to purchase up-to-date training equipment and materials so workers can get the

skills they need on the job site. Successful applicants will also receive funding to support approaches that will break down barriers facing women and Indigenous people who want to enter the skilled trades.

The program will include two streams of funding:

- Financial support for unions to purchase up-to-date training equipment and materials to help

unions keep up with constant technological change and meet industry standards

- Funding for innovative approaches to break down barriers facing women and Indigenous people who want to enter the skilled trades.

“This will help apprentices and tradespeople in my Yellowhead riding to obtain the skills they need to pursue a career in a skilled

trade. I encourage eligible organizations to apply for funding to support apprentices in completing their training,” concluded MP Eglinski.

The deadline to apply is September 5, 2017. For more information on how to apply, visit: <https://www.canada.ca/en/employment-social-development/programs/union-training-innovation.html>



Notice of Nomination Day
Local Authorities Election Act
(Section 26)

Local Jurisdiction: Alberta Beach, Province of Alberta

Notice is hereby given that Nomination Day is Monday, September 18, 2017 and that nominations for the election of candidates for the following office will be received at the location of the local jurisdiction office set out below between the hours of 10:00 a.m. and 12:00 Noon on Nomination Day.

Office	Number of Vacancies
Councillor	5

Location of Local Jurisdiction Office:
Alberta Beach Village Office
4935 Ste. Anne Trail (50th Avenue)
Alberta Beach, AB T0E 0A0
Phone: (780) 924-3181

Please contact the Village office for nomination forms.

Dated at the Village of Alberta Beach in the Province of Alberta, this 21st day of August, 2017.

Returning Officer
Kathy Skwarchuk



Onoway & District Agricultural Society
will be hosting our Annual

MAKE THE
Connection
NIGHT

SEPTEMBER 5TH, 2017
6:00PM - 8:00PM
at the Onoway Heritage Center

This is the annual event to let families know what is available in and around Onoway. Discover what programs, groups, organizations, agencies & events are available in your area. We will have Food Trucks on site.

Contact Shona if you are interested in having a table that evening.
onowayfarmersmarket@gmail.com

NOTICE OF PUBLIC HEARING

In accordance with the requirements of Section 606 of the Municipal Government Act, as amended, the Council of Parkland County has scheduled a Public Hearing regarding the proposed adoption of the following Bylaw:

Date:
September 12, 2017

Time:
11:30 a.m.

Location:
**County Council
Chambers**
53109A Hwy 779,
Parkland County,
Alberta

Purpose of Proposed Bylaw No. 2017-21: Redistricting of a portion of Condominium Plan 1122441, Unit B located within Pt: SE-12-53-7-W5M

The proposed redistricting changes approximately 0.17 hectares (0.42 acres) of the subject parcel located at SE-12-53-7-W5M from AGG-Agriculture General District to BRR – Bareland Recreational Resort District. This redistricting will allow for the next phase of Trestle Creek Golf Resort to be developed.

Hearing Procedure

This is a formal Public Hearing and Council is prepared to hear and receive formal submissions and presentations (verbal or written) from those who wish to speak to the proposed Bylaw(s). Written submissions or presentations may be submitted to Planning & Development Services by 4:00 p.m., September 5, 2017 or submitted at the commencement of the Public Hearing. Anyone wishing to make a verbal presentation must notify Planning & Development Services by 4:00 p.m., September 11, 2017.

Verbal presentations at the Public Hearing will be limited to a maximum of 10 minutes. Anyone wishing to make a verbal presentation who has not made prior arrangements may be allocated a time at the commencement of the Public Hearing. Council advises that this is your last opportunity to comment on the proposed Bylaw(s) as Council is unable to receive further submissions after the Public Hearing is closed.

Copies of Proposed Bylaw

Copies of the proposed Bylaw are available to view free of charge during regular business hours (8:30 a.m. to 4:30 p.m., Monday to Friday) from Planning & Development Services at the County Office in Parkland County.

If you have any questions or wish to present a written or verbal submission, please contact Karen Oxley, Planner at Planning and Development Services at 780-968-8443.



NOTICE OF PUBLIC HEARING

In accordance with the requirements of Section 606 of the Municipal Government Act, as amended, the Council of Parkland County has scheduled a Public Hearing regarding the proposed adoption of the following Bylaw:

Date:
September 12, 2017

Time:
9:30 a.m.

Location:
**County Council
Chambers**
53109A Hwy 779,
Parkland County,
Alberta

Purpose of Proposed Bylaw No. 2017-19: Amending Land Use Bylaw regarding Outdoor Participant Recreation Services and Outdoor Shooting Range

The proposed Bylaw will amend Land Use Bylaw 20-2009 by changing the existing definition of Outdoor Participant Recreation Services to exclude outdoor shooting ranges; creating a new use and definition for outdoor shooting ranges; adding the new use as a discretionary use within the AGG and RE land use districts; and adding development standards that apply to the new use.

Hearing Procedure

This is a formal Public Hearing and Council is prepared to hear and receive formal submissions and presentations (verbal or written) from those who wish to speak to the proposed Bylaw. Written submissions or presentations may be submitted to Planning & Development Services by 4:00 p.m., September 5, 2017 or submitted at the commencement of the Public Hearing. Anyone wishing to make a verbal presentation must notify Planning & Development Services by 4:00 p.m., September 11, 2017. Verbal presentations at the Public Hearing will be limited to a maximum of 10 minutes. Anyone wishing to make a verbal presentation who has not made prior arrangements may be allocated a time at the commencement of the Public Hearing. Council advises that this is your last opportunity to comment on the proposed Bylaw as Council is unable to receive further submissions after the Public Hearing is closed.

Copies of Proposed Bylaw

Copies of the proposed Bylaw is available free of charge during regular business hours (8:30 a.m. to 4:30 p.m., Monday to Friday) from Planning & Development Services at the Parkland County Centre.

If you have any questions or wish to present a written or verbal submission, please contact Feinan Long, Development Planner with Planning & Development Services at 780-968-8443.



RCMP BEATS

Submitted by Stony Plain/Spruce Grove RCMP

Occurrences for the week of 14 August to 20 August, 2017.

Total Calls for Service Spruce Grove/Stony Plain/Enoch Detachment: 576

Total Calls for Service for the Victim Service Unit: 32

Individuals Charged: 26

Person Crimes: 44

Property Crimes: 74

Impaired Driving Complaints reported: 11

Impaired Driving Charges Laid: 2

Roadside Suspensions: 1
Motor Vehicle Collisions Attended: 40

Property Crimes:
Spruce Grove

1. August 17 – Area of Collingwood Avenue – Theft from Vehicle, cash and glasses stolen

2. August 18 – Area of Century Drive and Highway 16A – Theft from Vehicle, tools stolen

3. August 19 – Area of Meadowland Way – Theft from Vehicle, sunglasses stolen

Stony Plain

4. August 15 – Area of Slate Avenue – Theft from Vehicle, radio

stolen
Rural

5. August 14 – Area of Township Road 540 and Range Road 274 – Theft from Trailer, generator and tools stolen

6. August 18 – Area of Township 533 and Range Road 35 – Theft of Utility Trailer

7. August 19 – Area of Highway 633 and Range Road 31 – Theft of ATV, 2011 brown Yamaha 450

Stony Plain/Spruce Grove RCMP remind you not to make it easy for thieves. Never throw personal information out in the trash. Shred anything with infor-

mation that can be used by identity thieves.

The Spruce Grove / Stony Plain Drug Section Information Tip Line is 780-968-7212. Anyone with drug information is asked to call and leave a message.

If you have information regarding any of these crimes, or any other crime, please call the RCMP At 780-962-2222 or 780-968-7267. You can also call Crime Stoppers at 1-800-222-8477 or text the keyword TIP205 (TIP250 for Edmonton Metro) & your Tip to CRIMES (274637)

BUDGET 2017, FAILS OUR CANADIAN ARMED FORCES

Submitted by Jim Eglinski, MP – Yellowhead

National defence is clearly not a priority for this Liberal government. For the second year in a row, the budget contained nothing for our men and women in uniform. Instead, the Liberals cut \$8.48 bil-

lion, which had been earmarked for military equipment purchases. Coupled with last year's cuts, the Department of National Defence now faces a \$12 billion shortfall.

Canada needs the ability to defend itself and our allies. Recent examples, including the Liberals' decision to pull our CF-18s out of the

fight against ISIS, their preference for fourth generation fighter jets, their lack of increased support for our Ukrainian allies, and their failure to advance important procurement projects, all suggest that the current Prime Minister expects other countries to do the heavy lifting.

Instead of ensuring that our men

and women in uniform have the best equipment, training, and support available, it's looking more and more likely that Canada's military will be scaled back and asked to do more with less.

I will continue to fight for the resources that our Canadian Armed Forces deserve.

