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June 16, 2020

PLANT-A-ROW, SHARE-A-ROW PROGRAM: INCLUDE A ROW FOR THE FOOD BANK

Submitted by George Pegg Botanic Garden

As part of your garden this year, plant and grow an extra row of veggies and donate the harvest to your local food bank.

Work is well underway at George Pegg Botanic Garden preparing for the summer season, including work in

our own vegetable garden. The Garden maintains the original homestead of the Pegg family as a reminder of how life was in the early twentieth century. The vegetable garden serves to educate visitors about its importance to homesteaders' lives. It also produces delicious vegetables, a portion of which are donated to-

cal food banks, in participation with the "Plant-A-Row, Share-A-Row" program.

The "Plant-A-Row, Share-A-Row" program began in 1986 in Winnipeg when Ron and Eunice O'Donovan decided to donate their excess potatoes to their local food bank.

Continued on Page 3

PURCHASE OF ONOWAY REGIONAL MEDICAL CLINIC BUILDING PLAZA

Submitted by Lac Ste. Anne County

Lac Ste. Anne County has supported the establishment of the Onoway Regional Medical Clinic located in Onoway and work to grow the access and variety of medical services available to area residents.

The Clinic supports local families growing healthy and strong and provides the ser-

vices required for elders to age in the community.

The Clinic supports the LSAC vision that the region will have access to a wide variety of medical services within the local community.

In assessing the needs of its residents, LSAC has identified an opportunity to secure ownership of the Lands and Building housing the Clinic. To date, LSAC Council has approved an expansion of the

Clinic to enhance the capacity of the Clinic to service the community and to prepare facilities to accommodate an additional Physician(s). In addition, the expansion will support working with a Primary Care Network to bring the services of nurses, dietitians, therapists, and other specialized medical resources to the community.

Continued on Page 3

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CORONAVIRUS (COVID-19) UPDATE FOR WHITECOURT

Submitted by Town of Whitecourt

JUNE 11, 2020
Earlier this week, the Alberta Government announced details of its Stage 2 relaunch strategy. The Town of Whitecourt is finalizing details of the local Stage 2 relaunch based on this information.

"Now that the Province has released details on what can be reopened during Stage 2, the municipality is working to implement required safety protocols and provisions as part of the opening, as well as reviewing staffing and resource requirements" stated Doug Tymchyshyn, Director of Emergency Management. "The reopening for certain facilities, including the Allan & Jean Millar Centre, is quite complex and there is a lot of background work that needs to be done before we can open

the doors - from the rehiring of staff to refilling the pools at the aquatic centre."

Dates for re-opening facilities have been determined, and more specific information will be released to the community early next week on hours of operation and physical distancing protocols for use.

On Monday, June 22 the following facilities and amenities will reopen to the public:

- Allan & Jean Millar Centre,
 - Pembina Fitness Centre,
 - Alberta Newsprint Company Squash and Raquetball Court,
 - JR's Pressure Service Fieldhouse,
 - Rotary Running Track,
 - Childmind Services,
 - Splash Park at Rotary Park.
- Memberships at the Allan & Jean Millar Centre will be re-enacted on Sunday, July 5. Members can visit the Pembina Fitness Centre and book JR's Pressure Services Fieldhouse

for no charge between June 22 and July 4. Non-members will be required to pay regular admission fee to visit the Pembina Fitness Centre, and JR's Pressure Services Fieldhouse.


The SemCAMS Midstream Aquatic Centre at the Allan & Jean Millar Centre will reopen on Sunday, July 5.

The Whitecourt River Slides at Rotary Park will remain closed until further notice as operations cannot meet current physical distancing requirements mandated by the Province.

For current information on Whitecourt's response to COVID-19 and a status of all Town facilities and services, visit www.whitecourt.ca/COVID-19.

COVID-19 information and updates are publicly available on the Alberta Health and Alberta Health Services websites:

- www.alberta.ca/covid19
- www.ahs.ca/covid.



