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## February 18, 2020

### LAC STE. ANNE COUNTY NEWS HIGHLIGHTS

**Submitted by Lac Ste. Anne County**

#### COUNCIL MEETINGS

• February 27, 2020: County Council Meeting

Council meetings are held the second and fourth Thursdays of each month unless otherwise noted.

Meetings begin at 9:30am. Visit [LSAC.ca/agendas](http://LSAC.ca/agendas) for meeting agendas. To address Council, appointments must be booked at least 8 working days prior.

#### PUBLIC WORKS DEPT SEEKS SEASONAL LABOURERS

Five seasonal County posi-

tions are open for applicants Lac Ste. Anne County's Public Works department requires Seasonal Labourers for road maintenance activities between the months of May and August 2020. A total of five positions are available.

*Continued on Page 3*

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### LOSS PREVENTION OFFICER AIDS IN ARREST

**Submitted by St. Albert RCMP**

On December 11, 2019, at approximately 4:30 p.m. St. Albert RCMP received a call from London Drugs Loss Prevention Officer who stated they recognized an individual who was presently in the store, who had an outstanding warrant from a previous theft on October 23, 2019, where 6 Garmin Watches valued over \$2700 were stolen from the store.

Police attended London Drugs, identified the individual in question and arrested Chad ROSTAD (44) for Theft

Under \$5000. It was determined the ROSTAD had outstanding warrants from Saskatchewan as well thus St. Albert RCMP liaised with Regina Police Service and were able to get the Saskatchewan warrants extended to Alberta.

ROSTAD plead guilty to the Theft Under \$5000 from St. Albert London Drugs and he will be returned to Saskatchewan jurisdiction to appear in court on unrelated matters.

During the course of this investigation St. Albert RCMP located a vehicle associated to ROSTAD, which was seized at the time of his arrest. Ap-

proximately \$8000 of new merchandise, believed to be stolen, was located inside the vehicle. St. Albert RCMP continue to investigate this matter and charges are pending.

Inspector Pam Robinson states, "Everyone has a role to play in keeping our communities safe. This successful apprehension of this traveling offender, resulted from successful community partnerships. A connected community is a safe community."

If anyone has information regarding any crime, they are asked to contact the St. Albert RCMP Detachment at 780-458-7700.

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# Lac Ste. Anne County News Highlights

*Continued from Page 1*

## ALUS OPEN HOUSE

Thursday, February 20 at the County administration office from 5:00pm – 8:00pm.

Take in the upcoming Alternative Land Use Services (ALUS) open house and learn more about creating, managing and benefiting from environmental projects on your land. For info contact ALUS Coordinator Megan Casey at 780.785.3411 or alus@lsac.ca.

## COUNTY TO PROVIDE TAX PREPARATION ASSISTANCE

You may qualify for assistance filing your income tax & benefits Lac Ste. Anne County Community Services is pleased to offer its annual Community Volunteer Income Tax Program (CVITP) to eligible citizens. Specific details like pickup/dropoff services, in-office

appointments and eligibility requirements will be announced by February 28 via regular County media channels.

This program is a partnership between the Canada Revenue Agency and community organizations which host tax preparation clinics and arrange for volunteers to prepare income tax and benefit returns for eligible individuals.

## AFCA LAUNCHES CLEVER CARBON MONOXIDE AWARENESS CAMPAIGN

Humorous approach employed to deliver serious safety message

A province-wide campaign launched recently by the Alberta Fire Chiefs Association (AFCA) seeks to encourage Albertans to test their carbon monoxide alarms every month.

More than 70 per cent of Albertans have at least one carbon monoxide alarm in their home, according to the AFCA's research. However, although Albertans should be testing their

alarms monthly, less than half of Albertans said they were "very likely" to on even an annual basis. Furthermore, only 29 per cent of respondents said they were concerned about carbon monoxide poisoning.

The AFCA's campaign will be promoted through social media, advertising on television and in select Cineplex theatres, as well as direct mail, posters, and online at CarbonMonoxideAlberta.ca.

*Continued on Page 4*

**STORY TO TELL?**

Know of a good event going on in the community? Ever wanted to write up a local event for the Community Voice?

If you have any good ideas for articles or would like to submit a story for the paper, Email it to [news@com-voice.com](mailto:news@com-voice.com) or just fax it in at (780) 962-1021.

Please call us at (780) 962-9228 for more information.

*Stories may be edited for length due to possible space restrictions.*

**COMMUNITYVOICE**  
YOUR LOCAL NEWSPAPER

### TOWN OF ONOWAY EMPLOYMENT OPPORTUNITY

#### Chief Finance Officer

The Town of Onoway is seeking a qualified and energetic individual to fill a vital role in our administration office. Reporting to the CAO, the CFO is responsible for providing oversight and management of the day to day finance functions of the municipality.

The duties of this position will include, but not necessarily be limited to:

- Responsible for the finances and investments for the Town Of Onoway
- Oversees and develops all financial and accounting functions which includes but is not limited to tax roll, a/p, a/r, fixed assets, assessment
- Working with Muniware software system
- Provides necessary reports and advice to the CAO and Public Works Manager on all matters of a financial and accounting nature
- Develops the annual Operating and Capital Budgets for Council's approval in accordance with Provincial Government requirements that results in accurate operating and capital investments
- Develop and maintain the 3 year Operating and 5 year Capital Plan for Council's approval
- Balances the assessment role and prepares the annual tax rate bylaw based on the approved budget
- Other duties as required.

We are looking for a self-motivated Team Player who desires the challenges and rewards of municipal administration. Preference will be given to applicants with a CPA designation or equivalent, post-secondary certification/diploma/degree in accounting, finance or related area. Strong Microsoft office and excel spreadsheet and accounting software skills are essential. Experience in municipal accounting and financial administration is a preference. Proven interpersonal, supervisory and team leadership skills is an asset. The successful candidate must have a positive attitude and willingness to learn new roles.

The Town has a competitive salary range and strong benefit package. A job description for this position can be found on the Town's website.

Resumes, including cover letter stating experience, qualifications and references, will be accepted until 12:00 p.m. noon, Wednesday, March 4<sup>th</sup>, 2020 and submitted to:

**Wendy Wildman, Chief Administration Officer**  
Town of Onoway  
4812 – 51 Street, Box 540 Onoway, AB T0E 1V0  
[cao@onoway.ca](mailto:cao@onoway.ca)

*This position will remain open until a suitable candidate is found. The Town of Onoway wishes to extend their thanks to everyone in advance for their applications, however only those chosen for an interview will be contacted.*

# Lac Ste. Anne County News Highlights

*Continued from Page 3*

## EXPLORE LOCAL WEBINAR SERIES UNDERWAY

Topics range from local trends and food safety to alternative market channels

Explore Local is an Alberta Agriculture and Forestry webinar series that helps producers and others build on – and cap-

ture – growth opportunities in the local food market.

The 2020 Explore Local series is already underway, but this great educational content runs until late April. Upcoming webinar topics include Local Food and Beverage Sales Trends and Opportunities, Alberta Food Regulation for Farmers' Market Manag-

ers and Vendors, and Finance Options for Small-Scale Food Businesses. Registration for these webinars is fast, easy, and free!

