

Serving: Alberta Beach, Barrhead, Calahoo, Cherhill, Darwell, Glenevis, Gunn, Lac Ste. Anne County, Mayerthorpe, Onoway, Rich Valley, Rochfort Bridge, Sangudo, Whitecourt, Spruce Grove and Stony Plain.

March 15, 2022

CALLING ALL CROCHETERS AND KNITTERS

Submitted by Alberta Beach Library

Every Tuesday at 1:00 pm we invite you to meet at the Alberta Beach Library, to work on your projects, have some tea and cookies, and enjoy some good company with other wool workers. Get to know other knit/ crochet enthusiasts, swap information, and maybe, finally, finish that project that has been sitting in your closet for a while. You can drop in (please use side door) any Tuesday.



LICENCE PLATE STICKER SCAM

Submitted by Government of Alberta

Albertans should be aware of a new consumer scam offering refunds for licence plate expiry stickers.

Service Alberta has heard

reports of Albertans receiving text messages falsely claiming to be from Service Alberta. Scammers are offering \$120 refunds for licence plate stickers via text message and the text includes a link. People who click the link are asked to input their banking information to allegedly receive a refund by direct deposit. These messages are not from Service Alberta.

Continued on Page 2

NEW PRENATAL BENEFIT FOR EXPECTANT MOTHERS ON AISH AND INCOME SUPPORT

Submitted by Government of Alberta

Alberta's government will begin providing prenatal benefits to vulnerable expectant mothers to help ensure moms and babies will be healthier.

Alberta's government will implement the new prenatal benefit for pregnant women on AISH and Income Support at the start of their second trimester to provide eligible clients with \$100 per month until the baby is born – for a total of \$600.

Continued on Page 4





JRE HEMP PRODUCTS

KEY BENEFITS: Inhibits Cell Growth

Page 2 Community VOICE



PUBLISHED WEEKLY (Zone 1 & 2) AND BIWEEKLY (Zone 3)

E.J. Lewchuck & Associates Ltd.

Box 3595 Spruce Grove, AB T7X 3A8

SALES TEAM Elaine

Ashley

TELEPHONE: Advertising 962-9228 Fax 962-1021 E-MAIL: comvoice@telusplanet.net

Licence Plate Sticker Scam

Continued from Page 1

Service Alberta is not offering refunds due to elimination of licence plate stickers. Albertans who receive this message or any other electronic message claiming to offer refunds for licence plate stickers should not click any links or input any personal or banking information.

WHITECOURT TOWN COUNCIL UPDATE

Submitted by Town of Whitecourt

The Whitecourt Fire Department presented its 2021 Annual Fire Report to Whitecourt Town Council on

February 28.

• The Department logged its busiest year on record with 353 emergency responses.

• Members logged 9,396 response and training hours.

• Tower 1 (Aerial Platform Truck) was placed into service. • Recruited 11 new members to fill vacancies.

Whitecourt Town Council has scheduled a Special Meeting to discuss the 2022 Final Budget on Wednesday, April 13 at 3:30 p.m.

Whitecourt has endorsed the submission of a resolution to the Federation of Canadian Municipalities (FCM) in support of the oil and gas industry. The resolution calls on FCM to: urge the Government of Canada to promote and encourage consumption of Canadian oil and gas products over the use of imported resources; and, support development of a policy that requires oil and gas imported and consumed in Canada to meet the same stringent environmental, governance and social standards that Canadian producers must meet.

Whitecourt will be soliciting other municipalities to co-sponsor the resolution, which will be reviewed by the FCM Board of Directors in September 2022.



Gas CO-OP Ltd. Is Now Accepting Applications For 2022 Natural Gas Installations

> RURAL \$8,500.00 + GST

> URBAN \$3,500.00 + GST

(Construction must be completed in the Current Season) INFILL FINANCING AVAILABLE

3349-34 Avenue Whitecourt, Alberta T7S1X3 Phone 780-779-9990 Toll Free 1-800-727-5259 Monday - Friday 8:00 - 4:30