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Historical Guild
Rick Hansen Access 4 All
&
Canada 150
invite you to**



**September 16th, 2017
11am - 5pm**

Ribbon Cutting Ceremony - 11 am



All Day Events

- 11am-4pm Food Trucks - Outside of AAC doors
- 12pm-4:30pm Scavenger Hunt - Museum
- 12pm-3pm Edmonton House Brigade - North Field
- 12pm-3pm The Balloon Builder - Open Area

Starting between 11:30 /1:00

- 11:45 am Eden North Skydiving
- 12pm-12:45pm Joe Saumer Big Band – AAC (gym)
- 12pm-2pm Face Painting Gabrielle - Open Area
- 12:30pm-1pm Yoga Demonstration - Room 4
- 1pm-2pm Royal Canadian Moose Birthday Party - Children's Theater (Sponsored by Onoway Public Library) - Open Area

Starting between 2:00/2:30

- 2pm Edmonton House Brigade Musket Demo - Outside North Doors
- 2pm-3pm The Fiddlers - Museum
- 2pm-4pm Glitter Tattoo Artist - Room 5
- 2pm-4pm Face Painting Gabrielle - North Field
- 2:15pm-2:35pm Jujitsu Demo - AAC (gym)
- 2:30pm-3pm Hum & Strum (local musicians) - Open Area

Starting between 3:00/3:30

- 3pm-4pm Playschool Crafts - Playschool Rooms
- 3pm-4pm Edmonton Metis Cultural Dancers - AAC (gym)

Starting between 4:00/4:30

- 4pm-4:30pm Lac Ste Anne Community Choir - Open Area
- 4:15pm-4:45pm Expression Dance - AAC (gym)

Please come enjoy complimentary water, coffee, & cake in the kitchen/Room 2 from 12-5pm. Room 3 is available as a sitting/eating area from 12-5pm. Cotton Candy will be sold in Room 3.



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BACK TO SCHOOL HEALTH CHECKLIST

Submitted by **Alberta Health Services – Public Health**

It's that time of year again. Store shelves are stacked with back-to-school supplies and racks of summer clothes are being replaced with sweaters and long pants. Getting your child ready for the new school year includes stocking up on notebooks, binders and pencils, but there's more to making the most of the year ahead: taking care of your child's health. As the most important head-start you can give your child, beginning the year with good health is also simple with this back-to-school health check-list:

- **Immunization:** Ensure your child's immunizations are up-to-date for his or her age. This is especially important for kids entering kindergarten or elementary school. If your son or daughter is in Grade 5 and/or Grade 9, also watch for immunization consent forms coming home early in the school year. Remember: your signature on these forms is needed for your child to get his or her important grade 5 and/or grade 9 immunizations.

- **Vision screening:** Have your child's vision tested before he or she starts kindergarten (ideally by age three) and again every year, until 18 years of age. It's estimated that up to 80 per cent of learning is visual, so keeping your kid's eyes healthy goes a long way in encouraging their full learning potential. Eye exams for children up to 18 years of age are free of charge, covered by Alberta Health.

- **Hearing/speech screening:** If you suspect your child may have a hearing or speech problem, ask your family doctor for a referral to an audiologist and/or speech specialist. Left untreated, these problems could interfere with your child's learning.

- **Dental checkup:** Regular dental checkups start early! If your child hasn't had his or her teeth examined prior to starting school, now is a good time to start. Remember: good oral health is essential to good overall health. Regular checkups and cleanings help detect dental problems early, and ensure your

child's teeth stay healthy for life.

- **Emergency contacts:** Make sure the school has up-to-date emergency numbers for each of your children, including contact information for parents, physicians, etc.

- **Health conditions:** Ensure the school has up-to-date information about any health conditions, allergies or physical impairments your child may have. Also inform the school about any medications your child takes.

- **Backpack basics:** Your child's

backpack should fit properly and shouldn't be too heavy for him or her to carry, which means it should weigh no more than 10 to 15 per cent of your child's body weight. The backpack should have broad shoulder straps and a waist strap that keeps the bag firmly on the spine. Watch for warning signs that the bag may be too heavy, including sore shoulders or changes in posture. For more information visit: <https://myhealth.alberta.ca/health/pages/conditions.aspx>

?Hwid=abk0958

- **Nutrition plan:** Ensure your child has a healthy breakfast before heading to school in the mornings, and help him or her pack a nutritious lunch. Planning meals ahead of time and involving children in planning and preparation can make this task more manageable and fun. For more information visit: <http://www.albertahealthservices.ca/assets/info/nutrition/if-nfs-whats-for-lunch.pdf>

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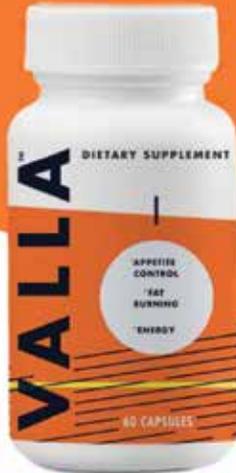
"I've lost 30 Pounds in 45 days - I've tried all kinds of products and so happy to find one that actually works!" - Elaine Spruce Grove

"I've lost 21 pounds in 7 weeks! I tried everything over the last 10 years and nothing worked - I kept gaining and got very depressed. Who'd of known that taking one little Miracle 100% Natural Pill a day would allow me to succeed!!" - Penny M. Stony Plain

"Down 36 lbs. in just 2 months. Even Dr. B's diet where I had to starve myself on 800 calories couldn't do this. This product is just totally awesome - Just the total overall feeling good" - Toni Spruce Grove

"Have heard as much as 15lbs loss from the 3 day sample - it works that good! Have nothing to lose but the weight which I am doing" - Donna Edmonton

"I totally love this product for not only the weight loss but also the physical & mental well-being. I just feel much better!" - P from Onway





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CREDIT FRAUD

Submitted by Morinville RCMP

On August 23, 2017 and August 25, 2017 suspects entered a local business in the Town of Morinville to commit fraud by purchasing goods using an admin card. On August 23rd, 2017 two male suspects were involved (see attached photograph), and on August 25th, 2017 one male suspect was involved.

Suspects are using admin cards to do fraudulent credit transactions.

Cashiers should be on the lookout for persons typing more than 4 digits into the keypad.

The investigation continues, however if anyone has any information in regards to the frauds or can identify possible suspects, please contact the Morinville RCMP at 780-939-4520. If you wish to remain anonymous, you can contact Crime Stoppers by phone at 1-800-222-8477 (TIPS), or at www.crimestoppers.ab.ca. If the information provided at Crime Stoppers



is used to assist in an arrest or recovery of property, you may be eligible

for a cash reward.

PROS files 20171129915 and 20171141068 refers.

MAYERTHORPE RCMP ARREST MALE AFTER PURSUIT

Submitted by Mayerthorpe RCMP

On Aug. 24, 2017 at approximately 3:00 p.m., Mayerthorpe RCMP responded to a report of a stolen SUV with an alleged impaired driver near Duffield, Alberta.

Police were able to locate the SUV near the Alexis First Nation which was driving erratically and a road block was set up. After a short pursuit the SUV being driven by a lone male occupant ran over spike belts that were deployed nearly hitting officers and police vehicles set up at the road block.

The SUV with blown front tires then continued through the First Nation and the pursuit was called off a short time later due to public safety.

The SUV was later located on Highway 43 driving westbound towards a police vehicle and oncoming traffic. Police were able to stop traffic on the highway and the SUV then swerved into the ditch and headed down a dead end road for several kilometers before stopping. The male occupant jumped out and headed into a wooded area where he was arrested without incident a short time later with assistance from the Police Dog Unit (PDS).

Thomas Bailey Rain, a 20-year old from Paul First Nation, has been charged with Possession of stolen property over \$5000.00, Dangerous operation of a motor vehicle, Possession of a weapon for a dangerous purpose, Flight from police, Resist arrest, Fail to comply with Recognizance (X2). He was remanded into custody and will appear in Evansburg Provincial Court on Aug. 28, 2017.

As this matter is now before the courts no further information will be provided.

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PASTURE WALK AND TALK - FROM UPLANDS TO LOWLANDS A FIELD DAY WITH COWS AND FISH



Submitted by Lorraine Taylor | Conservation Coordinator | Lac Ste. Anne County

Now is a good time for landowners to walk their property and evaluate their management practices. On Wednesday, September 6th Riparian Specialists Kerri O'Shaughnessy and Jennifer Caudron are bringing their expertise in the assessment and management of that vital green zone of plants that protects our creeks, rivers, and lakes.

Cows and Fish works with landowners to foster a better understanding of how improvements in grazing and other management of riparian areas can enhance landscape health and productivity. While this field day has a focus on livestock producers, anyone with an interest in how riparian areas function are welcome to attend.

Lac Ste. Anne County's Conservation Coordinator Lorraine Taylor says "The workshop site south of Mayerthorpe is a working farm on the Paddle River. A number of management practices such as exclusion fencing and off-stream watering systems have been set up and their influence on shoreline health can be seen." The day includes a mix of indoor conversation and hands-on assessment in the field. Learn to identify common riparian plants, tune your eyes to what "health" looks like in a riparian area, see how nest boxes and wildlife friendly fences can enhance habitat, and take home ideas for management strategies that will work on your land.

Dr. Barry Irving will also be on hand with his pipeline plough, used to bury pipelines in pasture for off-

site watering systems.

Through Lac Ste. Anne County's ALUS program, agricultural producers may be eligible for funding to implement conservation projects, this field day is an excellent opportunity to start thinking about project

potential.

The field day runs from 11am to 4pm. The \$10.00 registration fee includes lunch and everyone takes home a copy of the plant identification book Northern Range Plants. Please pre-register, preferably by

August 30. Contact Lorraine Taylor at 1-866-880-5722 or by email LTaylor@LSAC.ca . Visit the County website at www.LSAC.ca for details on more events coming up.