Visit [LSAC.ca/Agriculture](http://LSAC.ca/Agriculture) for a complete rundown of Explore Local webinar topics, scheduled times and registration details.

Webinars provided courtesy of Alberta Agriculture and Forestry.

**CLUBROOT STATUS CHECK**  
View the 2019 clubroot map To confirm the clubroot status of your field, visit [LSAC.ca/Clubroot](http://LSAC.ca/Clubroot) or grab a copy of the 2019 clubroot map from the County administration office. Alternately, please call 780.785.411 or email [AgServices@LSAC.ca](mailto:AgServices@LSAC.ca).

**SAVE THE DATE: RIPARIAN STEWARDSHIP 2.0 WORKSHOP**

Cherhill | Thursday, March 26 from 12 Noon to 4:00pm

Interested in taking on a riparian project or just want to learn more about good land management practices? This workshop is for you! Details will be posted on [LSAC.ca/Agriculture](http://LSAC.ca/Agriculture) closer to the workshop date.

**COUNTY UNVEILS REGIONAL BUSINESS DIRECTORY**

Great new marketing resources for registered local businesses.

On February 15, Lac Ste. Anne County and the Town of Onoway launched a business portal called Shop the County – the latest milestone in its three-year economic development road map. Local businesses registered with the Town or County can now make use of free marketing tools including a customizable business directory. Visit [shopthecounty.ca](http://shopthecounty.ca) to learn more.



Visit [LSAC.ca](http://LSAC.ca) to explore the latest Lac Ste. Anne County news and events in greater detail.



56521 RGE RD 65, BOX 219, SANGUDO AB T0E 2A0  
OFFICE HOURS: 8:30AM TO 4:30PM MONDAY THROUGH FRIDAY  
phone 780.785.3411 toll-free 1.866.880.5722 [lsac@lsac.ca](mailto:lsac@lsac.ca)

### PLANNING & DEVELOPMENT

#### NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at 1-866-880-5722 or [devassistant@lsac.ca](mailto:devassistant@lsac.ca), Monday to Friday 8:30am to 4:30pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DEADLINE
20-D0005	54218 RGE RD 33 NE 16-54-03 W5M	32.3m Self-Support telecommunication installation, Fenced in area of 6.0m x 5.0m (30 sq. meters), 1.5m x 1.6m (2.4 sq. meter) Equipment shelter.	March 9, 2020
20-D0008	55109 RGE RD 20 Lot 3, Block 1, Plan 1220509 within SW 07-55-01 W5M	Converting a home based mechanical welding shop into a directional drilling company operation within the existing 3500 sq. ft. Mechanical & welding shop Home Occupation.	March 9, 2020
20-D0010	54514 RGE RD 13 SE 33-54-01 W5M	2000 Mobile Home 70.0' x 15.0' (1050 sq. ft.), Addition 12.0' x 22.0' (264 sq. ft.), Deck 12.0' x 26.0' (312 sq. ft.).	March 9, 2020

Anyone who claims to be affected and who wishes to lodge an appeal against any of the above developments must do so in writing on the applicable form on or before 4:30pm on the above noted date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning and Development department, Box 219, Sangudo, Alberta, T0E 2A0.

**PLEASE NOTE:** Lac Ste. Anne County requires that a non-refundable fee of \$250.00 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by Cheque, Visa, MasterCard, Interac or Cash.

# WORLD DAY OF PRAYER

March 6th 7:00pm at St Rose of Lima Catholic Church, Onoway

Submitted by Mu Lavin

The invitation is out for everyone - men, women and children of all ages - to join the 2020 World Day of Prayer as we celebrate the theme: Rise! Take Your Mat and Walk. Zimbabwe, one of the more southern countries in Africa, has prepared the service this year. We are encouraged to reflect on the challenges this republic has encountered during independence steps over the last sixty years. The writing team has shared the injustice obstacles that the women of Zimbabwe have met, and the hopes they have for the future. These experiences unite us all in prayer and solidarity.

World Day of Prayer is an international, inter-church event that began 98 years ago bridging social, geographic and political barriers

in over 170 countries. The weekend of prayer begins in Samoa and prayer in native languages travels throughout the world --- through Asia, Africa, the Middle East, Europe, Australia and the Americas. Together we pursue justice, peace and reconciliation by standing together in prayer and action.

The preparation for the day is vast. An international committee is based in New York and there are national committees and organizations in each participating country. In Canada, the World Day of Prayer (WDP) is coordinated by the Women's Inter-Church Council of Canada (WICC), one of the original founders of this prayer movement.

Offerings received through the World Day of Prayer transform our prayers into action in the form of project

grants empowering women and children in our own country and throughout the world. All regions share in the grants, with consideration given to greatest need. Through WDP offerings, WICC has distributed over 2.5 million dollars in the past 35 years. The vision is to restore hope to women and children touched by injustice.

The Women's Inter-Church Council of Canada (WICC) invites you, your friends and family to join a service in over 1,150 Canadian communities on or near Friday March 6, 2020.

For more information contact Mu Lavin 780 967 3079 or lavinmu@xplornet.com



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Fair grounds

**WINTER CARNIVAL**

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# CN POLICE WANT YOU TO STAY SAFE THIS WINTER

Submitted by CN Police

No matter where you live, chances are you will face some challenging driving conditions in the months ahead. Freezing rain, snow, sleet and whiteouts can make winter driving downright dangerous.

In fact, according to the Transportation Safety Board, there's a spike in railway crossing incidents during the winter months. This is due to many factors, including:

- Ice and snow making it harder for drivers to stop and manoeuvre their vehicles;
  - Snowy roads that hide pavement markings;
  - Blowing snow, fog, and sleet that reduce visibility;
  - Snowbanks and snow in trees reducing sight lines;
- Reducing the likelihood of being in a serious car ac-

cident in winter starts with proper planning and knowing your rail-safety basics.

Following these simple tips can help keep you safe when you encounter train tracks this winter:

Plan ahead and check the weather forecast before travelling—not only for your current location, but also for your final destination. If conditions deteriorate while you're on the road, stop at the nearest town or rest area and wait until it's safe to continue driving.

Reduce your speed when road conditions are poor, it takes longer to stop. Always slow down well in advance of a railway crossing. The more time you have to react, the better chance you have of avoiding a collision.

Avoid distractions when approaching railway cross-



ings turn off your radio and heating fans so you can listen for trains. Reduced visibility and sounds from a storm can make it more difficult to see and hear if a train is coming. Roll down your window—especially if it's frosty or foggy—and look both ways before crossing the tracks.

Look for railway warning signs and signals snow may cover train tracks at a crossing, making them look like the road. Look for warning signs and other indications that there is a railway crossing ahead so you can prepare to stop, especially when driving at night.

Use winter tires they have treads designed to grip ice

and snow, so you will be less likely to slide on the road or into the side of a train. All-season tires can begin to lose their traction when the temperature drops below 7°C.

Don't drive impaired alcohol and drugs such as marijuana reduce your ability to pay attention, react quickly and make safe driving choices.

Remember "any time is train time". Be rail-smart this winter: Look. Listen. Live.