No applications accepted after September 1, 2022

Community**VOICE** Page 3

LAC STE. ANNE COUNTY	Visit LSAC.c	${f f}$ ${f y}$ in a to explore the latest County news and events in greater detail.					
	LAC STE. AN	INE MINOR SOFTBALL LEAGUE					
Alberta Beach		March 5, 2022 to April 8, 2022 by visiting					
	albertabeachminorball.rampregistrations.com Contact Amy Warren, 780-940-9716 or abcommunityleague1@gmail.com						
Alexis Nakota Sioux Nation	To register or for more ir	nformation contact: Shelley Nelson, 780-983-2205					
Anselmo	To register or for more ir rrswart@telus.net or ans	nformation contact: Rennae Swartzenberger, 780-706-5379, elmoas001@gmail.com					
Barrhead	To register visit barrhead	dminorball.ca					
Darwell	Online registration is ope						
	rampregistrations.com/login?v3=0324abe65d Contact: Craig Dahl 780-289-5889						
Onoway	Registration is open from	n Mar. 7 – Apr. 1.					
-	Visit the "Onoway Minor	Visit the "Onoway Minor Softball" Facebook page to register through RAMP.					
	Registration night takes place March 23 6pm-8pm at Onoway Heritage Center Contact: Monty Doig dek124@live.com						
Rich Valley	Online registration is open Feb. 25 - Mar 15 by visiting:						
	richvalleysoftball.rampregistrations.com Contact: John Borle 780-819-0317 or rvsoftball@hotmail.com						
Sangudo	You can register online and receive a discount if you volunteer to either be a coach,						
	assistant coach or manage a team. Visit: sangudominorsports.com Contact: Rene Werenka, 780-305-8200 or Jenn Kerr, 780-305-9594, or email sangudominorsports@gmail.com						
Wabamun	To register or for more in	nformation contact: Rhonda Neron, 780-718-1323					
		oril 25 – approximately mid June, and will include a playoff					
0		ed communities, and players must register in the community					
2	2	ool boundaries. If you aren't sure which community you should to discuss. Your physical addresses will be required to complete the					
registration process. It		this is a FUN league. Fair play and sportsmanship are					
encouraged.							
	0 .	rogram for all ages including:					
U9 for players born in		ommunities accept younger participants)					
U11 for players born in	n 2010, 2011, 2012*	*Age overlap within the U7/U9/U11 categories allows for					
 U13 for players born in U15 for players born in 		flexibility based on each player's previous experience.					
 U15 for players born in 2006, 2007 U17 for players born in 2004, 2005 Category placement for overlap is at the discretion of each 							
U19 for players born in	n 2002, 2003	community.					
т	o participate, waiver fo	orms must be completed for all players.					

LAC STE. ANNE COUNTY

New Prenatal Benefit For Expectant Mothers On AISH And Income Support

Continued from Page 1

This is on top of a onetime natal benefit of \$256 for expectant mothers at 36 weeks of pregnancy.

As part of Alberta's Recovery Plan, the government is providing businesses and families with the help they need to get back on their feet as the economy recovers. Women with limited resources often face a number of challenges during pregnancy. This new benefit, highlighted in the recent speech from the throne, will provide mothers with more funds to put toward their health and wellness.

The February 22, 2022 Speech from the Throne stated that:

"Many vulnerable women and girls have inadequate support during pregnancy, which can effect their child's health and life chances. To assist low-income mothers and improve health outcomes for their babies, the government will significantly increase and expand prenatal benefits to mothers receiving AISH and Income Support."

"Providing more support for vulnerable expectant mothers is a positive, common sense step and compassionate step. This is about helping moms facing poverty, while improving health outcomes for their babies." Jason Kenney, Premier

"The research is clear. Providing support early in a woman's pregnancy can result in both healthier pregnancies and babies and better long-term outcomes. Initiatives like this helps Alberta's Recovery Plan ensure we're not only helping people today but we're building a stronger foundation for tomorrow." Jason Luan, Minister of Community and Social Services

Research shows, providing early support in a woman's pregnancy can result in healthier pregnancies and babies and better long-term outcomes.

"The rising cost of living is intensifying the challenges faced by vulnerable individuals, especially women. The additional benefit announced today is a very positive step by the Alberta government to recognize the distinct financial strain faced by expectant mothers. This benefit will help already vulnerable women cover some of the unique costs that arise during pregnancy, such as clothes that fit their growing belly and shoes to fit their swollen feet. Most importantly, this benefit will provide a little extra money for nutritious food and vitamins as well as cribs and clothing for a safe and healthy infant." Tricia Smith, executive director, Boyle McCauley Health Centre

"Every woman who is on AISH and is pregnant is

deeply in need of support to have the best outcome for her baby. A little extra cash enables the mother and her support staff to pay for all things a baby needs. For instance, every baby needs a car seat. In addition, every baby needs great nutrition and a low-stress home environment to start growing in. The most important developmental period for a child starts in utero and extends into the preschool years. Good nutrition and a low-stress home environment set a baby up for a great start. The baby with a great start becomes a teen finishing high school and an adult with job skills. The additional funds announced by the Premier today will provide much-needed extra support for a mother and her baby at the time of her birth." Dr. John Lilley, cochair, Pregnancy Pathways





Page 6 Community**VOICE**

Visit LSAC.ca to explore the latest Lac Ste. Anne County news and events in greater detail.