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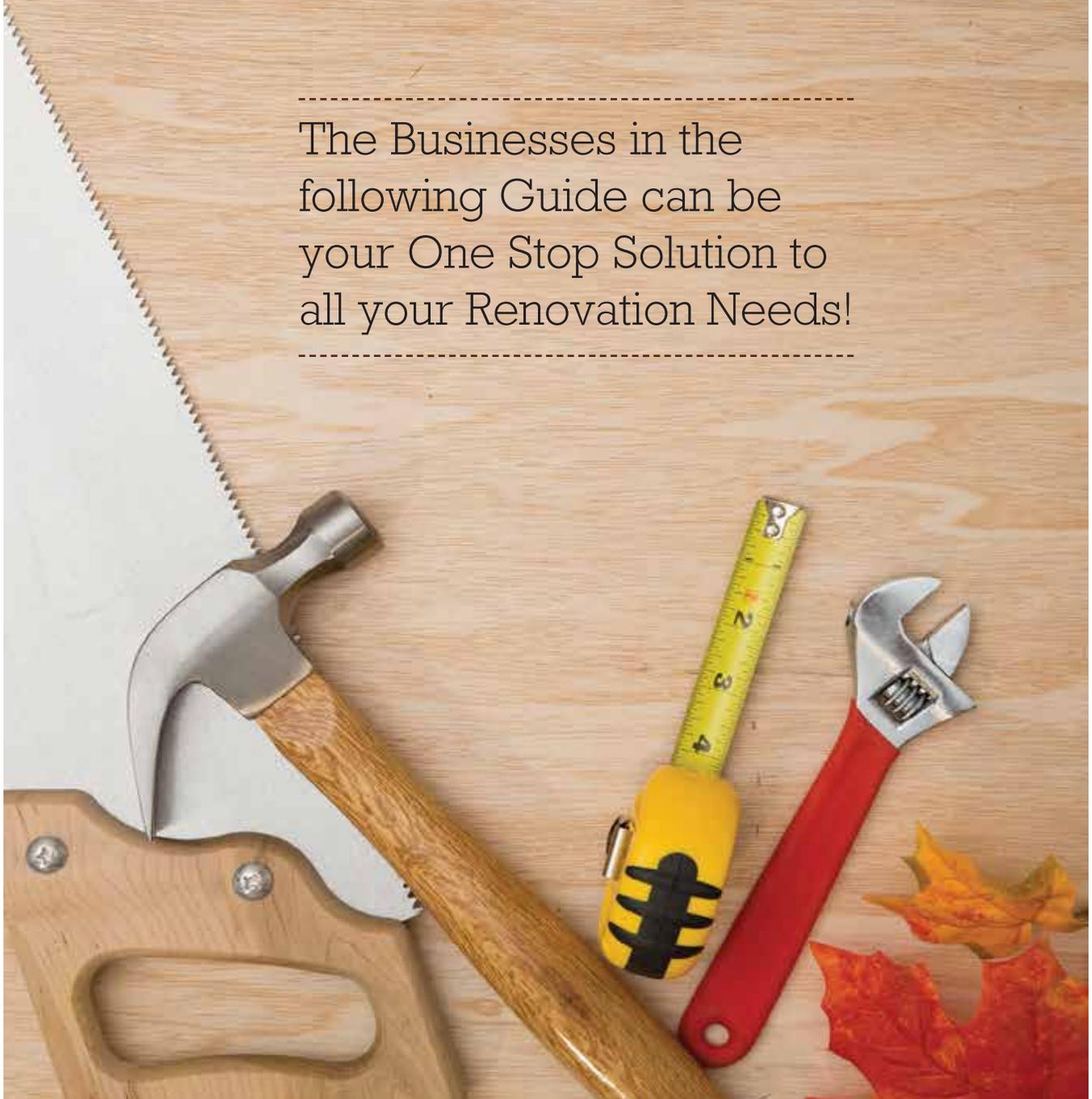


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HOW TO PREVENT MOLD GROWTH IN YOUR HOME

Mold plays an important role in nature. Mold breaks down dead organic matter, including fallen leaves, and speeds up the decomposition process so nutrients can return to the soil as quickly as possible. But mold inside a home can be a formidable foe, triggering allergic reactions and increasing a person's risk of developing respiratory problems. Mold can even cause damage to a home by attaching itself to wood and breaking down that wood.

Because the consequences of mold growth inside a home can be so dire, it's important that men and women take steps to prevent mold growth in their homes and apartments. The U.S. Environmental Protection Agency notes that controlling moisture levels in a home or apartment is the key to controlling mold as well.

• Address spills quickly and properly. Many instances of mold infestations can be traced to leaks or spills that were not quickly or properly addressed. The EPA advises that wet or damp materials or areas should be dried within 24 to 48 hours to prevent the growth of mold. Make sure spills are thoroughly cleaned as opposed to a cursory cleanup of only the areas visible to the naked eye. Inspect nearby crevices when spills occur to ensure the area where the spill happened and all surrounding areas vulnerable to mold growth are dry. In addition, fix leaky plumbing fixtures immediately, hiring a professional if necessary.

• Inspect the ground surrounding your home. Factors outside a home can sometimes contribute to mold growth within a home. Make sure the ground outside your home slopes away from the foundation. If the ground slopes toward your home, rainwater or runoff from sprinkler systems may direct water into your home, creating conditions favorable to mold growth inside. Gutters and downspouts also should be inspected to ensure they are working optimally. If not, they can contribute to water damage on the roof that can ultimately lead to mold growth.

• Monitor indoor humidity. The EPA advises that homeowners keep indoor humidity below 60 percent relative

humidity, which can be measured with humidity meters available at many hardware stores. Homeowners who can keep indoor humidity at levels 30 to 50 percent below relative humidity might be even more successful at keeping indoor mold growth at bay.

- Dry wet surfaces immediately.

Surfaces can become wet even if a home has no leaky fixtures and no spills have occurred. For example, the surfaces of bathroom walls, ceilings and floors get wet when a home's inhabitants take hot baths or showers. That condensation is natural, but such surfaces are also susceptible to mold

growth. Make sure to dry wet surfaces immediately, and keep exhaust fans or windows open when bathing to decrease the likelihood of mold growth.

Mold growth can be detrimental to human beings and their homes. But many mold infestations are easily prevented.



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that are not fully finished typically do not have insulated walls or covered flooring. This can result in heat loss and cause your fur-

nace to work overtime.

A remodeled basement offers more than additional storage space. It can provide a lot of extra room for a growing family, such as space for a gym, home theatre, office, guest suite, or a playroom for the kids.

To ensure a comfortable and inviting basement, there are a few project components to consider:

- Insulation will make sure your space warm and comfortable. For the best results, install a stone wool insulation product, a measure that can be done easily with the ROXUL Comfort-Board IS. This product is mechanically fastened or adhered to the concrete foundation wall, offering

you a higher R-value and better acoustics.

- Drywall will help define the space and make it feel like a part of your home. If you haven't tackled drywall before, consider hiring a pro to ensure your walls are seamless.

- Flooring should be water sealed and covered with an insulated material. There are many products on the market, but consider laying padding before carpet or in-floor heating before tiles.

- Personalize it with finishing touches. Select furniture that can fit down a typically steep staircase and choose items that complement the rest of your home's décor.

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HOW BUILDING PERMITS PROTECT HOMEOWNERS

You are thinking of making a major renovation to your home. Perhaps it's time to create that master bedroom suite you long have admired or install that wrap-around porch? What is the first thing that should be done before getting down to business?

The correct way to begin a home remodeling project is to obtain the necessary permits for the job. Many municipalities request individuals obtain permits for a range of work on homes or other structures, such as office buildings. Permits are generally required for all new construction as well as specific modifications that will affect structural, plumbing, mechanical, and electrical systems. It's important to check with the local building office prior to beginning work to see which permits you will need before the project can begin. Permits are necessary whether a homeowner is doing the work or hiring an outside contractor.

Due to the cost and time involved with securing permits, some homeowners skip this step so they can begin a project promptly. However, this can end up being a costly mistake. Permits might seem like a nuisance, but they actually protect homeowners in various ways.

Permits ensure safe workmanship
Permits provide a blueprint by which contractors and do-it-yourselfers must complete renovations. Because inspections will take place, there is no wiggle room. Shortcuts often translate into subpar work that may lead to malfunction and injury in the long run. Safeguarding against poor workmanship means homeowners can feel confident in the work being done.

Permits reduce the likelihood of costly mistakes

As inspectors go through their checklists, they may notice things that were done incorrectly and will offer advice about how to mend the problem before it becomes a larger headache. If left unchecked, an electrical error could lead to a fire or another dangerous situation. Repairs that are not structurally sound may pose problems or deteriorate more quickly than structures that are constructed correctly. Furthermore,

catching improper technique early on eliminates having to tear down and redo work, which can be a costly and time-consuming endeavor.

Permits protect against fines
Sometimes work goes as planned even for homeowners who did not obtain the necessary permits. However,

er, years later, when other work needs to be done, inspectors may discover homeowners never secured proper permits and inspections years earlier, leading to fines.

Furthermore, if work is done without a permit and an accident occurs, any damages or injuries may not be

covered by a homeowner's insurance policy.

Permits are an important part of the home improvement process. Homeowners should not skirt the responsibility because the permit and inspection process is in place to provide protection to occupants.

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HOW TO SOUNDPROOF YOUR HOME

(MS) - What's the first step in sound proofing your home? Finding which rooms have the least amount of sound resistance.

To do this, make sure everyone is out of the house, unplug all electronics and close all doors and windows. Take a quick walk

through your house and pause for a few moments in each room to evaluate which ones are the noisiest. Now consider if you're installing a media room or teenage recreational room where volumes will be blasting on TV's and stereos.

With this information, you should have a good idea of where you need to soundproof and create barriers against noise. Here are some tips to help you achieve the optimal result of peace and quiet:

- Plant trees and hedges along the exterior of your home, perhaps along a fence. Not only do trees and hedges help with the

environment and provide a good amount of privacy, they also slow down the travel of noise from the neighborhood into your home.

- Insulate your walls and ceilings. Better insulation in your interiors and exteriors won't just drive away excess noise, it will also reduce your heating and cooling bills during the hot and cold months. For the best sound proofing and easy installation quality, a professional-grade product by ROXUL called Safe'n'Sound is very popular.