For CN Police related concerns 1-800-465-9239

For CN Public Inquiry concerns/complaints 1-888-888-5909 or contact@cn.ca



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- Materials Coordinator
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# Cupid's Choice

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Colouring Contest winners



Elizabeth L. Age 3



Ryder M. Age 5



Natalie P. Age 8



Makayla Age 11

# PARKLAND RCMP ARREST KNOWN OFFENDER FOR FLIGHT FROM POLICE AND OUTSTANDING WARRANTS

Submitted by Parkland RCMP

On Feb. 2, 2020 at approximately 11:45 a.m. Parkland RCMP were on patrol on Range Road 35 near Duffield, Alta. when they observed a male with out-

standing warrants driving a motor vehicle. Rudy Bird had a warrant for being unlawfully at large as he failed to report to the Fort Saskatchewan Correctional Centre for an intermittent sentence.

RCMP attempted to initi-

ate a vehicle stop however, Bird fled from police at a high rate of speed. RCMP had other means to locate Bird and disengaged from trying to stop him due to the risk to public safety.

On Feb. 12, 2020 at approximately 4:00 a.m. in

the area of Paul Band First Nation, RCMP were conducting pro-active vehicle checks and located Bird as the backseat passenger in a vehicle. Bird was arrested without incident.

Rudy Bird (37) of Duffield, Paul First Nation, Alta. is charged with:

- Being unlawfully at large
- Fail to attend court
- Flight from peace officer

Rudy Bird was held for a justice interim release hearing and was remanded into custody. He will appear via CCTV on Feb.13 , 2020 in Mayerthorpe Provincial Court.

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# SUPPORTING A FRIEND WITH MENTAL HEALTH ISSUES

**Submitted by Alberta Health Services, my-health.alberta.ca**

Do you have a friend who just doesn't seem to be their usual self? Something about them has changed, and you're wondering what's going on?

Friends can be the first ones to notice changes in a friend. It may be a change in mood, certain behaviours, or in activities they used to enjoy. You may notice that your friend seems to be tired all the time or is easily annoyed. Maybe they've stopped hanging out and are spending more time alone. Sometimes it's hard to pinpoint what's different about them, but you just have a sense that something's wrong. Maybe they've told you that they're having struggles.

Many people turn to their friends for help if they're having a problem. Knowing how to support someone is an important part of being a friend.

Signs a friend may need

some support:

- They don't seem to enjoy activities as much anymore.
- They seem distracted or are having trouble staying focused.
- They are unusually worried about things that don't seem to be a big deal to you or others.
- Their eating habits have changed—they avoid hanging out at lunchtime or make excuses as to why they're not eating.
- They're always tired or complain they aren't sleeping well.
- They're missing more and more time from school or work.
- They're drinking more alcohol or using other drugs more.
- They're sad much of the time and find it hard to see any positives in their life.
- They are spending more time alone—they don't want to hang out with friends or do any of their usual activities.

If you've noticed changes in a friend that have been going

on for a while or seem to be getting worse, it's time to do something. Speak up! Start by sharing with your friend what you have noticed and why it concerns you. Have this conversation in a comfortable but private place, where the two of you can talk without being interrupted. Let them know that you care about them and you're worried about them.

- Build confidence. Identify your friend's abilities and strengths, build on them, and encourage your friend to do their best.
- Give compliments. Compliments help us to remember the positives in our lives, especially when times get tough.
- Give and accept support
- Manage stress. Help your friend to learn what stresses them and how they can manage it in healthy ways before it overwhelms them.
- Deal with moods. Support your friend to find safe and constructive ways to talk about negative feelings, such

as anger or sadness. Sports, writing (keeping a journal), painting, dancing, making crafts, are all good ways to help deal with difficult emotions.

- Encourage your friend to do things they're good at and to have the courage to step outside their comfort zone and try something new.
- Share humour. Have fun together. Take some time to laugh with your friend.
- Be accepting of different types of people, and include others even if they are different than you. Focus on what you like about who they are as people.

Helping others to acknowledge their strengths and feel good about themselves can also help you recognize your own strengths and ways you can support your own mental wellness.

If you or if your friend needs more help, call Health Link at 811 or the Mental Health Help Line at 1-877-303-2642, available 24 hours a day, 7 days a week.

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# *Bridal Guide*

February 2020



## *Your* Guide to Planning Your Big Day

Filled with helpful planning advice, savvy how-to tips and the latest wedding trends, as well as a host of local wedding vendors here to help you plan the perfect day!

# Bridal Guide



## A GUIDE TO HOSTING A DAYTIME WEDDING

Weddings dot the social calendars of millions of people across the globe. The Association for Wedding Professionals International says every year an average of 2.4 million weddings are performed in the United States and approximately 150,000 per year are performed in Canada. Evenings are the most common time of the day to host a wedding, but that does not mean a daytime wedding cannot be a beautiful event and make for a party to remember.

Couples are increasingly customizing their weddings to be a reflection of their personal styles. One of the ways couples are customizing their festivities is by moving the wedding to various hours of the day that meet the couple's needs. A wedding that takes place in the late morning

or afternoon may be the perfect fit for some couples. Here's how to navigate the specifics of a daytime wedding.

- Secure accommodations. An early wedding means guests may have to travel from afar the evening before to be able to attend the festivities. Daytime weddings can be complemented by working with a hotel or bed and breakfast to ensure guests will have a place to stay and get ready to arrive at the early wedding in time.

- Don't be afraid to negotiate prices. The wedding resource Bridal Guide says that vendors are typically more amenable to price discounts or offering greater value for daytime weddings. That's because demand for their services is reduced during the day. Similarly, venues may have

more availability during the day than at night, and, as a result, they're more flexible on prices, especially since brunch foods generally cost less than dinner entrees.

- Hire the right photographer. Be sure to contract with a photographer who is a pro at handling photos in daylight and natural light. While many photographers are skilled in any light, many are used to shooting in churches and venues with low lighting. Be sure to see picture samples taken during the daytime to gauge a photographer's daytime experience and skill level.

- Employ color to add dimension. During evening weddings, lighting or candles help set the mood. Those same elements will be ineffective in daylight. Choose

bright colors for your decor and flowers to brighten up spaces.

- Choose alternative entertainment. Chances are guests are not going to feel as comfortable dancing during daylight hours. Consider other entertainment, such as lawn games, karaoke, or a comedian. A guitarist or pianist may be a nice musical touch.

- Plan food accordingly. Just because the wedding is early does not mean the food should be. Guests still will need to eat. If you are only opting for light appetizers and cocktails, be sure to mention this on the invitation so guests can plan ahead and won't go hungry.

Daytime weddings can be successful with a little tweaking of traditional evening wedding planning.