NOTICE OF DEVELOPMENT PERMIT APPROVALS

The following Development Permits have been approved or conditionally approved under the provisions of the Land Use Bylaw. This list does not include Permitted Uses. Interested parties are encouraged to contact the Planning and Development department at **1-866-880-5722** or <u>devassistant@lsac.ca</u>, Monday to Friday 8:30 am to 4:30 pm to request additional information on a permit.

PERMIT #	LEGAL LAND DESCRIPTION	DESCRIPTION	APPEAL DEADLINE
22-D0016	Lot 83, Block 6, Plan 7920624, Golden Glen Estates within SW 12-54-03 W5M 205, 54126 RGE RD 30	Shipping Container 45.0' x 8.0' (360.0 sq. ft.) on rig matting	March 18, 2022
22-D0025	Lot 19, Block 1, Plan 0426007, LSAS RL8 Subdivision within NE 19-54-03 W5M 131, 3510 Ste. Anne Trail	Shipping Container House 40.0' x 16.0' (640.0 sq. ft.), Deck 40.0' x 8.0' (320.0 sq. ft.) on Piles	April 4, 2022
22-D0026	Lot 19, Block 1, Plan 0426007, LSAS RL 8 Subdivision within NE 19-54-03 W5M 131, 3510 Ste. Anne Trail	Shipping Container Bunkhouse 40.0' x 8.0' (320.0 sq. ft.), Deck 40.0' x 5.0' (200.0 sq. ft.) on Piles	April 4, 2022
22-D0035	Lot 4, Block 2, Plan 3996KS, Winkleman Beach within NW 07-57-02 W5M 30, 2531 TWP RD 572	Adding 13.0' x 3.0' (39 sq. ft.) to existing addition; expanding current covered porch to 8.0'x8.0' (64 sq. ft.)	March 28, 2022
22-D0023	Lot 18, Block 1, Plan 0426007, LSAS RL 8 Subdivision within NE 19-54-03 W5M 133, 3510 Ste. Anne Trail	Shipping Container House 40.0' x 16.0' (640.0 sq. ft.), Deck 40.0' x 8.0' (320.0 sq. ft.) on Piles	April 4, 2022
22-D0024	Lot 18, Block 1, Plan 0426007, LSAS RL 8 Subdivision within NE 19-54-03 W5M 133, 3510 Ste. Anne Trail	Shipping Container Bunkhouse 40.0' x 8.0' (320.0 sq. ft.) on Piles	April 4, 2022
22-D0006	SW 35-54-03 W5M 54502 Ste. Anne Trail	Stick Built Residence (1671.0 sq. ft.) on Basement (1751.0 sq. ft.) with Attached Garage (821.0 sq. ft.), Covered Porch (16'7" x 21'8") (360.61 sq. ft) and Deck 40' 2" x 16' 11" (679.47 sq. ft.) with Front Yard Variance: Required 25.0m; Requested 7.62m; Variance of 17.38m and Side Yard Variance: Required 6.0m; Requested 2.43m; Variance of 3.57m	April 4, 2022
22-D0027	Lot 20, Block 1, Plan 042 6007, RL 8 LSAS within NE 19-54-03 W5M 129, 3510 Ste. Anne Trail	Shipping Container House 40.0' x 16.0' (640.0 sq. ft.), Deck 40.0' x 8.0' (320.0 sq. ft.) on Piles	April 4, 2022
22-D0028	Lot 20, Block 1, Plan 042 6007, RL 8 LSAS within NE 19-54-03 W5M 129, 3510 Ste. Anne Trail	Shipping Container Bunkhouse 40.0' x 8.0' (320.0 sq. ft.) on Piles	April 4, 2022
21-D0316	Lot 1PUL, Block 1, Proposed subdivision within SE 26-56-03 W5M 3112 TWP RD 564	Truckfill station 8.0m x 6.7m (53.6 sq. m) 4.6m walls	April 4, 2022