- Seal up all cracks and holes around windows and doors, and add double glazed windows to your current glass panes.

Once you've selected the best soundproofing method, implement it and enjoy the bliss of silence throughout your home.

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WHAT TO LOOK FOR DURING ROOF INSPECTIONS

Cold weather can be tough on a home, and perhaps no part of a home is more vulnerable to harsh winter weather than its roof.

Fallen snow can equate to several pounds of pressure placed on a residential roof. Roofs do not often collapse under heavy snowfall. But adverse winter weather conditions can compromise roofs in other ways. Water leakage and damage to the roof's interior are just two of the potentially problematic issues that can arise when roofs are battered by cold, blustery weather. That's why many home improvement specialists advise homeowners to conduct roof inspections prior to the start of winter.

Many homeowners can conduct their own cursory roof inspections, but they may not know exactly what to look for. The National Roofing

Contractors Association says that there are certain key areas to inspect that may reveal some telltale signs of roof damage.

- Curled, cracked or missing shingles may prove troublesome. Inclement weather can test the strength of even the most durable roofs. Even though many roofs are designed to last up to 30 years, some may need to be replaced early, particularly when they have been exposed to harsh weather over a period of years. Individual shingles can be replaced as spot treatments, but if the damage is widespread, a new roof may be necessary.

- Attic leaks or water elsewhere might signal issues with the roof. Figure out if water inside the home is coming from the roof. Water stains do not always indicate problems with

the roofing, but it's better to be safe than sorry.

- Look for protective granules wearing off. If gutters are filled with the sandy granular material that coats roofing shingles, that may be a sign of an aging or damaged roof.

- Inspect flashing. Professional roofers can recognize properly installed flashing, the material that connects the roof to other parts of the house that adjoin the roof, like skylights or a chimneys. Poorly installed flashing can cause leaks. Stains that appear below chimneys or near attic windows may indicate new flashing, and not new shingles, is needed.

- Gutters and downspouts should be in good condition. A roof is the sum of its parts, and that includes downspouts and gutters. If the gutters are clogged or damaged, they

cannot direct water away from the house properly. Snow, leaves and other debris needs to be cleared from gutters to help them function at optimal capacity.

- Animals and insects can cause damage, too. It's not just poor weather that homeowners need to consider with regard to roof damage. Boring insects and animals may cause problems with roofs as well. A roof inspection may shed light on potential pest problems. Holes or nesting materials may indicate that an animal or animals are using the attic as a shelter from the elements.

Get to the root of issues with your home's roof before they become bigger problems once winter arrives. A thorough inspection can reveal problems that may prove costly if ignored.

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CREATE DRAMA WITH BOLD PAINT COLORS

Painting is one of the easiest and least expensive ways to transform the look of a space. Paint colors can dramatically change the mood and the design of a home. And depending on a homeowner's goals, paint can make a statement or blend into the background.

Many people are now looking to bold colors to make spaces stand out. But choosing a paint color can be challenging. Homeowners looking to update walls and complement decor may want to look at some of the more impactful colors that Pantone indicates will be popular for the 2017 season. Primrose Yellow, Lapis Blue, Flame, Pink Yarrow, and Greenery are some of the more eye-catching selections. Once colors are selected, consider these guidelines for using bolder colors in

room designs.

- Decide how big an impact you want to make. Are you looking for color overload or just a small focal point of vivid color? Remember, using bold color doesn't mean every wall must be lathered in that hue. Instead, select one wall to serve as an accent point and use that spot as your bold color display. Otherwise, rely on bold colors to dress up otherwise mundane areas, such as the back wall of a cupboard or moldings and trim.
- Try bold in a small space. Many people are surprised at how well bold colors work in small spaces. Powder rooms can be an ideal spot to experiment with paint colors. Try deep colors that can make the area seem intimate and even exotic. Dark, bold hues can

be toned down by different accents, such as neutral colored fixtures and towels.

- Go bold in the kitchen. Incorporate a splash of color in the kitchen without going overboard. Try an appliance or design fixture in a bright shade. Or paint the inside of the cabinets in your favorite color and install glass inserts in the cabinet doors so that everyone gets a peek of the color beyond. A neutral kitchen also can be brightened up with the use of silverware, dishes, pots and pans, and other kitchen items featured in bold hues.

- Stick to boldness on interchangeable items. Those who like to experiment with color may find that they like to switch out the colors now and again. Instead of having to repaint every few months,

use decorative items in bright shades to make swapping out color that much easier. For example, replace area rugs, throw pillows and draperies. Paint over terra cotta flower pots when the mood strikes.

- Establish balance. Rely on neutral furniture, rugs, moldings and baseboards if you decide to take bold colors up a notch. This will help create a sense of balance in the room.

Painting is a fun way to experiment with color. Many homeowners are not hesitant to use bold shades of color when they learn the right techniques. And because paint is an inexpensive option for making over a room, homeowners who find they do not like a particular color can easily paint over it with a new color.

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INTERNATIONAL OVERDOSE AWARENESS DAY THURSDAY, AUGUST 31, 2017 IN ALBERTA

Submitted by Don Stannard, Communications and Community Engagement Coordinator | Alberta Community Council on HIV

International Overdose Awareness Day (IOAD) is a global event held on August 31st each year and aims to raise awareness of overdose and reduce the stigma of a drug-related death. It also acknowledges the grief felt by families and friends remembering those who have met with death or permanent injury as a result of drug overdose.

Edmonton, AB, August 14, 2017
International Overdose Awareness Day spreads the message that the tragedy of overdose death is preventable. On Thursday, August 31, 2017 various groups across the world will be holding 265 events.

In Canada, 25 events are to be held via publication on www.overdoseday.com/category/canada/. In Alberta three events in Calgary, Edmonton and Grand Prairie have been publicized which will raise awareness of the opioid crisis within our province by honoring the lives needlessly lost, reduce stigma that affects people from all walks of life and provide overdose prevention and naloxone kit training.

Events will take place at the following locations, times and dates:

- Calgary, AB August 31, 2017 11:30 am – 1:00 pm at Calgary City Hall and a sunset candlelight walk along 17th Avenue. Sponsored by AWWEAR - Contact Jessica Holtsbaum at 403-831-6038
- Edmonton, AB August 31, 2017 12:15 pm – 1:00 pm at Alberta Legislature. Sponsored by Streetworks – Contact Mathew Wong at 780-424-4106 Ext. 210/211
- Grand Prairie, AB August 24, 2017 at 5:00 pm at Muskoseepi Park. Sponsored by Peace Country Drug Awareness Coalition – Contact Tyla Savard at 780-978-4878

For further updates on International Overdose Awareness Days events across Canada and within Alberta visit the Canadian Association of People Who Use Drugs (CAPUD) website www.capud.ca and their Facebook page located at: <https://www.facebook.com/>

Aug31OD/?hc_ref=ARR1XY-HsRFbD6JYtobIis6yluyauMP_Oq05-a9xEn2d3kqE3erplVp_HMXwTfTBeLA

The ACCH is proud to support International Overdose Awareness Day by spreading the message that the tragedy of overdose death is preventable. The ACCH believes opioid users need connections, support to address their trauma, and a real human bond so the person can choose to save their own life. Through the

ACCH member agencies, with nurses on hand and well trained staff, we can by cooperating together supply these tools through caring, support, education and immediate action. With frontline service providers, and people and families affected by opioid substance use cooperating together we can reduce suffering and save lives. For more information on International Overdose Awareness Day visit www.overdoseday.com

The Alberta Community Council

on HIV is a non-profit, provincial member driven network of regionally based organizations. ACCH and its members have a collective responsibility to STBBI issues and its outcomes at the provincial and local level. Through a social justice lens ACCH supports community based responses to HIV, Sexually Transmitted and Blood Borne Infections and Sexual Health via advocacy, harm reduction, education and health promotion.

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MOUNTAIN HONEY	SEA SALT VANILLA	WILDFLOWER KISS	LAVENDER CHAMOMILE	HARBOR BREEZE	GRAPEFRUIT SORBET	PINK PUNCH

LSAC NOW WANTS TO “STRAIGHT TALK”?

Submitted by Lac Ste. Anne Ratepayers Association (LSARA)

Lac Ste. Anne Ratepayers Association has been seeking Open and Transparent discussions and Information regarding LSAC Finances since our formation in 2016. We have been told if we ‘WANT IT’ we must ‘FOIP IT’. So FOIP it we did and we are still waiting for it.

Now LSAC has decided to Publish a “Paid for Article” in the LSA Bulletin in which they called “Straight Talk About County Finances”.

They referred to “Misleading Information” that has been spread about LSAC Fiscal Government and “Misunderstandings” about the

County’s Financial position. In the LSA Bulletin Paid for Article (Paid For By The Ratepayers) LSAC States:

“To address these misunderstandings, the following comparison chart has been prepared. This chart provides various financial information about Lac Ste. Anne County (per the County’s audited financial statements) compared against the same numbers from its municipal neighbours.”

Well folks, the only source of information the Ratepayers have regarding “County Finances” is what the “LSAC RELEASES” to the public. Unfortunately they continue to “Limit” and “Obfuscate” the Information that the Ratepayers have

been requesting.

Yes people, “OBFUSCATE”!

1. to confuse, bewilder, or stupefy.
2. to make obscure or unclear: to obfuscate a problem with extraneous information.
3. to darken.

How you ask?

Well let’s look at the “Chart” prepared by LSAC to “Address” these “Misunderstandings”.

Some of the data from this chart comes from a reputable source being Alberta Municipal Affairs who collect and make public “Audited Financial Statements” which compare the same numbers from municipalities throughout Alberta.