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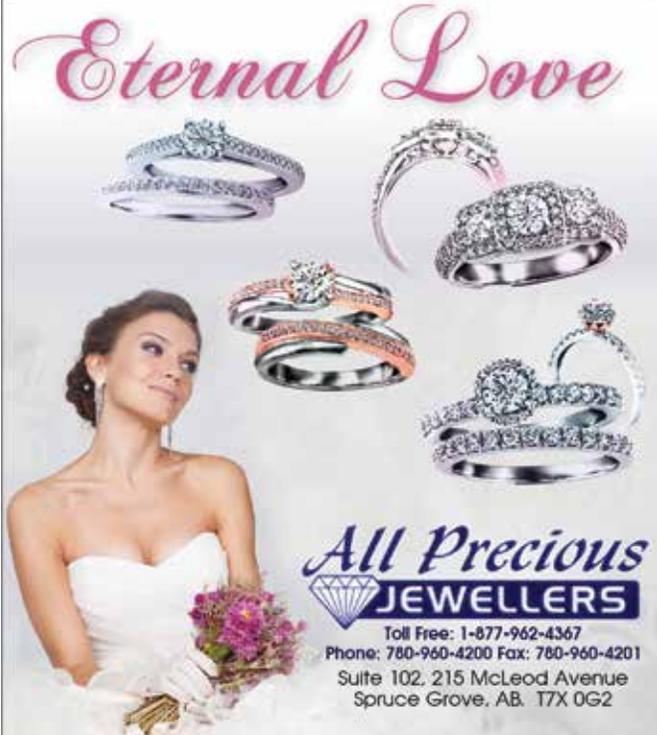
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# Bridal Guide



## MAKE CANDLES AN ILLUMINATING PART OF THE CEREMONY

The warm, undulating light cast off by a candle adds an unmatched ambiance to a space. Multiply that candle by many and it can create a truly awe-inspiring atmosphere.

Candlelight is a must at any evening wedding and can be a key to a successful party as guests tend to loosen their inhibitions in a dimly lit room. While candlelight can add a warming glow to post-wedding festivities, it can play a significant role during the ceremony itself.

Flickering flames within a dimly

lit chapel or alternative ceremony site can establish an intimate setting in which a couple exchanges vows. Candles can even become a focal point of the ceremony. For example, some couples may opt to light a unity candle during their ceremonies. The unity candle symbolizes the joining of the families and merging of two individuals into one blended family. Representatives from both families, typically the parents of the couple, come up and light a candle for each side of the family. Then the bride and groom will

light a center candle from these two candles. The center candle then represents the unity of the new family and their commitment to each other.

Apart from the unity candle, there may be other ways candles play a role in the ceremony. They can be religious and secular. Candles can symbolize different things, including:

- casting away darkness and showing how love can brighten life,
- candles can provide direction and draw couples together,

• a candle can represent the love that lights up the couple's world, and

• the warmth of a relationship mirrored in the warmth of the candle. Apart from symbolism and ambiance, there is an added benefit to including candles in a wedding ceremony. Brides magazine says that the amber light given off can make for beautiful photos as well. Speak with a photographer about the best ways to arrange candles to fully take advantage of their photographic potential.

## LIVE WEDDING MUSIC

Booking a live band for a wedding or another special event can be a great idea. The atmosphere live musicians can provide is unmatched. Live musicians offer a level of excitement that may

not be met by other musical options. But some couples may find the prospect of booking live entertainment a bit challenging, especially if they've never hired musicians for an event before.

Here are some tips to make the process go smoothly.

**Get recommendations.** Just like you might before booking other vendors, seek advice from friends or family members who have recently gotten hitched or had live performers at their events. They may have wonderful things to say about particular bands or performers. Individuals also can consider a resource such as HireLiveMusicians.com, a global musician database that can help couples narrow down their options.

**Decide on when the musicians play.** Live musicians can entertain guests throughout the ceremony and reception, but the longer musicians play, the more they're likely to cost. Work with musicians to develop a schedule that suits your budget.

**Discuss the theme.** Make sure musicians understand the type of atmosphere you're hoping to create. A band that customarily plays swing or big-band era songs may not fit in at weddings with more modern themes.

**Understand the fees.** Musicians may have fees related to their agents, cartage (extra given to musicians who carry large equipment), mileage costs, travel time, lighting, and other factors that affect the overall price. Discuss these fees before signing any agreements.

**Be sure the venue fits.** Live musicians are great but not if the space is too small. Otherwise, the music can be too loud and overpowering, or the band will not have adequate space to set up. Consider these factors before making any decisions.

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# Bridal Guide



## MORE COUPLES ARE EMBRACING EDGY, ADVENTUROUS WEDDINGS

Brides and grooms once felt compelled to conform to the trappings of traditional weddings. From uber-romantic vows to pastel colors to the penultimate white tiered cake, various wedding components were long considered must-haves. But modern couples are increasingly expressing their individuality, and even embracing more edgy and adventurous elements, when planning their weddings.

According to The Knot, a leading bridal resource and information site, today's weddings are not what they were just a few years ago. Bold colors, exotic cakes and nontraditional foliage, are just some of the elements modern couples are

embracing to set their weddings apart.

### ADVENTUROUS LOCALES

Vineyards and catering halls can be great places to tie the knot, but couples who like to push the envelope are looking to more adventurous locales to impart their unique spin on their weddings. Sharing vows atop a mountain crest at the end of a favorite hiking trail or on a roller coaster at a theme park that harkens back to a first date are some adventurous places to tie the knot.

### OUTSIDE-THE-BOX MENUS

Couples may want to break with tradition by offering a wide selection of foods at their receptions. These foods can include

items that fit with their specific ethnic cuisines, gourmet comfort foods (think cocktail franks wellington), or foods that fit with their dietary choices, such as organic or vegan options. Work with a caterer to provide a variety of tasty choices.

### BOLD WARDROBE CHOICES

Brides can put new spins on their gowns by adding color and texture. Sequins, bold embroidery, shorter hemlines, and whatever adventurous fashion style you want to impart can be considered. If white isn't your thing, that's okay, too. Yellow and slate gray look great together. Gentlemen can choose to wear a black suit or any combination of color and style

they want to make a dramatic impression.

### FULL OF FLAVOR

Cakes don't have to be white with white buttercream. In fact, couples can make things even more tasty by incorporating favorite flavor combinations into their cakes. For example, a chocolate and caramel filling reminiscent of a candy bar might be something to consider.

Modern couples are embracing bold, unique and edgy components when planning their weddings. Putting an individualized spin on the ceremony and reception can make couples even more excited to tie the knot.

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# PARKLAND RCMP ARREST SUSPECT FOR FLIGHT FROM POLICE

**Submitted by Parkland RCMP**

Stony Plain, Alta. – During the early morning hours of Feb. 5, 2020, Parkland RCMP were patrolling and located a vehicle being driven by a well known offender. The offender was on 24-hour house arrest

stemming from numerous charges including criminal flight. RCMP attempted to stop the vehicle however the driver, Alexandre Carriere, sped off at a high rate of speed. Carriere is known to flee from police and due to potential danger to the public, RCMP discontinued trying to stop him.

On Feb. 9, 2020, RCMP located and arrested Alexandre Carriere. While arresting Carriere, he was found to be in possession of methamphetamine. He is charged with:

- Flight from peace officer
- Fail to comply with release order condition (x3)
- Drive while unauthorized

(Traffic Safety Act)

- Possession of Methamphetamine

Carriere was held for a judicial interim release hearing. He was remanded into custody. His first appearance is scheduled for Feb. 12, 2020 at Stony Plain Provincial Court.