Anyone who claims to be affected, and who wishes to lodge an appeal against any of the above developments, must do so in writing on the applicable form on or before 4:30pm on the above noted date(s). Secretary of the Subdivision and Development Appeal Board, c/o Lac Ste. Anne County, Planning & Development department, Box 219, Sangudo AB TOE 2AO. **PLEASE NOTE:** Lac Ste. Anne County requires that a non-refundable fee of \$250 be paid for every appeal served on the Subdivision and Development Appeal Board. The fee may be paid by Cheque, Visa, MasterCard, Interac or Cash.

PLANNING & DEVELOPMENT

LAC STE. ANNE COUNTY

SPRING 2022

March 15, 2022

Map out the best way to navigate spring driving with our guide that is fully loaded with helpful features for today's drivers. It's your one-stop resource for information, advice and valuable local advertising geared toward all things automotive!



HOW TO HANDLE CAR TROUBLE WHILE DRIVING

Sudden car trouble is something no driver wants to experience, but many a driver has been driving down the highway only to feel his or her vehicle start to sputter. Such sputtering might indicate a car is running low on fuel, or it could be a sign of something more serious that requires motorists to think as quickly and safely as possible.

When car trouble strikes while a vehicle is on the road, the first thing many drivers do is check their fuel gauges. A car that runs out of gas is certainly inconvenient, but if you can pull over to the shoul-

der or make it to the nearest filling station, then this unfortunate situation can be remedied rather easily. But when a car's tank is full and it is still showing signs of trouble, drivers must take steps to protect themselves, their passengers and their vehicles. The following are a few simple tips motorists should keep in mind so they can safely handle any car trouble that may arise while they are out on the road.

• Keep a first-aid kit, spare tire and tire jack in the car at all times. Flat tires are no fun, but they are even more of a nuisance when drivers are not prepared to address them. Always keep a jack and spare tire in your car, even if the spare is a donut you can temporarily use to replace a flat tire until you make it to a filling station or automotive supply store. As an added safety measure, keep a fully stocked first aid kit in your vehicle in case you cut yourself while changing the tire or need to address another medical situation. Visit www.redcross.org for a list of items to include in your automotive emergency kit. Keep a blanket in the trunk as well so your passengers can stay warm

should you experience car trouble on a cold day or night.

• Make note of your surroundings. Some car troubles can only be fixed by the professionals, so pay careful attention to your surroundings in case an issue arises and forces you to pull over and call for help. Always pay attention to mile markers and any landmarks that might help you describe where you are. Car troubles can strike at any time and anywhere, ...

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How To Handle Car Trouble While Driving

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... so be sure to pay special attention to your surroundings when driving in unfamiliar areas.

Pull over. Don't panic if an issue arises suddenly. Remain calm and pull over onto the shoulder. The right shoulder is the area for pulling over on most roads, but you may also use the left shoulder on multilane highways with medians. Try to get as far away from traffic as possible without driving off of level ground, and always use your signals when pulling onto the shoulder. If the

vehicle can't make it to the median, put your emergency flashers on and get out of the car, moving away from both the vehicle and traffic. Immediately call for emergency roadside assistance, alerting the authorities if need be.

Use flares or triangles to alert other drivers. So long as you are not risking your well-being, you can place flares and/or warning triangles behind your vehicle so oncoming traffic knows to drive around it. The popular not-for-profit motor club AAA recommends placing the first flare or triangle 10 feet directly behind the side of the vehicle that is closest to the road. The second should be placed between 30 and 60 feet (increase the distances as the posted speed limit increases) behind the middle of the bumper, while the third flare or triangle should be placed between 120 and 360 feet behind the vehicle's right side.

• Stay with the vehicle. Once you have called for help and set up flares or triangles, stay with the vehicle, though do so at a safe enough distance so you are not in harm's way.

• Sudden car troubles can be scary, but drivers who approach such issues calmly and quickly can reduce their risk for accident or injury.







Classified Ads - Call 962-9228

Hall Rentals

Alberta Beach Agliplex, Susan 780-996-2960.

Alberta Beach & District Seniors 50+ Club. Air conditioning! Space Available! Val: 780-690-1655 or Dianne: 780-217-8482

Anselmo Community Hall, Phone 780-786-4280

Bright Bank Hall, 780-968-6813

Cherhill Legion, Mary 780-785-3578.