ALBERTA BEACH NOTICE

As per section 311 and 337 of the Municipal Government Act, and by this publication, notice is hereby given that the Combined Tax & Assessment Notices for Alberta Beach were mailed June 10, 2020, all assessed persons are deemed to have received their assessments and tax notices 7 days after being sent. Assessment Appeal deadline is August 20, 2020. If you did not receive your tax notice, or if you have any questions or concerns, please contact the Village Administration Office at 780-924-3181.

WANTED

A Ground's Maintenance Person for Senior's Complex in Onoway

For further information, Contact Ted at 780-967-4980 or wlatimer@telus.net

JOKE of the week

Two prisoners are about to break out of jail. The first one jumps off a wall into a trash container. Hearing something the guard shouts, "Who's there?" and the prisoner replies, "MEOOOOOOW!"

"Ah ok, just a cat" says the relieved guard.

Then the second prisoner jumps. The guard gets suspicious, "Hello, anybody there?" The second prisoner yells, "Nah, just the cat again!"

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Plant-A-Row, Share-A-Row Program: Include a Row for the Food Bank

Continued from Page 1

The program has spread across Canada, and while named differently and directed under various organizations, the goal remains the same across all of the country: help all those in need.

After a long winter and seemingly even longer time

in isolation, what better way to spend time outside with your family than working together in your own vegetable garden? The "Plant-A-Row, Share-A-Row" website has a number of excellent resources to help you in planting a successful garden. Please visit <https://www.growarow.org/> for useful information. Food

banks recommend growing vegetables that last well without having to be refrigerated, such as potatoes and carrots. Many individuals in our community have lost jobs and are struggling to put food on the table for themselves and their families. By donating the extra vegetables you grow in your garden this year, you also

help many individuals in need.

Watch out for updates on our vegetable garden and other happenings on George Pegg Botanic Garden's website, Facebook, and Instagram! We look forward to the fall when we donate the produce from our vegetable garden to local food banks in Lac Ste. Anne County.

Purchase of Onoway Regional Medical Clinic Building Plaza

Continued from Page 1

It is noteworthy that the development of a sustainable clinic and medical facility within the County borders is also supported by the six municipal partners (the Town of Onoway; Lac Ste. Anne County; and the Summer Villages of Ross Haven, West Cove, Silver Sands and Val Quentin).

Effective January 1, 2020 the County arranged to se-

cure a lease of the Clinic for 5 years. The Lease provides for an option to purchase the lands, including any buildings and improvements for a 36 month period from January 1, 2020. The County has the opportunity to exercise the option to purchase. The acquisition of the lands, buildings and improvements will result in a long term stable and sustainable solution for a home for the expanded Clinic and

provide a platform for the County to house health care services and support within the County borders.

The strategy of acquiring the lands, buildings and improvements will ensure that LSAC will not be subject to changing conditions in the market or the expiry of a lease term.

Ownership will contribute to a stable and secure platform to support a long term solution that will be

of interest to health care professionals. In addition, ownership assures the County gets the benefits of the expansion of the capacity of the Clinic and to drive the development of a Primary Care Network to bring the services of nurses, dietitians, therapists and other specialized medical resources along with the addition of Physician(s) to serve the community.

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**West Inter Lake District (WILD)
Regional Water Services Commission**

**Inter Basin Water Transfer
Virtual Open Houses**

Monday, June 22nd, 2020 7:00 p.m. to 8:30 p.m.
Tuesday, June 23rd, 2020 7:00 p.m. to 8:30 p.m.

The West Inter Lake District (WILD) Regional Water Services Commission is comprised of 19 member municipalities located within Parkland County and Lac Ste. Anne County boundaries the Commission is responsible for bringing potable water to the communities within both Parkland and Lac Ste. Anne Counties. The Commission will be holding virtual open houses to discuss the application for transfer of water from the North Saskatchewan River Basin to the Athabasca River Basin, as part of this regional water line initiative.

The Commission's website www.wildrWSC.com contains the inter basin information and details to join the virtual open house.