Carriere has numerous outstanding charges from a similar incident that occurred Sept. 21, 2019. These charges include, impaired operation, operation while prohibited, dangerous operation, flight from peace officer, mischief over \$5000 and drive uninsured motor vehicle on highway (Traffic Safety Act). He has a subsequent appearance for these charges on Feb. 26, 2020 at Stony Plain Provincial Court.

If you have any information regarding this investigation, you are asked to contact Parkland RCMP at 825-220-7267 or your local police. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477 (TIPS), online at [www.P3Tips.com](http://www.P3Tips.com) (<http://www.p3tips.com>) or by using the "P3 Tips" app available through the Apple App or Google Play Store.



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# ALBERTA RCMP REMIND ALBERTANS TO PLAN THEIR OWN GETAWAYS, NOT A CRIMINAL'S

**Submitted by Alberta RCMP**

Edmonton – It's the time of year for planning vacations to escape the winter. While you're away, making sure your property is secure is just as important as remembering to bring your luggage.

In January 2019 there were over 430 break and enters to residences in Alberta RCMP jurisdiction and from January-November 2019 there were over 4,850.

Crime Prevention Through Environmental Design (CPTED) is a great way to make your property less appealing to criminals.

- Install timers on lights
- Disconnect power to garage door
- Invest in a home security system
- Lock all windows and doors
- Have someone shovel your driveway
- Don't make boxes from expensive gifts obvious in your recycling

It's also important not to post pictures on social media. If you post your upcoming plans, or selfies during vacation, people will know that your house is empty.

Ask someone you trust to check your mail or use

a hold mail service while you're gone. In 2018, mail theft was high in January, second only to December.

For the month of January, follow #TravelTips for more safety tips and follow our social media accounts on Facebook (@RCMPinAl-

berta), Twitter (@RCMPAlberta) and YouTube (RCMP-GRC Alberta).

RCMP encourage the public to report any criminal or suspicious activity to police. Reports tell us where to look, who to look for, and where to patrol in the

future. If you see a crime in progress, dial 911. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-8477 (TIPS), online at [www.P3Tips.com](http://www.P3Tips.com) or by using the "P3 Tips" app available through the Apple App or Google Play Store.

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# WHITCOURT TOWN COUNCIL UPDATE

## Submitted by Town of Whitecourt

The Whitecourt Youth Advisory Committee will be hosting a Student Unity – Interscholastic Games Event on Thursday, February 27 at the JR's Pressure Service Fieldhouse located in the Allan & Jean Millar Centre from 10:30 a.m. to 12:00

p.m. This event gives students from both school divisions in grades 6 and 7 an opportunity to participate in interschool games where teams are not determined by school, but through chance placement.

Town Council reviewed information on the Whitecourt FireSmart program at the February 10 Regular

Meeting, and it was noted that Whitecourt is a recognized leader of FireSmart in the province.

Town Council supported an Expression of Interest Application to the Forest Resource Improvement Association of Alberta (FRIAA) for financial support in hosting an interagency training tabletop exercise in

Whitecourt. It is anticipated that this mock event would include emergency representatives from the Whitecourt region.

Town Council has approved a street closure request for the Canada Day Parade. This year's parade will be held on Wednesday, July 1 starting at 11:00 a.m. in downtown Whitecourt.

# PARKLAND RCMP ARREST MALE WITH 14 OUTSTANDING WARRANTS

## Submitted by Parkland RCMP

On Feb. 10, 2020 at 6:40 p.m. Parkland RCMP attended a residence in Duffield to attempt to locate Royce Michel on his outstanding warrants. Michel was observed inside the residence and was subsequently arrested for his warrants out of Edmonton and the Parkland Detachment area.

Royce Michel (20) of Edmonton was charged with the following:

- Possession of property obtained by crime (x2)
- Fail to comply/appear court
- Fail to attend court (x6)
- Resist or obstruct lawful execution process
- Resist/obstruct peace officer

• Failure to comply with condition of undertaking (x2)

• Identity fraud  
Royce Michel was held for a Justice Interim Hearing and was remanded into custody. He appeared before the justice on Feb. 11, 2020 via CCTV.

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## Hall Rentals

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Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Kevin 780-785-8153

Darwell Centennial Hall, 780-892-3099

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

Onoway Community Hall, 967-4749.

Onoway Heritage Center - Gym/Classrooms, 967-1015

Onoway Legion , 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @PVCentre

Ravine Community Hall, 325-2240

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 785-2904 or 305-4616

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# SUDOKU OF THE WEEK

## Fun By The Numbers

**Here's How It Works:** Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

**ANSWER:**

7	6	1	9	5	8	3	4	2
8	2	4	7	3	6	1	9	5
5	3	9	1	4	2	8	8	7
3	9	5	6	2	4	7	1	8
2	1	6	8	7	5	4	3	9
4	8	7	3	1	9	2	5	6
6	5	3	2	9	1	8	7	4
1	4	8	5	6	7	9	2	3
9	7	2	4	8	3	5	6	1

		1	9			3	4	
					6		9	5
5			1	4				
		5		2	4	7	1	
2		6			5			
	8		3	1		2		
6		3	2		1		7	
	4				7			
7			8				6	

**Like puzzles?** Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!



# Classified Ads - Call 962-9228

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Completely renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch tv with Satellite. Double bedrooms, furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Please call Peggy for viewing at 780-967-4420 or 1-403-742-6467. www.onowayinnandsuites.com (4) 18-02 OG

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# COMMUNITY EVENTS 2020

If you are a LICENSED, NON-PROFIT ORGANIZATION, you are welcome to submit your announcement FREE of charge, space permitting. You are required to submit your non-profit number. Call (780) 962-9228. Please note that all submitted event listings must be limited to 200 characters or less (including spaces). DEADLINE: 12 noon Friday prior to publication (Thursdays on long weekends).

**FEB 24 - SANGUDO HORTICULTURAL CLUB PRESENTS: Ashleigh Munro** a representative of Kiwi Nursery. 7pm at the Sangudo Golden Age club. Public welcome. \$5 drop in fee.

**FEB 25 - SHROVE TUESDAY PANCAKE SUPPER, 5:00 p.m. - 6:30 p.m.** at Peace Evangelical Lutheran Church (303 Church Rd, Spruce Grove).

**FEB 25 - GRIEF SHARE WEEKLY GRIEF SUPPORT GROUP** held on Tuesdays 6:30 - 8:30 pm, starting Feb 25 at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for just \$25. Call 780-786-2695 to register.

## FARMERS MARKETS

**BARRHEAD:** Open Saturdays, May - Dec. 10AM - 1PM. Sherry 780-674-6802

**ONOWAY FARMERS' MARKET:** Thursdays, 5-8pm at Onoway Community Hall. Starts May 1<sup>st</sup>. 780-967-6327 or onowayfarmersmarket@gmail.com.