Cherhill Community Assoc. Hall, Kevin 780-785-8153

Darwell Centennial Hall, 780-892-3099

Darwell Seniors, Phone Debra 780-785-2907

Goose Lake Hall, Contact Deanna (780) 584-3738

Gunn Hall (G.A.R.S.) 780-951-9452

PLANNING & DEVELOPMENT

TIME: 11:00 a.m.

Hathersage Community Centre, Noreen at 786-2946

Lake Isle Community Hall, PH: 780-892-3121 or Email: lakeislehall@mail.com

Magnolia Hall, 727-2015

Manley Goodwill Community Hall, 963-9165 or 916-0146

Mayerthorpe Diamond Centre, Charlotte at 786-4659

Mayerthorpe Legion, 786-2470.

f 🛩 in

Onoway Community Hall, 967-4749.

Onoway Heritage Center -Gym/Classrooms, 967-1015

Onoway Legion, 967-4980

Park Court Community Hall, 727-4476

Parkland Village Community Centre, 780-298-9155 @ PVCCentre

Ravine Community Hall, Dawna @ 325-2460

Rich Valley Community Hall, 967-5710 or 967-3696

Rosenthal Community Hall, 963-7984

Sandy Beach Rec Hall, 967-2873

Sangudo Community Hall, 780-785-3221 or 780-785-2259

Stettin Nakumun Comm. Hall, 967-9198

Dog Caretaker

Alberta Beach Surrounding Areas, thinking of a Seasonal Getaway? Worried about leaving your dog in a kennel? Don't worry anymore, you can leave your pet with me! There is a wrap around deck and courtyard! I will provide tender loving care, with walks every day. Best of all, I'm cheaper than a kennel! Daily drop in's or overnight stays welcome. If interested call 780-920-4166 (4) 04-05OG

Services

Computer Free Checkup or Repairs only \$50. For sale like new, good clean refurbished laptop or desktop for ONLY \$150. Wanted and old used broken computers, tablets, chargers for parts. Will clear or save your data to fix refurbish and give FREE to single parents. Call/ LM 780-892-2407780-892-2407 (6) 04-12

NOTICE OF PUBLIC HEARING of Bylaw 22-2017-04-2022

LOCATION OF HEARING

Council Chambers, County Office 56521 Range Road 65

Pursuant to the provision of Section 692 of the Municipal Government Act, the Council of Lac Ste. Anne County is considering and application for redistricting application to change the zoning of an existing subdivision from Existing Country Residential (CRX) to Country Residential 3 (CR3) under Bylaw 22-2017-04-2022:

Bylaw 22-2017-04-2022 for Redistricting Application 001REDST2022, within NW 13-54-04 W5M.

Written comments on the above proposed bylaw may be provided prior to 4:30 p.m. on March 23, 2022 to:

Lac Ste. Anne County, 56521 RGE RD 65, Box 219, Sangudo, AB TOE 2A0 Attn: Abdikani Elmi, Development Officer, or email at aelmi@LSAC.ca

Interested individuals may attend the public hearing to voice their comments. To schedule an appointment please contact Development Officer, Abdikani Elmi, at 780.785.3411.

The proposed amendment and/or application may be reviewed during regular business hours at the County administration office located at 56521 Range Road 65 or on the County website at LSAC.ca/hearings.



OK, so what all this fancy language means is that a landowner/ developer has applied to the municipality to change the zoning of existing parcels in a subdivision from Existing Country Residential (CRX) to Country Residential 3 (CR3).

Before this can happen, a bylaw must be drafted, and a public hearing held first. The ad above is to let folks know about when and where the Public Hearing will take place.

OUIREDST222 WW 13-54-04 WST Tassaichel, Marki DKALMY MONTH ASIG

Visit LSAC.ca to explore the latest County news and events in greater detail.