This data is available to the public

at the following Link: http://municipalaffairs.alberta.ca/municipal_financial_statistical_data

At this link you can find many Financial Spreadsheets. The one which relates to the LSAC Chart shows the “2015 Long Term Debt”. It is that Spreadsheet and the LSAC Comparison Chart that tells a story.

The full Chart can Viewed here: 2015 AMA LTD (<https://drive.google.com/file/d/0B69V6QH-Va1ArZDc3SnVMYtZmSjA/view>) and when you view it you need to scroll in both directions.

It is a very large spreadsheet and the only column we need to compare is the “LONG TERM DEPT” and the “Municipalities” that LSAC used in their comparison, so here it is. We have provided it to you in a nutshell!

You see folks, the Long Term Debt Amounts in the “LSAC Comparison Chart” all correspond exactly with what the Alberta Municipal Affairs has in their records. The only Long Term Debt amount which is INCORRECT is Lac Ste. Anne County’s.

They seem to be off a little. To be exact they are \$2,487,177.00 SHORT of what Alberta Municipal Affairs has in their records which is

Schedule A		Financial Position - Total		
YEAR	STATUS	CODE	MUNICIPALITY	Long Term Debt
				00350
2015	Municipal District	0193	LAC STE. ANNE COUNTY	4,843,323
2015	Municipal District	0015	BARRHEAD NO. 11, COUNTY OF	0
2015	Municipal District	0305	STURGEON COUNTY	30,547,831
2015	Municipal District	0245	PARKLAND COUNTY	9,982,521
2015	Municipal District	0482	YELLOWHEAD COUNTY	2,938,498
2015	Municipal District	0480	WOODLANDS COUNTY	9,079,712

AMA Chart - 2015 Long Term Debt

SUDOKU OF THE WEEK

Fun By The Numbers

Here’s How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ANSWER:

4	2	8	7	5	1	3	6	9
5	7	3	6	9	2	8	1	4
1	9	6	8	3	4	7	2	5
8	1	9	3	7	6	5	4	2
2	4	7	1	8	5	6	9	3
3	6	5	4	2	9	1	7	8
7	5	4	2	1	3	9	8	6
9	8	2	5	6	7	4	3	1
6	3	1	9	4	8	2	5	7

				1				9
			6	9		8		4
1	9				4		2	
8	1		3		6			
2			1					9
3		5	4	2				
7	5	4	2					6
	8	2		6	7			1
	3						5	7

Like puzzles? Then you’ll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



LSAC Now Wants to "STRAIGHT TALK"?

\$4,843,323.00 NOT \$2,356,146.00 as stated in the LSAC Chart!

How could this be you may ask.

The County told us in their Publication "Straight Talk About County Finances":

"The provision of accurate information is always the County's goal, as this is the best way to combat rumour, conspiracy theories and mistrust. Quoting a lump sum or stand-alone figure devoid of any context provides a misleading snapshot of the County's financial situation."

Well folks, as with all the other information regarding LSAC, the only source of information available is what "LSAC Publishes" and what they PROVIDE!

This is why it is imperative that LSAC is "OPEN and TRANSPARENT" with the Ratepayers.

So what Happened?? Is this just another mistake? Could it be as stated in their "Publication" another "Rumor" or more "Conspiracy Theories"?

Well for it to be a "Rumor" it would have to come from another source rather than LSAC, so that can't be it.

"A Conspiracy Theory" possibly? Why would LSAC create such a meaningless dialogue after all as the LSAC Publication said it "must be based on factual information".

Ah, it must be a another way of "Calculating LONG TERM DEBT"!

No that can't be it either. If we look at the "Factual Information", which is in this case is, "As Per" the County's "Audited Financial Statements".

We can Clearly see that the Long Term Debt in the "2015 LSAC Financial Statement" was \$4,843,323 NOT \$2,356,146 as stated in the LSAC Comparison Chart!

In the "2016 LSAC Financial Statement" the Long Term Debt was \$3,751,107 NOT \$1,370,470 as stated in the LSAC Comparison Chart!

So now you can clearly see that in the Published Post on the LSAC Web Site and also Published in the LSA Bulletin, the article they called "Straight Talk About County Finances" and their "Comparison Chart" again provides a "misleading snapshot of the County's financial situation".

Exactly opposite of what LSAC was trying to provide!

Lac Ste. Anne County does not have the "Right" to conveniently

"Omit, Change or Distort" Long Term Debt when they choose and seem fit.

The Long Term Debt Values that LSAC used in their Comparison Chart is Contrary to the LSAC Long Term Debt Values that can be found on the "Alberta Municipal Affairs Web Site" and in the "Audited LSAC 2016 and 2015 Financial Statements".

If LSAC really wanted the Ratepayers to know "How much each Ratepayer owe because of the LSAC DEBT" they should show us a "CHART" with "ALL the DEBT"

not just some of it.

If LSAC truly believes as they said "The provision of accurate information is always the County's goal" it is imperative that LSAC provides the Ratepayers with not just the "Long Term Debt" but "All" the Debt Incurred to Date including Short Term Loans.

Only then can we have an "Accurate" amount of "DEBT PER RESIDENT" as they attempted to "Provide" in their Comparison Chart!

We now know from experience that if it is too "Difficult" to borrow money on a "Long Term" basis we

can just "Short Term" borrow it without a Borrowing Bylaw or be "Stopped by a Petition"!

That Folks is why LSARA has requested the Information from LSAC regarding the Status of the Administration Building and all of the "Borrowing that LSAC" has made to date. Short Term, Long Term and Whatever Other Term they may have Borrowed on.

We do want to know what our "DEBT PER RESIDENT" really is! Is that a Bad Thing to Know? We don't think so.

From Jiggles to Wiggles

10 Minutes To Increase:

- * Muscle Tone
- * Strength
- * Circulation
- * Flexibility

10 Minutes Are Equivalent to:

- * 1 Hour of physical training in gym with strengthening machines
- * 1 Hour with leg press & weights + 20 minutes on treadmill
- * 2 Hours tennis
- * 2 Hours of strength exercise



Time for ProEllix

Italy's most sought after fitness program! Seniors to Athletes will be challenged.

Take the 10 minute challenge. Come in on your coffee or lunch break!

2 Free Trial Visits

Open From 9:00 a.m. - 4:00 p.m.

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CLASSIFIED RATES INCLUDE GST. 1st 20 Words: First Insertion = \$6.00; Subsequent insertion = \$3.00 each. Each additional word is 20 cents per word, per insertion. Ads must be paid in advance either by cheque, cash, Visa or Mastercard. No Refunds Allowed on Classified Ads. DEADLINE: is Thurs. 4:00 pm (Wed. 4:00 pm on long weekends). Classified ads may be called in to the COMMUNITY VOICE office at (780) 962-9228, emailed to: classifieds@com-voice.com, dropped off at Onoway Registries, or mailed with your ad and

payment to: COMMUNITY VOICE, BAG 3595, SPRUCE GROVE, AB T7X 3A8. Ads may also be placed on the web at www.com-voice.com/classified.htm

Hall Rentals

Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Heritage Centre, We now have air conditioning! Space Available! Call Shirley at: (780) 924-3272 or Shawna at: (587) 879-5450

Alberta Beach 50 Plus Senior Centre, Jeanne (780) 913 4494.

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community, Taryn 305-9022

Darwell Hall, 780-721-2690

Darwell Seniors, 892-2457

Gunn Hall (G.A.R.S.) 780-967-2215

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Hall, 892-2998.

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/Classrooms, 967-1015

Onoway Legion , 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @PVCCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-2924 or 785-3118

Stettin Nakumun Comm. Hall, 967-9198

Announcement

PARTYLITE BLOW OUT SALE!

Purchase item at Regular Price; 2nd item (of equal or less value) for ONLY \$5.00. 96 Birchwood Estates (by Darwell). Friday, Sept 1 - Monday, Sept 4. Questions - Call Teri - 780-892-4555 (2) 22-08

Events

Shopping Trip - Great Falls & Helena, Montana. October 7 - 10. \$430 per person dbl, Passport Necessary. Info: Donna 780-475-4683 or email shophoppers@hotmail.com (2) 29-08

Garage Sales

Large Garage Sale, all vendors welcome. September 16th from 10:00-4:00pm, at Senior Center in Entwistle. Table rentals \$10, for more information call Dan 780-982-0353 (4) 22-08

END OF SEASON GARAGE SALE - Everything must go! No reasonable offers refused! Great deals! Electric tools, new windows, antiques, collectibles, records, tapes & DVDs. September 1 & 2, 8 & 9, 7am-5pm. 2224 - Township Rd 545, Onoway, Hwy 43 exit, 3rd house on left across from Red Barn, 780-803-4709 (2) 29-08



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MLS E4074532 \$299,900
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• www.64DiamondCountryEstates.info		• www.53531RgeRd32.info	

Real Estate, Equipment & Consignment Auctions **internet 12 PM BIDDING**

Consignment & Unreserved Auction for Maurice and Isabelle Bonneville (Bonneville Holdings Ltd)

10 AM – Sat, Sept 16, 2017 – McBride, BC
Agriculture, Industrial, RV's, ATVs, Shop Equipment and much more! [See all items on www.teamauctions.com](http://www.teamauctions.com)



'28 Essex Super Six 4 Dr



Horse Drawn Fire Wagon

Unreserved Real Estate and Farm Equipment for the Estate of Neil McKinney

10 AM – Sat, Sept 23, 2017 – Mayerthorpe, AB



Real Estate sells @ 12 pm

Moore's Agri-Trade
780-388-3759



Open House: Mon Aug 28 4 - 7 pm or call 780-898-0729 for arrangement to view.