Please Join us to discuss this inter basin water transfer and address questions on the scope of the project and the impact of this water transfer.

If you have questions, please call Commission Manager John Van Doesburg at 403391-0270.

Andy Metzger Appointed CEO of EQUS, Canada's Largest Member- Owned Utility

Effective July 1, with the retirement of current CEO Patricia Bourne, Andy will bring his considerable industry and professional expertise to the position of EQUS CEO. Andy's appointment is the result of a nation-wide search and EQUS is delighted to have an Albertan at the helm.

No stranger to EQUS, having been Operations Team Leader and a key member of the Executive Team for two years, Andy is well informed about EQUS' strategic plans and goals.

Andy brings values-based leadership skills and a commitment to co-operative principles to the role and is well positioned to lead EQUS into the future.



ONOWAY LEGION NEWS

Submitted by Richard Moses

Good news, we are going to open on a limited basis!

We plan to open for a pub night beginning Wednesday, June 17 at 6:30 PM. Social distancing rules will apply, with taped guides to help patrons out. It'll be table service only, and no one is to approach the bar. There will be packaged

snacks available. No games will be allowed, and no raffles will be conducted.

We will also open Fridays, beginning with a pub night on June 19, opening at 3 PM. No meals will be served for the near future but stay posted. Regular Friday night dinners will resume as soon as we can do so safely.

It will be so nice to see you again.

COMMUNITY SERVICES HOSTS DRIVE-THRU GRAD

Submitted by Lac Ste. Anne County

Joy was in the air as Community Services leads Vivian McDonald and Sheila Albertson hosted a special "Drive-Thru" ceremony to honour the 2020 Onoway Playschool graduates.

On Wednesday May 27 and Thursday May 28, the County's Playschool staff staged the ceremony in the parking lot of the

Playschool program at the Onoway Heritage Centre. In total, 43 vehicles with excited Playschool graduates took part in the festivities.

To keep everyone safe, all students and their families were required to stay in their vehicles and the Playschool staff wore masks and sanitized between vehicles. Visit LSAC.ca/community for a full recap of Grad 2020 including photos!

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POLICE PRESENCE IN BLUE RIDGE AREA IN WOODLANDS COUNTY

Submitted by Whitecourt RCMP

Update #2

High Prairie, Alta. – On June 14, 2020, High Prairie RCMP received a report of a sighting of a male believed to be Bradley Duff during the night / early morning hours in the vicinity of Range Road 185 and Township Road 742 in Big Lakes County, Alta. This location is 3 km's southwest of Triangle Hall, located 20 kms west of High Prairie on Highway 2, or 25kms south of McLennan, Alta., on Highway 2.

Duff is believed to have been wearing all dark or black clothing and a red bandana covering his face and was in the process of removing items from a white Dodge truck parked off the roadway. The same white Dodge truck was later reported to Emergency Services by a passerby to be on fire on June 15, 2020, at 12:30 a.m.

Further investigation determined the Dodge truck had been stolen out of Whitecourt, Alta., and Bradley Duff was the last person known to have been seen driving it.

High Prairie RCMP Detachment has deployed multiple police resources to the area, including RCMP Police Dog Services Unit to conduct a search for Duff.

RCMP are asking that the public please avoid the area and refrain from posting photos and/or video on social media.

An update will be provided when available.

The public are warned not to approach Duff as he is believed to be possibly armed and dangerous. Duff continues to have warrants for his arrest. If anyone has information about Bradley Duff's whereabouts, please contact Whitecourt RCMP at 780-779-5900 or your local police. If you wish to remain anonymous, you can contact Crime Stoppers at 1-800-222-8477 (TIPS), online at www.P3Tips.com

com or by using the "P3 Tips" app available through the Apple App or Google Play Store."

Background:
On June 9, 2020, at 5:49 a.m., Whitecourt RCMP received a complaint of a vehicle in the ditch with a passenger unconscious with Emergency Services on scene. When the male became conscious, he fled into a forested area.