**SPRUCE GROVE:** at the Elevator, Sat 9:30-1:30PM, tables (780)240-5821

**STONY PLAIN:** Sat, 9AM-1PM, Downtown, Stony Plain. Nancy 780-962-3993.

**WESTLOCK:** 11-3PM, Bargain Shop Mall, Dave 780-954-2437

## BINGO

**BARRHEAD ROYAL CANADIAN LEGION:** Doors 5:30pm, games start 7PM. Games: #7, Jack Pot, Mini Jack Pot, Loonie #1 & #2.

**CHERRILL BINGO:** Tuesdays at Cherrill Community Association. Doors @ 6:30PM, Games @ 7:30PM.

**CHERRILL LEGION:** First Sunday of Month. Doors Open 12:00PM

**RICH VALLEY COMMUNITY HALL BINGO:** 7:30PM. Loonie Pots. Next bingos February 19.

**STONY PLAIN SENIOR'S DROP-IN CENTRE,** public bingo every Tues, 7PM. All ages welcome. Phone (780) 963-6685

**WHITECOURT SENIORS CIRCLE,** Every Tuesday. Open @ 5PM, 1<sup>st</sup> call @ 6:45PM, Nevadas, Concession. 780-778-4950 \*Sept - June

## MEAT DRWS

**ALBERTA BEACH MUSEUM:** Every Sat 4PM, Alberta Beach Hotel

**ALBERTA BEACH:** Lac Ste Anne Community Choir & Onoway Minor Hockey Meet Draw - Sundays, 4:00PM at Juggle's Bar & Grill.

**BARRHEAD ROYAL CANADIAN LEGION:** Fridays 6:00PM. Queen Of Hearts draw & 50/50.

**ONOWAY ROYAL CANADIAN LEGION:** Fridays, Ph. 780-967-5361

**STONY PLAIN ROYAL CANADIAN LEGION BR# 256:** Saturdays @ 3:00PM. Meat Draw & 50/50.

**WHITECOURT LEGION:** Saturdays 4:00PM. Located downtown behind the CIBC.

## MEALS ON WHEELS

**ONOWAY:** LSAC Div 1 & 2, East of Hwy 43, Hazel Bourke: 780.967.2338 or bhbourke@icloud.com

**WEST END:** Sangudo, Mayerthorpe & west end of LSAC. Jill: 780.785.2924 or Donna: 780.785.3118 or email: westendmow@outlook.com

## JAMBOREES

**CARVEL:** 2<sup>nd</sup> Sunday of month. \$6 lunch served. Info 780-991-3001

**MAGNOLIA:** at Magnolia Hall. 2<sup>nd</sup> Saturday of Month. New Time is 1:00PM. Call to confirm, 727-2015. \*October - May, NO Dec.

**SANGUDO:** Sangudo Community Hall, 1<sup>st</sup> Sat of month 7PM. 785-4105 or 305-5088. \*October - May.

**SPRUCE GROVE:** at Sandhills Community Hall, 3<sup>rd</sup> Sunday, 1-5PM. Info Florence 780-962-3104 Margaret 780-962-3051 \*September - June.

**STONY PLAIN:** Stony Plain Seniors Drop In Center, 5018 - 51 Ave. Every 2<sup>nd</sup> & 4<sup>th</sup> Thurs of month, 7PM, \$2.

**THE ABBOTSFIELD VARIETY MUSIC JAM:** at Abbotsfield Rec Centre (3006 119 Ave. Edmonton) 3<sup>rd</sup> Friday of month, 7PM. PH: 780-918-8545, Adm: Donations Only.

**WHITECOURT SENIORS CIRCLE:** 2<sup>nd</sup> Sunday of the month 1-5PM, \$5/Adm Door prizes & 50/50 draw. 780-778-4950 \*Nov - June

## TOPS (Take Off Pounds Sensibly)

**ALBERTA BEACH:** Tuesdays, Weigh-in 6:00-6:45PM. Meeting 7:00PM. Alberta Beach Lutheran Church, Hwy 633, 967-5009.

**EDMONTON:** Thurs 8:30-10AM at Annex of Grace United Church (6215-104 Ave). \$7/month

**SANGUDO:** Tues, United Church, 6:00PM. Sharon 785-2095 or Marlene 786-4646.

**STONY PLAIN:** Thurs evening, Stony Plain United Church. Susan (780) 968-0869

**SPRUCE GROVE:** Wed 8:45AM at Anglican Church, 131 Church Rd. Christiane 960-1109

## YOUR COMMUNITY

**MAYERTHORPE LEGION BR. #126:** Seniors' Floor Curling - Thurs @ 1PM. Fun Darts - Thurs @ 7PM. Wings Night - Every Wed 5-8PM. Steak & Fish Night - 1<sup>st</sup> Friday of month 5-8PM. Everyone welcome. For more info please call 780-786-2470.

**ONOWAY ROYAL CANADIAN LEGION:** Open Tuesdays 7PM to 10PM for "Games" (pool, shuffleboard, darts, cards, etc.) Fridays 3PM-10PM. Friday's Family Friendly Dinner, 5:30PM (open to the public).

**PROBLEMS WITH DRUG OR ALCOHOL ADDICTION** in a loved one? Contact Drug Rehab Resource free confidential consultation: 1-866-649-1594 or www.drugrehabresource.net. **SPRUCE GROVE ELEVATOR TOURS,** Tues-Sat, 9:00-3:00PM. Info 960-4600.

**UNITED CHURCH THRIFT SHOP:** North end Curling Rink, Onoway, Open Fri & Sat, 10AM-4PM. **VOLUNTEER TUTOR ADULT LITERACY PROGRAM:** Need assistance with reading/writing, English language (ESL) or Basic Computer skills? Free 1-on-1 tutoring! Carla Burkell, 780-554-2940, email: literacy@lsac.ca. **WATER SAMPLE DROP OFF:** Tues Onoway Aspen Health Services. Drop off 1:00-2:30PM.

## SOCIAL EVENTS

**ALBERTA BEACH & DISTRICT ACTIVE 50+ CLUB ACTIVITIES:** Mon 7PM Darts; Tues 7:30PM Crib; Wed 1PM Bridge. Thurs 7:30PM Euchre; Mon, Wed, Fri 8:30AM Aerobics/Fitness. Everyone Welcome.

**BADMINTON:** Wed, 7-10PM, Barrhead High School Gym. Jamie (780)674-8974 or (780)674-6974.

**BALLROOM, LATIN, COUNTRY DANCE SOCIAL:** 1<sup>st</sup> Saturday of every month. Doors open 8PM at Central Lions Recreation Center, 1113 113 St., Edmonton AB. Cost \$15 paid at the doors. Hosted by Everyone's Ballroom Dance Assoc. More info: www.ebdca.com 780-893-6828

**COME PLAY CRIB:** Fridays, 7:30PM at Darwell Seniors Hall; lite lunch is served. All ages!

**COUNTRY QUILTERS** in Stony Plain house a "Sew in Tuesday", 2<sup>nd</sup> Tuesday of every month, from 10-3PM. Drop in \$5/member, \$6/non-members. Contact Cindy 780-963-7170.

**JR. SCRAPBOOKING** Wed 4-6PM. Pre-register by Tues evg. Mayerthorpe Public Library www.mayerthorpepubliclibrary.ab.ca (780)786-2404

**"ME, YOU, & EVERYBODY"** Fun new local program for people of all ages with disabilities. Thursdays @ Alberta Beach Agriplex from 10:00-11:00AM starting May. Funded Lac Ste Anne FCSS.