Unreserved Long Term Grazing Lease for Allen Nikkel

12 PM - Sat, Sept 23, 2017 – Mayerthorpe, AB
In conjunction with the Estate of Neil McKinney

GRL 090011
on NE15-58-10-W5
155.98± acres - approx 54 acres open, 72 AUMs
10 year term lease – expiry Oct 31, 2025
Located: From Mayerthorpe go W on Hwy 43 to SH 751, then 7 km S and 1.8 km E on Twp Rd 583

Moore's Agri-Trade
780-388-3759



M1: SE36-56-10-W5 - 160± acres with home, shop, & barn

160 acre farm located 20 km SW from Mayerthorpe, just 1.4 km off pavement. The 3 bedroom 2 bath home was built in 1990's. Outbuildings: heated shop, large livestock shelter, barn, pump house & grain storage unit. There are approx ±70 acres of cropland. The balance of land is mixture of open and treed pasture. Lease Revenue - \$6,400.00

M2: NW36-56-10-W5 - 127.79± acres bordering Little Paddle River



JD 7230 Premium MFWD Ldr



JD 4960 MFWD Tractor

Unreserved Farm Auction for Albert and Linda Pinette

11 AM – Sat, October 7, 2017 – Wildwood, AB

Tractors & Attachments, Harvest Equipment, Haying Equipment, Tillage & Seeding Equipment, Trailers, 3 PT, Lawn & Garden, Recreational, Livestock, Feed & Equipment, Shop & Tools, Household & Antiques and much more! [See all items on www.teamauctions.com](http://www.teamauctions.com)



JD 3140 2WD w/Loader



'04 Bayliner Boat w/Trailer

Partial Equipment Listing ([see teamauctions.com](http://www.teamauctions.com) for full listing)

JD 7230 Premium MFWD Loader Tractor • JD 4960 MFWD Tractor • 1990 Ford-Versatile 846 4WD Tractor • JD 7700 Combine • Buhler Y360 Grain Cleaner • 7x36' Auger • 6x30' Auger • Farm King BM2450S 38' Bale Carrier • Hesston 1345 12' Hydro Swing Discbine • JD 566 Round Baler • NH 277 Sq Baler • Bale Elevator • Case DOT 22' Double Offset Disc • Bourgault 8800 Air Seeder • IH 6200 24' DD Press Drills • MF 129 DT Cultivator • IH 55 34' DT Cultivator • IH 45 24' Vibra Shank • 50' Harrow Bar • 60' & 50' Sprayers • Cockshutt 11' DT Cultivator • 1979 IH 1810 Cab Over S/A Grain Truck • 1977 GMC C60 S/A Grain Truck • 1976 Ford 500 S/A Hoist Truck • 2003 Dodge 2500 Reg Cab 4X4 • 2001 Southland G/N T/A Stock Trailer • 16' T/A Deck Trailer • Truck Box Trailer • Country Clipper Zero Turn Mower • 120" 3 Pt HD Rototiller • Estate Sprayer • Agri-Fab Garden Trailer • 2003 Honda Fourtrax 350 4X4 Quad • Gemlo Wellsite 10x28' Skid Shack • (3) Grain Bins • 10x30' Wooden Shed • 8x12' Wooden Garden Shed • Renn 350 Stockmaster Feed Wagon • Farm Aid 550 Feed Mix Wagon • Haybuster 2650 Bale Processor • NH 675 T/A Manure Spreader • Buhler/Farm King 8" Roller Mill • Buhler 8" Roller Mill • Shop Tools, Household & Antiques, Silver Smithing Tools and much more!

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Roger Hawryluk

Tanner Hawryluk



Only minutes east of Wildwood, 157.95 acre hobby farm! Approx 148 acres cultivated with approx 10 acres of trees. Beautifully manicured yard site with numerous out buildings. Large 26' x 36' detached garage currently used as a workshop, completely finished 40' x 42' shop with in-floor heat and on demand hot water with 14' high O/H doors with remotes, 3 sided metal beam 34' x 60' machine shop, pole shed for hay and also a cattle shelter. There is a beautifully upgraded 3 bedroom bungalow, w/ main floor laundry, upgraded windows, vinyl plank flooring, new kitchen, s/s appliances and vinyl siding w/ extra insulation. Fully developed basement with newer high efficiency furnace. The yard site is very private and surrounded by 30-40 ft. planted spruce. The water source is a RARE artisian well with plenty of water. Even potential of two outside watering stations for livestock with power ready to hook up. A seasonal creek runs through the land and the property is a half mile south of hwy. 16 and RR 90. Less than 1 hour from Edmonton!



For more information on this property please call or visit our websites
www.rogerhawryluk.com www.tannerhawryluk.com



4 - 16 Nelson Drive Spruce Grove, AB.
T: 780-962-8580

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JOIN THE GOLD CANYON TEAM! Your Gold Canyon Business puts you on the path to success on your own terms! LOOKING TO HOST A CANDLE PARTY? EXCELLENT REWARDS!! Call Independent Demonstrator Jodi Cazac at 780-995-6951 for more info, or go to www.mygc.com/jcazac (S) OG

Employment Opportunities

Looking for someone to cut grass at an apartment building, call 780-807-1300 or jakovlkevicivka@yahoo.ca (1) 29-08

Services

JUNK BE GONE. Unwanted items, Garbage, Brush, Buildings

demolished, Farm site clean-up, Hauled to the Dump. REASONABLE RATES - PROMPT AND FRIENDLY SERVICE. Call Alex @ 780-803-4709 (13) 06-06

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08 OG

Nasty's Tree Removal. Stump Grinding, Pruning & Firewood for sale. Licensed & insured. Roger @ 780-720-2207 (13) 01-08 OG

WANTED: Standing Timber. Are you looking to cut your woodlot before pine beetle or forest fires destroys it? Top dollar paid. Call now! Paul 780-706-1470 (12) 15-08

Computers

FREE COMPUTER CHECKUP - Repairs not over \$50. Get GOOD LAPTOP or DESKTOP computer for ONLY \$150, with Games, Music, Pictures, Videos & more. "Hands on" Lesson how to use for Seniors and Beginners. FREE Computer Repairs for Single Parents. 780-892-4993. (16) 16-05

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4608 47A Avenue, Onoway, AB, T0E 1V0 **\$294,900**



Spectacular 1399 Sq ft 4 level split on a Massive corner lot, fully landscaped, fenced, RV Pad, 2 store sheds and a two tiered covered deck. This home has undergone numerous renovations which include new paint, roof shingles, ceramic tile, plus more. Large living room & dining area that is accompanied with the inviting kitchen which comes with appliances. Main floor laundry & a 2 pce bath lead you to the serene backyard. The Master suite is comes with a 3 pce ensuite. A 4 pce bath and two additional bedrooms round out the upper level. The basement is complete with a Massive feature stone gas fire place and large rec room. The bottom lower level has two furnaces and an additional finished room great for a media centre or den. Oversized 24x26 heated double attached garage with Hot & Cold water. Extremely quiet crescent location. This is truly a must see and for this price you can't go wrong.

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STORY TO TELL?

Know of a good event going on in the community? Ever wanted to write up a local event for the Community Voice?

If you have any good ideas for articles or would like to submit a story for the paper Email it to news@com-voice.com or just fax it in at (780) 962-1021.

Please call us at (780) 962-9228 for more information.

Stories may be edited for length due to possible space restrictions.

Community VOICE

Keeping You and Your Community Informed

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Feed & Seed

Hay Bales 1400lb Timothy Alfalfa Brome, net wrapped, \$55 each. Call 780-446-7257 Russ or 780-999-9920 Dale. (4) 22-08

Firewood

For Sale, Birch, Spruce/Pine Mix, Poplar, Tamarack. Split seasoned clean cords, 1/2 cords, Pickup loads. Pick-up or delivery. 2 year old Spruce & Pine. 780-288-7247

Woodchuck Firewood. (18) 02-05

His Helping Hands Firewood - Poplar, Tamarack & Birch for sale. All profits go to charity. 780-218-4177 (5) 15-08 OG

Antiques

EVER AFTER ANTIQUES & COLLECTIBLES. 4823 - 50TH Avenue, Alberta Beach. We buy and sell. Call Pat 780-237-3528 to arrange a free consultation. OPEN: Wednesday through Saturday and some Sundays &

Holiday Mondays, Noon -5pm. (6) 01-08

Trailers



VERY LOW PRICE OF... \$5700.00 (Senior, 84, relocating... health reasons), 2001 HOLIDAY TRAILER - 22Ft, Palamino by Vanguard,

easy to tow, stabilizer bars, heavy duty 2 in. tow bar (now on 3/4 ton truck). Also complete electrical "harness" and hook-up components for electric brakes. These extras only if need, If not, price is lowered. Sleeps 4 or 6, all amenities, large washroom and closet, very clean. See to appreciate. 780-892-2110 Darwell (1) 29-08

Recreational Vehicles

FOR SALE: Older Ford Elite Motorhome. Low milage & in great shape! Asking \$6600 OBO. Call 780-693-2495 (6) 25-07

Miscellaneous

Top Soil, Peat Moss and Sheep Manure Mix, \$30 per yard. Rain Barrel and Burning Barrels, \$15 each. Spark Screens \$30 each. Near Gunn, Call 780-967-2779 (10) 27-06

For Sale

2,600 sq. ft. Commercial Space, shopping mall in Evansburg. \$1600/month & common area cost. Reasonable Rent. Phone (780) 691-1909 or (780) 621-7887 (8) 25-07

For Rent

Onoway 2 Bedroom Suite for rent, clean, quite, secure building. Call 780-721-4132 or 780-423-3664 (4) 15-08