Whitecourt RCMP's investigation revealed that the vehicle was stolen out of Edmonton in April 2020. Items in the vehicle and a description of the suspect who fled the scene led RCMP to believe that the suspect is Bradley Duff (35) of no fixed address. Duff is currently on outstanding warrants on other matters.



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“ I had given up on losing weight but 11 days in I dropped enough lbs to fit into a favorite pair of jeans hanging in my closet for the last 5 years – and they are loose, Yeah! – Kayla M. **”**

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OJSH STUDENT WINS SKILLS ALBERTA GOLD

Submitted by Mr. Ryan Siemens-OJSH Mechanics /Fabrication teacher

As 2020 throws more and more curveballs our way, a sense of what we have lost seems to loom in the back of our minds. For students and teachers at Onoway Junior Senior High School, many things have been lost...the face to face relationships, the clubs and even the ever important rite of passage of walking across the stage of a traditional graduation ceremony. Skills Alberta gave back a little bit of normalcy when they went above and beyond to provide a modified skills competition this year. This gave students and opportunity to display their abilities in their particular domain. Zakk Goertzen was the OJSH representative in the Welding category.

Zakk is a teachable, humble, hardworking and moti-

vated student. He is a true leader! This was evident when, earlier in the school year, Zach led the OJSH welding team to compete at the CLAC sponsored Wick-ed welding competition. Not only was Zach the elder statesman on the team, but was also the creator and designer of the giant spider metal sculpture that the team built.

Typically, the Skills Alberta competition is an in person competition in many different trades. This year, as Covid19 stole the possibility having a large group of people competing, so a modified event was held. Zakk talked about this change. "Not everyone has access to welders at home, so for the welding branch of the competition Skills Canada needed to figure out a way to test our skills without us actually welding. They decided to give us an exam. For the first part of



the exam we were given a blueprint to analyze, we answered one mark questions based off of our interpretation of the blueprint. For the second part we were asked to draw three different weave patterns on a blank piece of paper."

When Zakk started training at the beginning of the semester, he came into the shop in his spare time everyday to practice his hands on skills, but we hadn't spent a lot of time on blueprint reading. He worked hard and improved immensely. Training after Covid 19 hit was very different. Zakk had to adjust his training "To win gold, I really had to study up. My uncle is a welding teacher so I was



able to have a crash course with him before I took the exam. When I took the exam I was able to answer the blueprinting questions with confidence."

We're so proud of Zakk and all of the effort that he has put in to training and learning the welding trade. He is a good student and an even better person who deserves this award! Zakk summed it up well "I did the studying, I used strategy, I tried my hardest and it paid off. I knew Skills Canada worked very hard to make this happen, and I wasn't going to take that for granted."

CONSERVATIVES LAUNCH ONLINE CONSULTATIONS ON PMPRB REGULATORY CHANGES

Submitted by Gerald Soroka, MP for Yellowhead

Gerald Soroka, Member of Parliament for Yellowhead, is pleased to inform constituents that Conservatives were successful in pressuring the federal government to delay the planned implementation of the Patented Medicine Prices Review

Board (PMPRB) regulatory changes.

The changes that were scheduled to come into effect on July 1 have been postponed until January 1, 2021.

"These delays will allow us to gather additional feedback from patients, stakeholder groups, and concerned Canadians. Many constituents reached out

to me expressing concern that their regulatory changes would limit access to life-saving medications for Canadian patients."

Conservatives have launched online consultations to gather feedback from Canadians on the government's Patented Medicine Prices Review Board (PMPRB) regulatory changes.

"This is an opportunity to ensure that the PMPRB regulatory changes accurately reflect patients' needs and will not deter new medications from being introduced to the Canadian market."

Those wishing to give feedback can visit www.pmprbconsult.ca and fill out the feedback form, which will be available until September 4, 2020.