DATE OF HEARING: March 24, 2022

Classified Ads - Call 962-9228

For Sale

Beautiful Landscaping, Shelterbelt, Trees for sale 8 - 12 ft , spruce, pine, some Swedish aspen. 36 " cage root ball. \$175.00 picked up, \$250.00 planted 10 plus. Call 780-904-8744. rcl1957@live.ca (8) 04-26

Metal Detector, GMV / SAT Gold master. Good for gold & silver and other metals. 12 inch depth , paid \$1000, asking \$550. 780- 727-4433. (4) 04-05

For Rent

Completelv renovated Motel in Onoway, AB. offering daily, weekly or monthly rentals. All utilities included, 55 inch ty with Satellite. Double bedrooms furnished bachelors with full kitchen and furnished 1 bedrooms with full kitchen available. Starting at \$975 + tax. Please call for viewing, 780-967-4420 or 780-945-1723. www.onowayinnandsuites. com (4) 04-05OG

Available for Rent. Newly renovated 2 bdrm. home in Alberta Beach. Four appliances included. Utilities extra. No Pets. Non smokers; no smoking in building/on property. Rent and Deposit \$1100 PH: 780-924-3565 (8) 03-29

New 2 bdrm apt on the water in Alberta Beach. New appliances, renter incentive. Available immediately! \$1250. Text only 780-667-3304 (4) 03-15

Alberta Beach, 2 beds, 2 baths, garage, lift, appliances, window coverings. For 55 and over. Guardian Pharmacy on bottom level. To view, call 780-863-5621. (4) 04-05

Wanted

Pasture for rent, Cow calves. Fence and water needed. 780-916-2333 (3) 03-22

Obituaries

Horne, Ruby May. May 9th, 1932 , February 11th , 2022

On February 11th, 2022 Ruby May Horne passed away at the age of 89. Celebration of life to take place at Lake Isle Cemetery May 9th, 2022 at 1:00pm.





PURE HEMP PRODUCTS AGING IS INEVITABLE - LOOKING AND FEELING OLD ISN'T

A Health and Beauty Breakthrough!

Cannabidiol, is one of over 80 active cannabinoid chemicals in the hemp plant. Unlike, THC, it does not produce euphoria or intoxication. It targets specific receptors in the cells of your brain & body. There are many physical and mental benefits to using these products for both treatment and prevention of numerous ailments.



Therapeutic Uses For Pure Hemp

Supports healthy blood sugar levels, promotes healthy energy levels, relieves anxiety, aids in digestion, supports optimal immune function and the regeneration of healthy cells, and promotes a sense of serenity and overall well-being.

Anti-Aging Uses For Pure Hemp

Promotes more youthful skin, provides hydration, enhances radiance, lessens age lines as well as the appearance of dark spots.

KEY BENEFITS

PAIN RELIEF: Known to reduce vomiting & nausea; suppress muscle spasms; reduce seizures & convulsions.

PROMOTES HEALTH: Helps to promote relaxation and overall health.

WELL-BEING: Helps to relieve anxiety, aid in digestion, supports optimal immune function and the

regeneration of healthy cells.

PET PRODUCTS

PET CHEW TREATS

SYNERGISTIC BENEFITS: Can be used in conjunction with regular medications with no side effects. NO SIDE EFFECTS: Does not damage the liver, kidney or GI Tract like OTC medication. DIETARY SUPPLEMENT:

Can be administered daily

as part of your pet's diet



ORAL SPRAYS & DROPS KEY BENEFITS

MANAGES PAIN: Helps to treat inflammation, arthritis and joint pain, TREATS DIGESTIONAL ISSUES: Helps with loss of appetite, nausea, IBS and gastrointestinal swelling. GENERAL HEALTH: Helps to manage mood, anxiety and general joint pain. For healthy, happy pets. CONVENIENT: Can be sprayed into pet's mouth or on food.

For more information, Call (780) 907-8642





Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

					1	2		
		6				3	5	
5	2	8	9		6			
7	6			4		1		
	4	9	5		7		2	
8		2	6					
	7		8	6		5		4
2			3	9	5	7	1	6
	9	5	1	7	4			2

BETTINE STATE



Community**VOICE** Page 13



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March 15, 2022

SERVICE DIRECTORY







PrevailMAX[™] is a nutritional breakthrough that delivers a rapid increase of internal blood cell pressure to speed absorption, enabling the body to take maximum advantage of the nutrients in foods and supplements. The electrolytes are small enough to penetrate your cell membranes, to bind with your cells, and to be carried wherever they are needed in the body.

At the microscopic level of human cells, **PrevailMAX™** supports healthy cell performance – a nutritional breakthrough for your cells.

When you use **PrevailMAX™**, you will feel more energy and an ability to focus like never before. Take a few sprays today and see just how good you can feel!

(780) 907-8642

www.ValentusTour.com/Ladybug

This product

diagnose mil

any diseau

LIVIN TRIM WITH

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