2 Bedroom House for Rent in Alberta Beach, large loft, fireplace, \$1275/month + DD + Utilities. Call Shane 780-221-8306 (2) 22-08

Sangudo, AB. 2 Bedroom Apartment, heat & water included, N/S. \$721 - \$772/month, DD same. Available Immediately. Call 780-999-7777 (4) 29-08 OG

2 Cabins For Rent - 1 Cabin \$1050/month - 1 Cabin \$900/month. Utilities included. Located on HWY 22, Evansburg. Call 780-239-0553 (4) 29-08

Church Directory

Rich Valley Community Church Sunday School 10:00 a.m. Worship Service 11:00 a.m.	Catholic Parish of Lac Ste. Anne Sunday 10:00 a.m.	St. John's Anglican Church <i>Onoway</i> Sunday Service 10:00 a.m. <i>Everyone Welcome</i>	Mayerthorpe Baptist Church Worship Service Sunday 10:30 a.m. Children's Church 10:30 a.m. 4606-54 St. Mayerthorpe (780) 786-2677	St. John's Lutheran Church <i>Alberta Beach</i> Sunday Service 11:00 a.m. Sunday School
Zion United Church Sunday Service 10:00 a.m. Sunday School <i>Serving Alberto Beach, Wabamun, Darwell & Lake Isle, Onoway & Arco (780) 924-3351</i>	St. Joseph's Catholic Church Sunday Mass 11:30 a.m. Wabamun, AB	Sangudo St Mary the Virgin Anglican Church Sunday Services: 2nd & 4th Sunday Holy Communion 11:00 a.m.	Our Lady of Lourdes Saturday's 7:00 P.M. Lac La Nonne, AB 780-967-5261	Sangudo United Church Sunday Services 1 st and 3 rd Sun. of each month <i>No services July & Aug</i> Lunch to follow. Feed the Body & Soul. Worship Service 11:00 a.m.
Trinity Lutheran Church (LC-C) <i>"The Church of the Lutheran Home" - Rockford Bridge</i> Pastor Dan Hanssard Church (780) 778-2053 Sunday Worship 9:00 a.m. <i>Share's Service & Cottage Bible Study - Phone for locations</i>	Mayerthorpe Pentecostal Assembly P.A.O.C. Rev. Arnold Lotholz Sunday 10:30 a.m. Morning Service Tuesday 7:30 p.m. Ministry Training (780) 786-2424	St. Michael Lutheran Church Sunday Services 1 st & 3 rd Sunday at 1:30 p.m. Pastor Judy Jarvis (780) 674-3044 <i>Mystery Lake</i>	Onoway Baptist Church Sunday Service 10:00 a.m. Youth Group Friday 7:00 p.m. (780) 967-2266	Whitecourt United Church Pastor Deborah Springer Sunday Coffee 10:00 a.m. Sunday Service 10:30 a.m. All Welcome 5201 - 50 St. (780) 778-2578
Alberta Beach Alliance Church Sunday Worship Service & Kid's Church 11:00 a.m. Sunday School 10:00 a.m. (780) 924-3282	Cherhill Community Church Sunday School 10:00 a.m. - 11:00 a.m. Worship Service Sunday 11:00 a.m.	Roman Catholic Church St. Agnes' Parish, Mayerthorpe Sunday 9:00 a.m. St. Elizabeth Parish, Evansburg Saturday 7:00 p.m. (780) 786-2032	Calahoo Alliance Church Family Worship Service Sunday 10:00 a.m. For Info Call Jerry (780) 974-7734	Rock Victory Church Worship Celebration Sunday Worship w/ Children's Ministry 10:30 a.m. Wednesday Prayer & Bible Study 6:00 p.m.

COMMUNITY EVENTS 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9229. Please note that all submitted announcements will be edited to fit the 2 line limit. Deadline 12 noon Friday prior to publication (Thursdays on long weekends).

SEPT 5 - MAKE THE CONNECTION NIGHT, 6:00-8:00pm. Discover what programs, groups, organizations, agencies, businesses, events & home based businesses are available in your area. To book a table, email: onwayfarmersmarket@gmail.com

SEPT 8 - ONWAY FARMERS MARKET: PAINTING/ART DEMOS: If you or any Artists you know would like to participate please Contact (780) 667-6327 or onwayfarmersmarket@gmail.com.

SEPT 19 - HARVEST FAIR by Spruce Grove Ag Society, 9:30am-1:00pm.

FARMERS MARKETS

ALBERTA BEACH: Open Every Sunday, May - Oct, 12-3pm. Contact Joanne 780-690-6392
BARRHEAD: Open Saturdays, May - Dec. 10am - 1pm. Sherry 780-674-6802

ONWAY FARMERS' MARKET presented by the Onway & District Ag Society, Fridays at Onway Community Hall. Starts May 1st. Contact (780) 667-6327 or onwayfarmersmarket@gmail.com. New vendors welcome!

SPRUCE GROVE: at the Elevator, Sat 9:30-1:30, tables (780)240-5821

STONY PLAIN: Sat, 9am-1pm, Downtown, Stony Plain. Nancy 780-962-3993.

WESTLOCK: 11-3pm, Bargain Shop Mall, Dave 780-954-2437

WHITECOURT: Legion, Tuesdays from 11am - 2pm, May - Oct. 779-7002. Little Market - Big Heart

BINGO

BARRHEAD ROYAL CANADIAN LEGION: Doors 5:30pm, games start 7pm. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

CHERRILL BINGO: Tuesdays at Cherrill Community Association. Doors Open at 6:30pm, Games at 7:30pm.

CHERRILL LEGION: First Sunday of Month. Doors Open 12:00 Noon

MAYERTHORPE ROYAL CANADIAN LEGION: Tues, doors 6:30pm, bingo 7:30pm

RICH VALLEY COMMUNITY HALL BINGO: 7:30pm. Loonie Pots. Next bingos July 12 & 26, August 9 & 23.

STONY PLAIN SENIOR'S DROP-IN CENTRE, public bingo every Tues, 7pm. All ages welcome. Phone (780) 963-6685

MEAT DRAWS

Alberta Beach Museum: Every Sat 4pm, Alberta Beach Hotel

Alberta Beach: 4pm, Every Sun. Jungles Bar & Grill

Barrhead & District Lion's Club: Every 2nd & 4th Friday 5:30pm at Barrhead Neighbourhood Inn. Info 780-674-7242.

Barrhead Royal Canadian Legion: every Fri 6pm. Also have Queen Of Hearts draw & 50/50. Nevada on sale at the bar. Snacks provided.

Darwell: Put on by Alberta Beach & District Lions Club, 4:00pm, bi-weekly, Darwell Lounge & Restaurant

Onway Royal Canadian Legion: every Fri Ph. 780-967-5361

Stony Plain Royal Canadian Legion Br# 256: Every Saturday @ 3pm. Meat Draw & 50/50.

Whitecourt Legion: Every Sat, 4pm. Located downtown behind the CIBC.

MEALS ON WHEELS

ALBERTA BEACH & AREA: Diane 780-924-2348.
DARWELL & AREA: For info on volunteering or eligibility, call Lorraine, 892.2967.

ONWAY & DIST: Frozen & hot meals available. Call 967-2338 or 967-5244.

JAMBOREES

CALMAR: Wilton Park Community Hall, Every 4th Sat of Every Month. Starts at 7:30pm. Phone 780-985-2478 or 780-985-3200.

CHIP LAKE: Ravine Comm Hall, 1st Sat 325-2119 or 325-2391

MAGNOLIA: at Magnolia Hall, 7pm. Every 2nd Saturday, Hot Food. 727-2015 or www.magnoliacommunityclub.ca *October - May.

SANGUDO: Sangudo Community Hall, 1st Sat of month 7pm. Everyone welcome. 785-4105 or 305-5088. *October - May.

SPRUCE GROVE: at Sandhills Community Hall, 3rd Sunday, 1-5pm. Info Florence 780-962-3104 Margaret 780-962-3051 *September - June.

STONY PLAIN: Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2nd & 4th Thurs of the month @ 7pm, Cost \$2. Everybody Welcome. Contact 587-989-7214 or 963-7920.

THE ABBOTTSFIELD VARIETY MUSIC JAM: at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3rd Friday of each month @ 7pm. PH: 780-918-8545, Admission is Donations Only.

TOPS Meetings (Take Off Pounds Sensibly)

ALBERTA BEACH: Tues Alberta Beach Lutheran Church, Hwy 633. Weigh-in 6-6:45. Meeting 7. 967-5009.

EDMONTON: Thurs 8:30-10am at Annex of Grace United Church (6215-104 Ave). \$7/month

ENTWISTLE: Wed 5:15 weigh-in, 5:30-6:30 meeting, upper level Lions' Hall (next to swimming pool) 780-932-2695.

EVANSBURG: Thursday Mornings 9:30am at Evansburg Legion Hall (Back door). 727-2155

SANGUDO: Tues, United Church, 6:00pm. Sharon 785-2095 or Marlene 786-4646.

YOUR COMMUNITY

SEA CADETS: 299 Mackenzie, Stony Plain Comm Center, Wed 6:30 for youths 12-18, 963-0843

SPRUCE GROVE ELEVATOR TOURS, Tues-Sat, 9-3pm. Info 960-4600.

UNITED CHURCH THRIFT SHOP: North end Curling Rink, Onway. Open Fri & Sat, 10am-4pm.

WATER SAMPLE DROP OFF: Tues Onway Aspen Health Services. Drop off 1-2:30 pm.

SOCIAL EVENTS

50+ YOUNG AT HEART LUNCHEON for Parkland County Seniors. 12 Noon at Stony Plain United Church Basement, \$8/plate. 3rd Wed of Each Month, Sept - June. For reservations: Audrey 780-963-1782.