Hunt for **GOLD** ...in the Classifieds

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GOLFER'S GUIDE

ADJUSTING GOLF SWING GETS EASIER

Golfers rejoice! Those dreaded slices or hooks could become a thing of the distant past thanks to adjustable clubs and drivers. In addition to helping improve accuracy, adjustable clubs also lighten the load in your golf bag.

With a few twists of a wrench or even turning the shaft of the driver itself, golfers can adjust the face angle, loft and lie angle of the driver to hit the ball farther and straighter. Golfers can make small adjustments to create the right loft and improve distance without having to purchase a new club or visit a club fitter.

Many club manufacturers now offer adjustable drivers and other clubs. According to an informal poll on Golf.com, 34 percent of the 2,337 respondents owned an adjustable driver by the end of 2011. The ability to upgrade shafts has also become popular as golfers respond to what the pros are doing.

Adjustable golf clubs enable golfers to walk out onto the course with one driver and a few different shafts. With a couple of clicks from a wrench, a person can have an en-

tirely new driver. That cuts down on the equipment that needs to be carried and can fine tune a golfer's accuracy. These high-tech clubs are corresponding to changes being made to golf balls. Engineers have reduced the spin on golf balls to help the balls travel farther. To do so, golf experts advise that the ball needs to be hit higher into the air. Adjustable drivers can give players the edge they need to produce the right height and trajectory.

According to data from

golf club manufacturer TaylorMade, 70 percent of consumers who use the company's adjustable drivers adjust their club at least once to get the desired shot. Afterward, 10 to 15 percent of adjustable driver users report further adjustments as they become comfortable with the features.

Although golfers can now put adjustments into their own hands, it is still advisable to get a professional fitting regardless of which clubs are chosen. A certi-

fied club fitter can help a person sort through the myriad options available and make recommendations based on various factors, including the golf ball used.

Those who are not fans of adjustable drivers say that the adjustment mechanisms add weight to the drivers, which can compromise efficiency. However, that isn't stopping larger numbers of golf fans from taking adjustable drivers for a trial run in an effort to improve their game.



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Photo: 2018 A-T Walk
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October 10, 2020 - Annual Thanksgiving & Harvest Consignment Sale

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****Watch website daily for new additions to auction lists****

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TAKEOUT STILL CRUCIAL TO RESTAURANT SURVIVAL AMID RE-OPENINGS: ORDER WINGS ON THE NEXT #TAKEOUTDAY

Submitted by Canada Takeout

Spruce Grove has 20+ feature flavours.

Thousands of pounds of wings are expected to fly out of restaurants across the country in a show of support as Canadians order takeout or delivery on #TakeoutDay: Wing Edition on Wednesday, June 17.

Throughout the current pandemic, #TakeoutDay has become a mainstream movement, with Canadians ordering takeout or delivery on Wednesdays to support local restaurants. This has made a powerful impact on keeping restaurants in business, and according to Restaurants Canada, 95 per cent of revenue from restaurants go directly back into the economy, which means that when you treat yourself to wings this Wednesday, you'll be treating the country too.

Wing fans can look forward to unique wing flavours and styles as diverse as the country itself. For Caribbean cravings, Krazy Jerk, a family-owned hot spot in Calgary is serving up their famous jerk and barbecue-fried wings. The Beer Hunter Bar & Grill in

STORY TO TELL?

Know of a good event going on in the community? Ever wanted to write up a local event for the Community Voice?

If you have any good ideas for articles or would like to submit a story for the paper Email it to news@com-voice.com or just fax it in at (780) 962-1021.

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9	8	2	5	3	1	4	6	7
4	1	3	7	8	6	2	5	9
3	9	6	1	2	7	5	4	8
8	5	4	3	6	9	7	2	1
2	7	1	4	5	8	9	3	6
1	4	5	6	7	3	8	9	2
6	2	9	8	1	4	3	7	5
7	3	8	2	9	5	6	1	4

	6	7					8	
		2	5	3		4	6	
4		3		8	6	2		9
				2			4	
	5	4	3	6	9	7	2	
						9		6
1	4				3		9	
		9			4	3		5
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