**ONOWAY GOLDEN CLUB:** Cards Tuesdays, 1PM. 1<sup>st</sup> Tuesday: Pot Luck Supper. 5023 49 Ave. 780-967-3436.

**ONOWAY HAVE FUN & GET FIT!** Exercise Class with Video La Blast. Fridays 10:30AM at the Drop In Centre, 5023-49 Ave. PH: 780-967-2056.

**PANCAKE/BREAKFAST SOCIAL:** 3<sup>rd</sup> Sunday 9:00-11:30AM, Parkland Village Community

**MAR 7 - SANGUDO COMMUNITY HALL JAMBOREE** starts at 7pm, doors open at 6pm. Late lunch at 9:30pm. \$12/person (Entertainers free). Everybody is welcome. Info call 305-5088 or 785-4105.

**MAR 14 - CRIB TOURNAMENT** at Rich Valley Community Hall. Doors open at 10am, Play at 11am. Admission \$20/person, lunch served.

**MAR 29 - ST. CATHERINE'S CATHOLIC CHURCH OF CALAHOO: ANNUAL EASTER HAM BINGO & BONANZA** at Calahoo Community hall. Doors open at 1pm with the 1st game starts at 2pm. \$5/cost at door with hotdogs, popcorn and pop available for purchase.

Centre. \*except June, July, August

**RIVER TALKERS TOAST MASTERS CLUB,** Thursdays, 7-9PM. 32 Whitecourt Ave. Hilltop Community Church. Info Loraine 286-5040.

**SANGUDO ART GROUP:** Wednesdays 9AM-12PM at Sangudo Community School. Info call 780-785-2112.

**SPIRITUAL LIVING STONY PLAIN INSPIRATIONAL CINEMA & DISCUSSIONS** at PERC Building (5413-51 St). 2<sup>nd</sup> Friday of month at 7PM. Popcorn provided, donations appreciated. Contact 780-940-3032

**SPIRITUAL LIVING STONY PLAIN GATHERING** at PERC Building (5413-51 St). Every 2<sup>nd</sup> & 4<sup>th</sup> Sunday of month. Meditation 10AM, inspirational sharing 10:30AM. PH 780-940-3032

**WHITECOURT SENIORS CIRCLE DROP IN CRIB** 1st & 3rd Sundays 10:00PM. 780-778-4950

**WRITERS PROGRAM:** Mayerthorpe Library, 1<sup>st</sup> & 3<sup>rd</sup> Wednesday at 1PM.

## MEETINGS

**1ST ONOWAY SCOUTS:** Registration, Mondays 6:30-8PM, Beavers 5-7; Cubs 8-11; Scouts 12-14. Kim 967-4339.

**2716 ROYAL CANADIAN ARMY CADETS,** Wednesdays 6:30-9:00PM at Mayerthorpe Legion. Youths 12-18yrs. Call 780-515-1842

**299 ROYAL CANADIAN SEA CADETS CORPS MACKENZIE:** Stony Plain Comm Center, Wed 6:30PM. Youths 12-18, 963-0843

**3053 (LAC STE ANNE) ROYAL CANADIAN ARMY CADET CORPS,** Onoway Historical Center, Wed. 6:45-9:30PM. FREE program for youths 12+, Contact 3053army@cadets.gc.ca or 780-886-1586

**526 BARRHEAD AIR CADETS,** Wed 6:30-9:30PM, High School. Ages 12-18. 780-305-7233

**755 PARKLAND AIR CADETS** Thurs, 6:30-9:30PM Muir Lake School, ages 12-18. Info call 405-6585 or www.755aircadets.com.

**AA - MAYERTHORPE,** Kingsmen Hall, Thurs 8PM. (780) 786-2604 or (780) 786-1927

**AA - SANGUDO GOLDEN CLUB,** Tues 8PM call 786-4402/785-9214/785-3599

**AL-ANON - ONOWAY:** Meetings are at 7:00PM, Tuesday evenings, at the Onoway United Church. \*Meetings suspended till May 5, 2020

**AL-ANON** Wednesdays, 8PM. Spruce Grove United Church, 1A Fieldstone Dr. 780-962-5205

**ALBERTA 55 PLUS:** Villeneuve Hall at 10AM. Meetings on 2<sup>nd</sup> Tues of month. Info: Donna 780-962-5933

**ALBERTA BEACH & DIST LIONS CLUB** meets every 4<sup>th</sup> Tues 7:00PM, Alberta Beach Agriplex.

**ALBERTA BEACH AG SOCIETY** meets on the 4<sup>th</sup> Thurs of month, 7:00PM, Alberta Beach Agriplex.

**ALBERTA BEACH MUSEUM** meets on the 2<sup>nd</sup> Wed. 7:00PM at Heritage House 924-3167.

**ALCOHOLICS ANONYMOUS:** The Journey of Hope Group, Fridays 8PM, (please arrive earlier). Present location in church basement 4805 - 50 St. Onoway

**BARRHEAD & AREA CANCEP SUPPORT GROUP:** 4<sup>th</sup> Thurs. 6:30-8:00PM at Barrhead United Church.

**BARRHEAD ROYAL CANADIAN LEGION,** meeting every 2<sup>nd</sup> Thurs, 7PM at the Legion Hall.

**CHERRILL COMMUNITY ASSOC.** Monthly Meeting 1<sup>st</sup> Wednesday, 8PM at the Hall. 785-2825 \*Except Jan, July, Aug, Sept.

**CHERRILL SILVER & GOLD SENIORS CLUB** Regular Meetings 1<sup>st</sup> Tuesday of month, Cherrill Seniors Hall. Call Rosamy 780-785-2625

**CHERISHED MEMORIES, PARENTS & TOTS** Wed & Fri, 10-12PM, Alberta Beach Agriplex. Info call 780-902-4879 or 780-999-7622. \*Sept-June.

**Citizens Helping In Life's Defence (C.H.I.L.D)** Join our Pro-Life meetings for the Spruce Grove/Stony Plain area once a month. Call Chris

780-963-6997.

**DARWELL & DISTRICT AG SOCIETY MEETINGS,** 8:00PM, 1<sup>st</sup> Monday, Darwell

**DDRA MEETING,** 7:00PM, 2<sup>nd</sup> Mon, Darwell Centennial Hall 780-892-3099. \*except Jul/Aug/Dec

**GIRL GUIDES, BROWNIES & SPARKS** Thurs, 6:30PM, Onoway Heritage Centre. Info Laura, 780-967-1004.

**GREENCOURT COMMUNITY ASSOCIATION** meet 2<sup>nd</sup> Tuesday, monthly at 7:30PM at the hall. Info W. Jager (780) 786-4648.

**GriefShare: WEEKLY GRIEF SUPPORT GROUP** held on Tuesdays 6:30 - 8:30 pm, starting Feb 25 at Crossroads Community Church, 4719 44 Ave, Mayerthorpe. 13-weeks for just \$25. Call 780-786-2695 to register.

**KINETTE CLUB OF MAYERTHORPE,** 7:30PM at Kinsmen Hall, 1<sup>st</sup> Tues of month. Contact: mayerthorpekinettes@gmail.com, Tracy: 780-786-0161.