ALBERTA BEACH & DISTRICT ACTIVE 50+ Club activities: Monday, Wed, Fri 10:15 am Aerobics/Fitness (Walking Segment starts October 5th, all Fall & Winter); Tuesday 7:30 p.m. Crib (year round); Wednesday 1:00 p.m. Bridge (year round).

BADMINTON: Wed, 7-10pm, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

BARRHEAD PHOTO CLUB: 1st & 3rd Wed - email barrheadphotoclub@gmail.com for location or call 780-674-3314 or 780-674-4663

COUNTRY QUILTERS in Stony Plain house a "Sew in Tuesday", 2nd Tuesday of every month, from 10-3pm. Drop in \$5/member, \$6/non-members. Bring your own projects to work on, coffee will be supplied, cutting mats, rulers & irons supplied. Contact Cindy 780-963-7170.

JR. SCRAPBOOKING Wed 4-6pm. Kids ages 10+ are invited to come & complete a project. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

LAC STE ANNE COMMUNITY CHOIR, Accepting

new members for all voice ranges. Men & women 18 yrs & over. Weekly practice Wednesdays at Alberta Beach Heritage Center from 7-9pm. For info call Eunice @ 780-618-7865. *Starting Fall Season Sept 6

ONWAY GOLDEN CLUB: Cards Tuesdays, 1:00pm. Exercise Fridays, 10:00am. 1st Tuesday: Pot Luck Supper, Last Friday: Soup & Sandwich. 5023 49 Ave. 780-967-3436.

ONWAY HAVE FUN & GET FIT! Exercise Class with Video La Blast, Dancing with the Stars Choreographer Louis van Amstel, Fridays 10:30am at the Drop in Centre, 5023-49 Ave. Walk ins Welcome. More info, 780-967-2056.

ONWAY MUSEUM: Gym & classroom 780-967-1015 or 780 - 967-5263

ONWAY ROYAL CANADIAN LEGION open Tues 7:30pm & Fri 3pm - Friday's Family Friendly Dinner starts at 5:30pm (open to the public)

PANCAKE/BREAKFAST SOCIAL: Parkland Village Community Centre - 3rd Sunday (except June, July, August) 9-11:30am

RIVER TALKERS TOAST MASTERS CLUB, every thursdays from 7-9pm. 32 Whitecourt ave. Hilltop Community Church. Info Lorraine 286-5040.

SANGUDO ART GROUP: Every Wednesday from 9:00am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. Potluck. For more information call 780-785-2112.

SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS at PERC Building (5413-51 St. Stony Plain). 2nd Friday of the month at 7pm. Popcorn provided, donations appreciated. Contact 780-940-3032

SPIRITUAL LIVING STONY PLAIN GATHERING at PERC Building (5413-51 St. Stony Plain). Every 2nd & 4th Sunday of the month. Meditation at 10am, inspirational sharing at 10:30am, Children's activities. Contact 780-940-3032

SQUARE DANCE LESSONS: Thursdays 7-9pm. Starts Sept 29th to Dec 15th, 2016. Broxton Park School, Spruce Grove. 10 Weeks - \$80/adult. 780-999-9482 or i.squardance2016@gmail.com

WRITERS PROGRAM: Mayerthorpe Library, 1st & 3rd Wednesday at 1pm.

VOLUNTEER TUTOR ADULT LITERACY PROGRAM (VTALP): Need assistance with reading/writing, English language (ESL) or Basic Computer skills? We offer free one-on-one tutoring! Info: Carla Burkell, 780-554-2940, email: literacy@isac.ca

MEETINGS

1ST ONWAY SCOUTS:Registration, 6:30-8pm, Mon Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

3053 ROYAL CANADIAN ARMY CADETS, Onway Historical Centre, Wed, 6:45pm-9:30 for youths 12+ 967-0443

755 PARKLAND AIR CADETS Thurs, 6:30-9:30pm Muir Lake School, ages 12-18. Info call 405-6585 or www.aircadet.com/755.

526 Barrhead Air Cadets, Wednesdays 6:30 - 9:30pm, High School Ages 12-18 are welcome. 780-305-7233

AA - Mayerthorpe, Kingsmen Hall, Thurs, 8pm. (780) 786-2604 or (780) 786-1927

AA - Sangudo Golden Club, Tues 8pm call 786-4402/785-9214/785-3599

AL-ANON: Tues 7pm, Onway Anglican Church (4809-50 St.) 780-967-3356 or 1-800-4AL-ANON.

AL-ANON Wed Spruce Grove United Church, 1A Fieldstone Dr, 8pm. 962-5205

ALBERTA 55 PLUS: Villeneuve Hall at 10a.m. New Members Welcome. Meetings on 2nd Tues of the month. Info from Donna 780-962-5933

ALBERTA BEACH & DIST LIONS CLUB meets every 4th Tues 7pm, Alberta Beach Agplex.

ALBERTA BEACH AG SOCIETY meets on the 4th Thurs. of month, 7pm, Agplex

ALBERTA BEACH MUSEUM meets the 2nd Wed, 7pm at Heritage House 924-3167.

ALCOHOLICS ANONYMOUS IF Drinking is a Problem, call 780-236-1043

BARRHEAD ROYAL CANADIAN LEGION, general meeting every 2nd Thurs, 7pm at the Legion Hall.

CHERRILL COMMUNITY ASSOC. Monthly Meeting 1st Wednesday, 8pm at the Hall. 785-2825 *Except Jan, July, Aug, Sept.

CHERISHED MEMORIES, PARENTS & TOTS Wed & Fri, 10-12pm, Alberta Beach Agplex. Sept-June. Info call Melissa 780-297-1892.

Citizens Helping In Life's Defence (C.H.I.L.D) Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris 780-963-6997.

CITIZENS ON PATROL: The Pembina Community Watch Patrol Meets 2nd Thurs of each month at 7:30 pm, at the West Central Force Association Office 5009 45th Avenue, Entwistle. Contact 780-727-2000

DARWELL & DISTRICT AG SOCIETY MEETINGS, 8pm, 1st Mon, Darwell

DDRA MEETING, 7pm, 2nd Mon (except Jul/Aug/Dec), Darwell 892-3099.

GIRL GUIDES, BROWNIES & SPARKS Thurs, 6:30pm, Onway Heritage Centre. Info Laura, 780-967-1004.

GLENEVIS COMMUNITY meets 1st Wed. Info 785-4144 or 721-6188.

GREENCOURT COMMUNITY ASSOCIATION meet 2nd Tuesday, monthly at 7:30pm at the hall. Info W. Jager (780) 786-4648.

KINETTE CLUB OF MAYERTHORPE, 7:30pm at Kinsmen Hall, 1st Tues of each month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

LAC STE ANNE ARMY CADETS, Thurs, 6:30-9:30 at Onway Museum (780) 967-0443

LAKE ISLE HALL BOARD: 3rd Tues, 7:30pm, Lake Isle Hall. Contact 780-940-3032

MAYERTHORPE HOSPITAL AUXILIARY ASSOC, every 4th Mon, 5pm in Hospital Basement Education Room.

MEN FOR SOBRIETY: Wednesdays at 7:30pm, FCCS Building (#105, 505 Queen Street, Spruce Grove). Mike (780) 965-9991.

MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP Are you diagnosed with MS and have questions? This group is for you! Last Tues of month, Sept-June, 7-9pm, Westview Health Centre (4405 South Park Dr.) Contact Cassy 780-471-3034

NA MEETING Tues, 7pm Poplar Valley Church (780)514-6011

ONWAY & DIST HERITAGE SOCIETY: 2nd Wed of each month, 7:30pm, Chateau Lac Ste Anne

ONWAY & DISTRICT HISTORICAL GUILD: 3rd Wed 7pm, Onway Museum. 967-5263 or 967-2452.

ONWAY QUILTERS, 2nd & 4th Thurs, 10am-4pm, Lac Ste Anne Chateau Activity Room.

ONWAY ROYAL CANADIAN LEGION General Meetings, 1st Mon, 7pm (Sept-June).

ONWAY MASONIC LODGE #138, 4th Wed, 7:30 Onway Legion

PROBLEMS WITH DRUG OR ALCOHOL ADDICTION in a loved one? Contact Drug Rehab Resource free confidential consultation. 1-866-649-1594 or www.drugrehabresource.net.

RICH VALLEY AG SOCIETY BOARD MEETINGS: at the Agplex on the 2nd Wed of the month. 7:00pm.

RIVER TALKERS TOASTMASTERS CLUB Build your confidence, your speaking & listening skills in a friendly and supportive environment. Drop in as a guest. Thursdays 7-9pm at the Hilltop Community Church, 30 Whitecourt Ave. (downstairs). Or contact Carla Burkell, VP Membership, (780)268-3653.

SANGUDO PAINTING GROUP: Every 1st and 3rd Wed from 9:30am-12:00pm at Sangudo Community School. Would you like to Learn to paint? Teacher come in once a month for workshops. For more information call 780-785-2112.

SUNDOWNERS TOASTMASTER CLUB: Mon (excl. Holidays) 7:30-9:30pm. St. Matthew's Church, Spruce Grove. July 960-5258

WEIGHT WATCHERS Alberta Beach Agplex - Mondays, weigh in 6:30pm. Meeting at 7pm.

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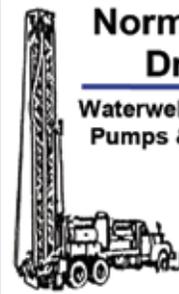
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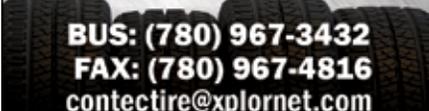
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