**LAC STE ANNE ARMY CADETS,** Thurs, 6:30-9:30PM at Onoway Museum (780) 967-0443

**LAC STE ANNE COMMUNITY CHOIR,** Wednesdays 7PM at the Heritage Centre in Alberta Beach (50+ Club behind the hotel). Further info, call Diane @ 780 924-2348.

**LAC STE ANNE & LAKE ISLE WATER QUALITY MANAGEMENT SOCIETY:** 3<sup>rd</sup> Fri, 7PM, Alberta Beach Council Chambers.

**LAKE ISLE HALL COMMUNITY HALL BOARD MEETINGS:** 3<sup>rd</sup> Wed of each month @ 7:30PM at the Lake Isle Hall (Hwy 633 and RR55) Ph # 780-892-3121

**MAYERTHORPE HOSPITAL AUXILIARY ASSOC,** every 4<sup>th</sup> Mon, 5PM in Hospital Basement Education Room.

**MAYERTHORPE LEGION BR. #126:** Meetings 2<sup>nd</sup> Mon of month at 7:30PM. For more info please call 780-786-2470.

**MEN FOR SOBRIETY:** Wednesdays at 7:30PM, FCS Building (#105, 505 Queen Street, Spruce Grove), Mike (780) 965-9991

**MS SOCIETY PARKLAND COMMUNITY SUPPORT GROUP** Are you diagnosed with MS and have questions? Last Tues of month, 7:9PM, Westview Health Centre. Cassy 780-471-3034 \*Sept-June

**NA MEETING,** Tuesdays 7:00PM Poplar Valley Church (780)514-6011

**ONOWAY & DIST HERITAGE SOCIETY:** 2<sup>nd</sup> Wed of each month, 7:00PM, Onoway Legion

**ONOWAY & DISTRICT HISTORICAL GUILD:** 3<sup>rd</sup> Wed 7PM, Onoway Museum. 967-5263 or 967-2452.

**ONOWAY & DISTRICT QUILT GUILD:** Every 2<sup>nd</sup> Thurs, 10AM-4PM, @ the Lac Ste. Anne Chateau Activity Room. Info, Ph Lyla @ 780-967-2629.

**ONOWAY ROYAL CANADIAN LEGION** General Meetings, 1<sup>st</sup> Mon, 7PM. \*Sept-June

**RICH VALLEY AG SOCIETY BOARD MEETINGS:** at the Agriplex on the 2<sup>nd</sup> Wed of the month, 7:00PM.

**RIVER TALKERS TOASTMASTERS CLUB** Build confidence, speaking, leadership & listening skills. Thursdays 7:9PM at Eagle River Casino. Call Melinda Tarcan, (780)778-1180.

**SANGUDO PAINTING GROUP:** Every Thurs, 9AM-12PM at Sangudo Community School. Info, call 780-785-2112.

**SUNDOWNERS TOASTMASTER CLUB:** Mon (excl. Holidays) 7:30-9:30PM. St. Matthew's Church, Spruce Grove. Judy 960-5258

**WEIGHT WATCHERS** Alberta Beach Agriplex - Mondays, weigh in 6:30PM. Meeting at 7PM.

**WESTLOCK & AREA CANCER SUPPORT GROUP:** 3<sup>rd</sup> Wed. 6:30-8:00PM at Westlock Library.

# Church Directory

<p><b>Rich Valley Community Church</b></p> <p>Sunday School 10:00a.m.</p> <p>Worship Service 11:00a.m.</p>	<p><b>Catholic Parish of Lac Ste. Anne</b></p> <p>Sunday 10:00a.m.</p>		<p><b>Mayerthorpe Baptist Church</b></p> <p>Worship Service Sunday 10:30a.m.</p> <p>Children's Church 10:30a.m.</p> <p>4606-54 St. Mayerthorpe (780) 786-2677</p>	<p><b>Alberta Beach Alliance Church</b></p> <p>Sunday Worship Service &amp; Kid's Church 11:00a.m.</p> <p>Sunday School 10:00a.m.</p> <p>(780) 924-3282</p>	<p><b>St. John's Anglican Church</b></p> <p>Onoway Sunday Service 10:00a.m.</p> <p><b>Everyone Welcome</b></p>
<p><b>St. John's Lutheran Church</b> Alberta Beach</p> <p>Sunday Service 11:00a.m.</p> <p>Sunday School</p>	<p><b>Zion United Church</b></p> <p>Sunday Service 10:00a.m.</p> <p>Sunday School</p> <p>Serving Alberta Beach, Wabamun, Darcwell &amp; Lake Isle, Onoway &amp; Area (780) 924-3351</p>	<p><b>Sangudo United Church</b></p> <p><b>Christmas Eve Service 6:00p.m.</b></p> <p>Worship Service 3<sup>rd</sup> Sunday 11:00a.m.</p> <p>4907-50 Ave. Sangudo, AB</p>	<p><b>St. Mary's Anglican Church Service</b></p> <p>Holy Communion 2<sup>nd</sup> Sunday each month 11:00 a.m. at Sangudo United Church</p> <p>Reverend Barry Rose Officiating</p>	<p><b>Cherhill Community Church</b></p> <p>Sunday School 10:00a.m. - 11:00a.m.</p> <p>Worship Service Sunday 11:00a.m.</p>	<p><b>St. Michael Lutheran Church</b></p> <p>Sunday Services 1<sup>st</sup> &amp; 3<sup>rd</sup> Sunday at 2:00p.m.</p> <p>Pastor Riek Chappell (780) 674-2618 Mystery Lake</p>
<p><b>Trinity Lutheran Church (LC-C)</b> The Church of the Lutheran Hour - Rockyford Bridge Pastor Dan Hansard Church (780) 778-2035</p> <p>Sunday Worship 9:00a.m.</p> <p>Senior's Service &amp; Cottage Bible Study - Phone for locations</p>	<p><b>Crossroads Community Church</b> P.A.O.C. Rev. Arnold Lothoiz</p> <p>Sunday Service 10:30a.m.</p> <p>(780) 786-2424</p>		<p><b>Onoway Baptist Church</b></p> <p>Sunday Service 10:30a.m.</p> <p>Pastor Greg Garbutt (780) 967-2266</p>	<p><b>Roman Catholic Church</b> St. Agnes' Parish, Mayerthorpe Sunday 9:00a.m.</p> <p>St. Elizabeth Parish, Evansburg Saturday 7:00p.m.</p> <p>(780) 786-2032</p>	<p><b>Calahoo Alliance Church</b></p> <p>Family Worship Service Sunday 10:00a.m.</p> <p>For Info Call Jerry (780) 974-7734</p>

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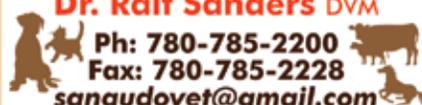
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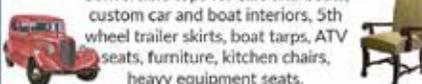
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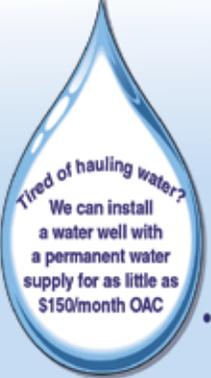
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